Army STARRS AAS Production 4 CAI

SECTION ORDER:

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SECTION A: TELL US ABOUT YOURSELF

A1 .	First, please answer a few questions about yourself.
	How old are you?
	ENTER Age [Programmer: Include constraints >17 years old and <65 years old]
A2.	Are you male or female?
	○ Male○ Female
АЗ.	Which of the following best describes your current Army career intentions?
	 I will definitely stay in the Army until retirement. I will probably stay in the Army until retirement. I will definitely stay in the Army beyond my present obligation, but not necessarily until retirement. I am undecided whether to stay in the Army after my present obligation. I will probably leave the Army after my present obligation. I will definitely leave the Army after my present obligation.
	1. If A3 = "I WILL DEFINITELY LEAVE THE ARMY AFTER MY PRESENT OBLIGATION," GO TO A3.1 2. ALL OTHERS GO TO A4. If given the entire, would you leave the Army before the end of your present obligation?
A3.1.	. If given the option, would you leave the Army <u>before</u> the end of your present obligation?
	○ Yes○ No
A4 .	When does your present obligation end?
	 January February March April May June July August September October November December
	ENTER Year

A5.	Are you Spanish/Hispanic/Latino? (Mar. No, not Spanish/Hispanic/Latino Yes, Mexican/Mexican-American/Chicano Yes, Puerto Rican Yes, Cuban Yes, other Spanish/Hispanic/Latino	k all that apply.)
A6.	What is your race? (Mark all that apply.) White Black or African American American Indian or Alaskan Native Asian (e.g., Chinese, Filipino, Indian) Native Hawaiian or other Pacific Islander Other	
A7.	What is the <u>highest</u> level of education y	ou completed?
	 GED or equivalent High school diploma Some post high school education, but no certificate or degree 	 Post high school technical school certificate or degree (e.g., EMT) 2-year college Associate Degree 4-year college degree (BA, BS, or equivalent) Graduate or professional study
A8.	What is your primary language?	
	EnglishSpanishSome other language	
A9.	How would you rate your ability to read Excellent Very good Good Fair Poor	English?

SECTION B: YOUR HEALTH

B1a. The next questions are about your health.

How often in the past 30 days did you have each of the following problems?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Balance problems	0	0	0	0	0
b.	Ringing in the ears	0	0	0	0	0
c.	Changes in your sense of taste or smell	0	0	0	0	0
d.	Sensitivity to noise	0	0	0	0	0
e.	Sensitivity to light	0	0	0	0	0

B1b. How often in the past 30 days did you have each of the following problems?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Memory problems	0	0	0	0	0
b.	Irritability	0	0	0	0	0
c.	Difficulty concentrating or your mind going blank	0	0	0	0	0
d.	Sleep problems (getting to sleep, staying asleep, waking too early, sleeping too much)	0	0	0	0	0

B1c. How often in the past 30 days did you have each of the following health problems?

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. Pain in your back, neck, arms, legs, or joints (knees, hips, etc.)	0	0	0	0	0
b. Headaches	0	0	0	0	0
c. Muscle tension	0	0	0	0	0
d. Dizziness	0	0	0	0	0
e. Fainting spells	0	0	0	0	0

B1d. How often in the past 30 days did you have each of the following health problems?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Feeling tired out or low in energy	0	0	0	0	0
b.	Being easily fatigued	0	0	0	0	0
c.	Talking or moving more slowly than usual	0	0	0	0	0
	Feeling restless, tense, wound up, or on edge	0	0	0	0	0
e.	Poor appetite or overeating	0	0	0	0	0

[Programmer: B1a-d should be on 4 separate screens]

B2. Using a 0-to-10 scale where 0 means "no interference" and 10 means "very severe interference," how much did problems with your physical health, mental health, alcohol use, or drug use interfere with each of the following areas of your life during the past 30 days?

				Mild			Moderate			Severe			
		No interference		__			__			__	$\overline{}$	Very seve	
		0	1	2	3	4	5	6	7	8	9	10	
a.	Your home management (e.g., cleaning, shopping, cooking)	0	0	0	0	0	0	0	0	0	0	0	
b.	The quality of your work on du	ty O	0	0	0	0	0	0	0	0	0	0	
c.	Your social life	0	0	0	0	0	0	0	0	0	0	0	
d.	Your close personal relationshi	ps O	0	0	0	0	0	0	0	0	0	0	

B3. How many nights out of the <u>past 30 nights</u> did you have each of the following sleep problems?

		Every or nearly every night	3-4 nights a week	1-2 nights a week	Less than one night a week	None
a.	Taking more than 30 minutes to fall asleep at night	0	0	0	0	0
b.	Waking up three or more times during a single night (Either with or without provocation, like a baby waking you up.)	0	0	0	0	0
c.	Waking up at night and taking more than 30 minutes to get back to sleep	0	0	0	0	0
d.	Waking up more than 30 minutes too early in the morning	0	0	0	0	0
e.	Feeling tired or unrested in the morning, even after a full night's sleep	0	0	0	0	0

CKPT.B4.

- 1. IF 1 OR MORE IN B3a-e SERIES = AT LEAST "3-4 NIGHTS A WEEK," GO TO B4.
- 2. ALL OTHERS GO TO B7.

B4. How much did your sleep problems interfere with your daytime functioning in each of the following ways over the <u>past 30 days</u>?

	Extremely	A lot	Some	A little	Not at all
a. Daytime fatigue, sleepiness, or low motivation	0	0	0	0	0
b. Headaches, upset stomach, diarrhea, or constipation	0	0	0	0	0
c. Moodiness (irritability, nerves, worry, or depression)	0	0	0	0	0
d. Reduced performance at work or school	0	0	0	0	0
e. Accident-proneness	0	0	0	0	0

CKPT B5.

- 1. IF 1 OR MORE IN THE B4a-e SERIES = AT LEAST "SOME," GO TO B5.
- 2. ALL OTHERS GO TO B7.
- **B5.** About how old were you the very first time you had sleep problems for one month or longer? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

В7.	1 2 3 4 5 5 6 7 8-9 10-12 The next			re aboi	ut physi	cal pain	in an	y part of	vour bod	/ in the p	ast 30 days.
	Using a s be," how	cale f	rom 0-	-to-10 v	where 0	means `	"no p	ain" and	10 means	"pain as	bad as could the past 30
	days? No pain 0	1	2	3	4	5	6	7	8		in as bad as could be 10
	0	0	0	0	0	0	0	0	0	0 ()
	PT.B8. 1. IF B7 = "3 2. ALL OTHER How ofter days?	RS GO	TO C1	(INJUR	IES).	e followir	ng pai	in-relate	d experiei	nces in th	e past 30
	D :			Pr		All or alm		Most of the time	Some of the time	A little the tim	e the time
a. b.	Pain interfered	d with	-	-		0		0	0	0	0
c.	You kept think pain to end		w badly	you war	ited the	0		0	0	0	0
d.	The pain was s		ere that	you felt	like you	0		0	0	0	0
e.	You thought the never going to	ne pair	n was tei	rrible and	d was	0		0	0	0	0

How many months out of 12 in the past year did you have sleep problems at least three nights a week that interfered with your daytime functioning?

B6.

O months

В9.	About how [Programm	er: Ma	ake B9	a horiz	ontal gri				an ir	nactive v	ersion of	it can fit on		
	the same so Less than one mont	1	as B10	0 and B: 2	11.] 3	4	5	6		7-9	10-11	12 or more months		
			0	0	0	0	0	C		0	0	0		
	[Programm answer to E question an	39 on	the sa	me scre	en and E	310 and	l B11. B9 s							
B10.	How persi	stent	has y	our pa	in been	over t	his time?							
	 It comes and goes It is almost always there and varies quite a bit in severity It is almost always there and varies somewhat in severity It is almost always there and does not vary much in severity How much has your pain changed over this time? 													
B11.	How much	has	your	pain ch	anged o	ver th	is time?							
	 It has gotten quite a bit better over time It has gotten a little better, but not much No change It has gotten a little worse over time, but not much It has gotten quite a bit worse over time 													
B12.	2. Using a scale from 0-to-10 where 0 means "no pain" and 10 means "pain as bad as could be," how severe do you expect your pain to be on average five years from now? Pain as bad as could be 0 1 2 3 4 5 6 7 8 9 10													
	0	0	0	0	0	0	0	0	0	0	0			
B13.	How often days?	did y	you ta	ke eacl	n of the	follow	Every or	3-4	-	1-2	Less tha	n		
							nearly every day	days weel		days a week	one day week	a Didn't use		
a. O	ver-the-count	er med	dication	ns (e.g.,	aspirin, M	otrin)	0	0		0	0	0		
	Icohol						0	0		0	0	0		
	edatives (e.g.,					-	0	0		0	0	0		
	pioids (e.g., C	•	•	·	deine, fen	itanyl)	0	0		0	0	0		
e. A B14.	O A comba	t injur	llowir y ed by e	n g are t	he mair		-	pain? (Mark	all that	O apply.)	O		
	_						ot on duty							
							y (e.g., art	hritis)						
	O An acute	health	n proble	em not c	aused by	an injur	y (e.g., an a	abscessed	tootl	n)				

SECTION C: INJURIES

C1. The next questions are about head, neck, or blast injuries that you had at <u>any time in your life</u>.

How many times in your life (including childhood and adulthood) did you have a head, neck, or blast injury that...

		0	1	2	3	4	5	6	7	8	9	10 or more
a.	knocked you out for less than 30 minutes?	0	0	0	0	0	0	0	0	0	0	0
b.	knocked you out for between 30 minutes and 24 hours?	0	0	0	0	0	0	0	0	0	0	0
c.	knocked you out for more than 24 hours?	0	0	0	0	0	0	0	0	0	0	0
d.	didn't knock you out, but caused you to be dazed, confused, or to "see stars"?	0	0	0	0	0	0	0	0	0	0	0
e.	perforated your eardrum?	0	0	0	0	0	0	0	0	0	0	0
f.	caused you to have a lapse in memory of events before, during, or after the injury?	0	0	0	0	0	0	0	0	0	0	0

CKPT.C2.

- 1. IF C1f = 1-"10 OR MORE", GO TO C2.
- 2. IF ANY OF C1a-e SERIES = 1 "10 OR MORE," GO TO CKPT.C3.
- 3. ALL OTHERS GO TO D1 (HISTORY OF EMOTIONAL PROBLEMS).

C2. How many times in your life did you have a head, neck, or blast injury that caused memory loss lasting...

											10 or
	0			3							more
a. less than 30 minutes?	0	0	0	0	0	0	0	0	0	0	0
b. between 30 minutes and 24 hours?	0	0	0	0	0	0	0	0	0	0	0
c. more than 24 hours?	0	0	0	0	0	0	0	0	0	0	0

CKPT.C3.

- 1. IF (C1a, C1b, OR C1c = 1 "10 OR MORE") AND (C1d, C1e, AND C1f = 1 "10 OR MORE"), GO TO C3.
- 2. ALL OTHERS GO TO CKPT.C3.2.

C3. About how old were you the very first time in your life you had a head, neck, or blast injury that...

a. knocked you out?	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
b. didn't knock you out, but caused you to be dazed, confused, or to "see stars"?	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
c. perforated your eardrum?	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
d. caused you to have a lapse in memory of events before, during, or after the injury?	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1

C3.1	When was the most recent time yo	u had a he	ad, neck	, or blast	injury t	:hat	
		Past 30 days	1-6 months ago	7-12 months ago	1-2 years ago	3-5 years ago	6 or more years ago
a. k	nocked you out?	Ŏ	Ō	Ō	Ŏ	Ō	Ō
	lidn't knock you out, but caused you to be lazed, confused, or to "see stars"?	0	0	0	0	0	0
c. p	perforated your eardrum?	0	0	0	0	0	0
	aused you to have a lapse in memory of events before, during, or after the injury?	0	0	0	0	0	0
GO T	O D1 (HISTORY OF EMOTIONAL PRO	BLEMS)					
СКРТ	T.C3.2. 1. IF C1a, C1b, OR C1c = 1- "10 OR M 2. ALL OTHERS GO TO CKPT.C3.4.	IORE," GO	TO C3.2.				
	[Programmer: SHOW C3.2 AND C3.3 O	N THE SAM	IE SCREEN	N]			
C3.2.	. About how old were you the very fi injury that knocked you out?	rst time ir	your life	e you had	l a head	, neck, c	or blast
	DROP DOWN MENU: Less than 13,13-1	5, 16-17, 1	.8, 19, 20	to curre	ent age p	rovided ii	n A 1
C3.3.	. When was the most recent time your?	u had a he	ead, neck	, or blast	injury t	:hat kno	cked you
	O Past 30 days O 1-6 months ago						
	7-12 months ago						
	O 1-2 years ago						
	3-5 years ago6 or more years ago						
СКРТ	г.C3.4.						
U	1. IF C1d = 1-"10 OR MORE," GO TO C 2. ALL OTHERS GO TO CKPT.C3.6.	C3.4.					
	[Programmer: SHOW C3.4 AND C3.5 O	N THE SAM	IE SCREEN	N]			
C3.4.	. About how old were you the very fi injury that didn't knock you out, bu						
	DROP DOWN MENU: Less than 13,13-1	5, 16-17, 1	.8, 19, 20	to curre	ent age p	rovided ii	n A 1
C3.5.	. When was the most recent time you you out, but caused you to be daze					hat didr	ı't knock
	O Past 30 days						
	1-6 months ago						
	○ 7-12 months ago○ 1-2 years ago						
	3-5 years ago						
	○ 6 or more years ago						

CKPT.C3.6.

- 1. IF C1e = 1-"10 OR MORE," GO TO C3.6.
- 2. ALL OTHERS GO TO CKPT.C3.8.

[Programmer: SHOW C3.6 AND C3.7 ON THE SAME SCREEN]

C3.6. About how old were you the very first time in your life you had a head, neck, or blast injury that perforated your eardrum?

DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20... to current age provided in A1

- C3.7. When was the most recent time you had a head, neck, or blast injury that perforated your eardrum?
 - O Past 30 days
 - O 1-6 months ago
 - 7-12 months ago
 - O 1-2 years ago
 - O 3-5 years ago
 - O 6 or more years ago

CKPT.C3.8.

- 1. IF C1f = 1- "10 OR MORE," GO TO C3.8.
- 2. ALL OTHERS GO TO D1 (HISTORY OF EMOTIONAL PROBLEMS).

[Programmer: SHOW C3.8 AND C3.9 ON THE SAME SCREEN]

C3.8. About how old were you the very first time in your life you had a head, neck, or blast injury that caused you to have a lapse in memory of events before, during, or after the injury?

DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20... to current age provided in A1

- C3.9. When was the most recent time you had a head, neck, or blast injury that caused you to have a lapse in memory of events before, during, or after the injury?
 - O Past 30 days
 - O 1-6 months ago
 - 7-12 months ago
 - O 1-2 years ago
 - O 3-5 years ago
 - 6 or more years ago

SECTION D: HISTORY OF EMOTIONAL PROBLEMS

D1.	The next questions are about emotional problems you might have had at some time in
	your life.

		Yes	No
a.	Did you ever in your life have times lasting two weeks or longer when you were so sad or depressed that you couldn't concentrate, felt worthless, or felt your life was not worth living?	0	0
b.	Were you ever in your life so much more anxious, nervous, or worried than other people that you couldn't relax, couldn't sleep, couldn't concentrate, or couldn't function normally?	0	0
c.	After an extremely stressful experience, did you ever in your life have reactions like frequent upsetting memories or dreams, feeling jumpy, being emotionally distant or depressed, and trouble sleeping or concentrating for one month or longer?	0	0
d.	Did you ever in your life have a time when your alcohol or drug use interfered a lot with your work or personal life or when your use was out of control?	0	0
e.	Were you ever in your life so painfully shy or scared of social situations (e.g., attending a party, speaking to strangers, eating in public) that you avoided social situations whenever you could?	0	0

CKPT.D1.1

- 1. IF D1a = YES GO TO D1.1a
- 2. IF D1b = YES GO TO D1.2a
- 3. IF D1c = YES GO TO D1.3a
- 4. IF D1d = YES GO TO D1.4a
- 5. IF D1e = YES GO TO D1.5a
- 6. ALL OTHERS GO TO D2

D1.1a You reported times lasting two weeks or longer when you were so sad or depressed that you couldn't concentrate, felt worthless, or felt your life was not worth living.

About how old were you the very first time this happened?

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

D1.1b. About how many years in your life did you have this problem at least some of the time?

\cup	1	yea
\circ	2	
\circ	3	
\circ	4	
0	5	
0	6	
0	7	
0	8	

O 9

∩ 10 or more years

[Programmer: Show D1.1a and D1.1b on the same screen]

CKPT.D1.2a

- 1. IF D1b = YES GO TO D1.2a
- 2. IF D1c = YES GO TO D1.3a
- 3. IF D1d = YES GO TO D1.4a
- 4. IF D1e = YES GO TO D1.5a
- 5. ALL OTHERS GO TO D2

	You reported a time when you were so much more anxious, nervous, or worried an other people that you couldn't relax, couldn't sleep, couldn't concentrate, or couldn't nction normally.
Ab	oout how old were you the very first time this happened?
D	ROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D1.2b. /	About how many years in your life did you have this problem at least some of the time?
	1 year 2 3 4 5 6 7 8 9 10 or more years
[Progran	nmer: Show D1.2a and D1.2b on the same screen]
2 3 4 D1.3a. rea	1.3a . IF D1c = YES GO TO D1.3a . IF D1d = YES GO TO D1.4a . IF D1e = YES GO TO D1.5a . ALL OTHERS GO TO D2 You reported a time after an extremely stressful experience when you had actions like frequent upsetting memories or dreams, feeling jumpy, being emotionally stant or depressed, and trouble sleeping or concentrating for one month or longer.
Ab	oout how old were you the very first time this happened?
D	ROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D1.3b. /	About how many years in your life did you have this problem at least some of the time?
	1 year 2 3 4 5 6 7 8 9 10 or more years
[Progran	nmer: Show D1.3a and D1.3b on the same screen]

2. IF D1e = YES GO TO D1.5a 3. ALL OTHERS GO TO D2
D1.4a. You reported a time when your alcohol or drug use interfered a lot with your work or personal life or when your use was out of control.
About how old were you the very first time this happened?
DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D1.4b. About how many years in your life did you have this problem at least some of the time?
 ○ 1 year ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9 ○ 10 or more years [Programmer: Show D1.4a and D1.4b on the same screen] CKPT.D1.5a 1. IF D1e = YES GO TO D1.5a 2. ALL OTHERS GO TO D2
D1.5a. You reported a time when you were painfully shy or scared of social situations.
About how old were you the very first time this happened?
DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D1.5b. About how many years in your life did you have this problem at least some of the time?
 1 year 2 3 4 5 6 7 8 9 10 or more years
[Programmer: Show D1.5a and D1.5b on the same screen]

CKPT.D1.4a

1. IF D1d = YES GO TO D1.4a

D2.	The next questions are about other emotional problems you might have had time in your life.	d at so	me
		Yes	No
a.	Were you ever in your life so frightened of going out of the house alone, being in a crowd, standing in lines, going over bridges, or travelling by bus, train, or car that it got in the way of you having a normal life?	0	0
b.	Were you ever in your life so afraid of some other specific thing like heights, bugs, animals, thunder, or blood that you either refused to go near a situation that would expose you to this feared thing or you became extremely anxious whenever you were exposed to that thing?	0	0
C.	Did you ever in your life have repeated unpleasant thoughts, images, or urges you couldn't get out of your head (e.g., like the idea that things were dirty no matter how much you washed) that got in the way of you having a normal life?	0	0
d.	Did you ever in your life have such a strong urge to do something over and over that it got in the way of you having a normal life, like spending a great deal of time washing, cleaning, straightening, or saving strange things (e.g., nail clippings, old newspapers)?	0	0
e.	Did you ever in your life have any other serious mental illness, emotional problem, or nervous breakdown?	0	0
D2.	 IF D2c = YES GO TO D2.3a IF D2d = YES GO TO D2.4a IF D2e = YES GO TO D2.5a ALL OTHERS GO TO E1 (TOBACCO, ALCOHOL, DRUGS) You reported a time when you were so frightened of going out of the house in a crowd, standing in lines, going over bridges, or travelling by bus, train, got in the way of you having a normal life. 		
	About how old were you the very first time this happened?		
	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided	in A1	
D2.	1b. About how many years in your life did you have this problem at least some	of the	time?
	 1 year 2 3 4 5 6 7 8 9 10 or more years 		
[Pro	grammer: Show D2.1a and D2.1b on the same screen]		

CKPT.D2.2a

- 1. IF D2b = YES GO TO D2.2a
- 2. IF D2c = YES GO TO D2.3a
- 3. IF D2d = YES GO TO D2.4a
- 4. IF D2e = YES GO TO D2.5a
- 5. ALL OTHERS GO TO E1 (TOBACCO, ALCOHOL, DRUGS)

D2.2a. You reported a time when you were so afraid of some specific thing like heights, bugs, animals, thunder, or blood that you either refused to go near a situation that would expose you to this feared thing or you became extremely anxious whenever you were exposed to that thing.
About how old were you the very first time this happened?
DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D2.2b. About how many years in your life did you have this problem at least some of the time?
 1 year 2 3 4 5 6 7 8 9 10 or more years
[Programmer: Show D2.2a and D2.2b on the same screen]
CKPT.D2.3a 1. IF D2c = YES GO TO D2.3a 2. IF D2d = YES GO TO D2.4a 3. IF D2e = YES GO TO D2.5a 4. ALL OTHERS GO TO E1 (TOBACCO, ALCOHOL, DRUGS)
D2.3a. You reported a time when you had repeated unpleasant thoughts, images, or urges you couldn't get out of your head.
About how old were you the very first time this happened?
DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D2.3b. About how many years in your life did you have this problem at least some of the time?
 1 year 2 3 4 5 6 7 8 9 10 or more years
[Programmer: Show D2.3a and D2.3b on the same screen]
CKPT.D2.4a 1. IF D2d = YES GO TO D2.4a 2. IF D2e = YES GO TO D2.5a 3. ALL OTHERS GO TO E1 (TOBACCO, ALCOHOL, DRUGS)

D2.4a over t	You reported a time when you had such a strong urge to do something over and hat it got in the way of you having a normal life.
	About how old were you the very first time this happened?
	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D2.4b	About how many years in your life did you have this problem at least some of the time? 1 year 2 3 4 5 6 7 8 9
	Olympia 1 D2 11 D2 11
	ammer: Show D2.4a and D2.4b on the same screen]
CKPT.	1. IF D2e = YES GO TO D2.5a 2. ALL OTHERS GO TO E1 (TOBACCO, ALCOHOL, DRUGS)
D2.5a	You reported (IF 1 OR MORE IN THE D1a-e SERIES OR THE D2a-d SERIES = YES: having some other/ALL OTHERS: having a) serious mental illness, emotional problem, or nervous breakdown.
	About how old were you the very first time this happened?
	DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20 to current age provided in A1
D2.5b	About how many years in your life did you have this problem at least some of the time? O 1 year O 2 O 3 O 4

[Programmer: Show D2.5a and D2.5b on the same screen]

O 5

67

89

○ 10 or more years

SECTION E: TOBACCO, ALCOHOL, AND DRUGS

E1. The next questions are about your use of tobacco, alcohol, and drugs.

How often in the past 30 days did you smoke, drink, or use...

		Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
a.	cigarettes, cigars, pipes, snuff, or smokeless tobacco?	0	0	0	0	0
b.	Spice (e.g., K2, plant food, fake weed)?	0	0	0	0	0
C.	one or more drinks of alcohol (e.g., beer, wine, wine cooler, shot of liquor, mixed drink)?	0	0	0	0	0
d.	5 or more drinks of alcohol on the same day?	0	0	0	0	0
e.	marijuana or hashish?	0	0	0	0	0
f.	any other kind of illegal drug (e.g., cocaine, ecstasy, speed, LSD, poppers)?	0	0	0	0	0
g.	prescription stimulants (e.g., Adderall, amphetamines, diet pills) either without a doctor's prescription or more than prescribed or to get high, buzzed, or numbed out?	0	0	0	0	0
h.	prescription tranquilizers or muscle relaxers (e.g., Ativan, Valium) or sedatives (e.g., Ambien, Quaalude) either without a doctor's prescription or more than prescribed or to get high, buzzed, or numbed out?	0	0	0	0	0
i.	prescription pain relievers (e.g., codeine, OxyContin) either without a doctor's prescription or more than prescribed or to get high, buzzed, or numbed out?	0	0	0	0	0

E2. How often in the past 30 days did you use...

		Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
a.	an energy drink (e.g., Red Bull, Rockstar, Five Hour Energy, Monster)?	0	0	0	0	0
b.	any other caffeinated drink like coffee, tea, Coke, or some other soda?	0	0	0	0	0
c.	caffeinated gum?	0	0	0	0	0
d.	a caffeine pill or energy pill like NoDoz, Energize, or Zoom?	0	0	0	0	0

CKPT.E3.

- 1. IF 3 OR MORE FROM E1a, E1c, E1d, E2a, E2b, E2c, OR E2d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E3.
- 2. IF 1 2 FROM E1a, E1c, E1d, E2a, E2b, E2c, OR E2d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO CKPT.E4a.
- 3. IF (CKPT.E3 #1 AND #2 IS NOT MET) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E7.
- 4. ALL OTHERS GO TO F1 (ATTENTION AND CONCENTRATION).

E3.	On the days you used them in the past 30 days, how many of the following			
	substances did you smoke, drink, or use per day? (If you didn't use a substance in the past			
	30 days, mark "Didn't use.")			

	Didn't use	1-2	3-5	6-10	11-20	21-30	31 or more
a. Cigarettes, cigars, pipes, dips, or chews	0	0	0	0	0	0	0
b. Energy drinks	0	0	0	0	0	0	0
c. Other caffeinated beverages	0	0	0	0	0	0	0
d. Caffeinated gum	0	0	0	0	0	0	0
e. Energy pills	0	0	0	0	0	0	0
f. Alcoholic drinks	0	0	0	0	0	0	0

GO TO CKPT.E5.

CKPT.E4a.

- 1. IF E1a = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4a.
- 2. ALL OTHERS GO TO CKPT.E4b.

E4a.	On the days you used tobacco products in the past 30 days, about how many cigarettes,
	cigars, pipes, dips, or chews did you usually have?

\circ	1-2	
\circ	3-5	
\circ	6-10	
\circ	11-20	
0	21-30	

O 31 or more

CKPT.E4b.

- 1. If E2a = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4b.
- 2. ALL OTHERS GO TO CKPT.E4c.

E4b. On the days you drank energy drinks in the past 30 days, about how many energy drinks did you usually have?

\circ	1-2
0	3-5
0	6-10
0	11-20
0	21-30
0	31 or more

CKPT.E4c.

- 1. IF E2b = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4c.
- 2. ALL OTHERS GO TO CKPT.E4d.

E4c.	On the days you drank caffeinated drinks like coffee, tea, Coke, or some other soda in the past 30 days, about how many caffeinated drinks did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 21-30
	O 31 or more
СКРТ	.E4d.
	1. IF E2c = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4d.
	2. ALL OTHERS GO TO CKPT.E4e.
E4d.	On the days you used caffeinated gum in the past 30 days, about how many pieces did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 21-30
	O 31 or more
СКРТ	.E4e.
	 IF E2d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4e. ALL OTHERS GO TO CKPT.E4f.
E4e.	On the days you used energy pills in the past 30 days, about how many energy pills did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 11-20
	O 11-20 O 21-30
	O 11-20
СКРТ	○ 11-20○ 21-30○ 31 or more 7.E4f.
СКРТ	○ 11-20○ 21-30○ 31 or more
CKPT E4f.	 ○ 11-20 ○ 21-30 ○ 31 or more 7.E4f. 1. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f.
	 11-20 21-30 31 or more .E4f. If E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did
	 11-20 21-30 31 or more E4f. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have?
	 11-20 21-30 31 or more .E4f. If E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have? 1-2
	 ☐ 11-20 ☐ 21-30 ☐ 31 or more I. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. 2. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have? ☐ 1-2 ☐ 3-5
	 ☐ 11-20 ☐ 21-30 ☐ 31 or more E4f. 1. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. 2. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have? ☐ 1-2 ☐ 3-5 ☐ 6-10
	 ☐ 11-20 ☐ 21-30 ☐ 31 or more I. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. 2. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have? ☐ 1-2 ☐ 3-5 ☐ 6-10 ☐ 11-20
	 □ 11-20 □ 21-30 □ 31 or more I. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. 2. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have? □ 1-2 □ 3-5 □ 6-10 □ 11-20 □ 21-30
	 11-20 21-30 31 or more E4f. IF E1c OR E1d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4f. ALL OTHERS GO TO CKPT.E5. On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have? 1-2 3-5 6-10 11-20 21-30 31 or more

E5. The next questions are about some experiences you may have had <u>at any time in your life</u> because of using tobacco.

		Yes	No
a.	Did you ever in your life try to stop or cut down on your use of tobacco and find that you were not able to do so?	0	0
b.	Did you ever in your life have times when you stopped, cut down, or went without tobacco and then experienced physical symptoms like fatigue, headaches, constipation, upset stomach, weakness, or trouble sleeping?	0	0
C.	Did your tobacco use ever cause physical problems like coughing, difficulty breathing, lung trouble, or problems with your heart or blood pressure?	0	0
d.	Did you ever continue to use tobacco even though you developed physical problems from use?	0	0
e.	Did you ever develop a physical tolerance for tobacco so that you were able to smoke, dip or chew more tobacco without the negative physical effects (e.g., nausea, irritability, restlessness) you had previously?	0	0

CKPT.E6.

- 1. IF 2 OR MORE FROM THE E5a-e SERIES = "YES," GO TO INTRO.E6.
- 2. ALL OTHERS GO TO CKPT.E7.

INTRO.E6. You reported that ...

- (IF E5a = "YES": you tried to stop or cut down on your use of tobacco and found that you were not able to do so)
- (IF E5b = "YES": you had times when you stopped, cut down, or went without tobacco and then experienced physical symptoms like fatigue, headaches, constipation, upset stomach, weakness, or trouble sleeping)
- (IF E5c = "YES": your tobacco use caused physical problems like coughing, difficulty breathing, lung trouble, or problems with your heart or blood pressure)
- (IF E5d = "YES": you continued to use tobacco even though you developed physical problems)
- (IF E5e = "YES": you developed a physical tolerance for tobacco so that you were able to smoke, dip or chew more tobacco without the negative physical effects (e.g., nausea, irritability, restlessness) you had previously)

[Programmer: Show INTRO.E6 bullets on the same screen as E6 and E6.1.]

E6. About how old were you the first time you had (IF EXACTLY 2 FROM E5a-e SERIES = YES: either; ALL OTHERS: any) of these experiences? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

E6.1. About how many months out of 12 in the past year did you have any of these experiences?
 0 months 1 2 3 4 5 6 7 8-9 10-11 12 months
CKPT.E6.2. 1. IF E6.1 = "0" OR "12," GO TO CKPT.E7. 2. ALL OTHERS GO TO E6.2.
[Programmer: Show INTRO.E6 and E6.2 on the same screen.]
E6.2. Did you have any of these experiences in the past 30 days? $ \bigcirc \ _{\text{No}} $
CKPT.E7. 1. IF 1 OR MORE IN THE E1b-i SERIES = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E 2. ALL OTHERS GO TO F1 (ATTENTION AND CONCENTRATION).

E7. How often in the <u>past 30 days</u> did you have any of the following problems because of your use of [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h and/or E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, and/or E1i = ever): drugs)?

		Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
 	How often did your [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drug)] use interfere with your responsibilities on duty or at home?	0	0	0	0	0
 	How often did your [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drug)] use cause arguments or other serious problems with your family, friends, neighbors, or members of your unit?	0	Ο	0	0	0
]]] }	How often were you under the influence of [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drugs)] in situations where you could get hurt, like when driving or using a weapon?	0	0	0	0	0
(: :	How often was your use of [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drugs)] out of control?	0	0	0	0	0
1 1 1 2 3 (How often were you arrested or stopped by the police because of [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never)): drunk driving or drunken behavior? / (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): driving under the influence of alcohol or drugs or because of your behavior while you were drunk or high?/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): driving under the influence of drugs or because of your behavior while you were high?]	0	0	0	0	0

CKPT.E8.

- 1. IF 1 OR MORE IN THE E7a-e SERIES = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO INTRO.E8.
- 2. ALL OTHERS GO TO E10.

INTRO.E8. You reported that ...

- (IF E7a = AT LEAST "LESS THAN ONE DAY A WEEK": your [(E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use interfered with your responsibilities on duty or at home)
- (IF E7b = AT LEAST "LESS THAN ONE DAY A WEEK": your [(E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use caused arguments or other serious problems with your family, friends, neighbors, or members of your unit)
- (IF E7c = AT LEAST "LESS THAN ONE DAY A WEEK": you were under the influence of [(E1c OR E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drugs)] in situations where you could get hurt, like when driving or using a weapon)
- (IF E7d = AT LEAST "LESS THAN ONE DAY A WEEK": your use of [(E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drugs)] was out of control)
- (IF E7e = AT LEAST "LESS THAN ONE DAY A WEEK": you were arrested or stopped by the police because of (E1c OR E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never)): drunk driving or drunken behavior / (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): driving under the influence of alcohol or drugs or because of your behavior while you were drunk or high/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): driving under the influence of drugs or because of your behavior while you were high

[Programmer: show INTRO.E8 bullets on the same screen as E8 and E9]

E8. About how old were you the very first time you had (IF R ENDORSED EXACTLY 1 FROM E7: this problem/IF R ENDORSED EXACTLY 2 FROM E7: either of these problems/ALL OTHERS: any of these problems) because of your [(E1c OR E1d ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13,13-15, 16-17, 18, 19, 20... to current age provided in A1

E9. About how many months out of 12 in the past year did you have (IF R ENDORSED EXACTLY 1 FROM E7: this problem/IF R ENDORSED EXACTLY 2 FROM E7: either of these problems/ALL OTHERS: any of these problems)?

0	1 month
\circ	2
\circ	3
0	4
0	5
0	6
0	7
0	8-9
0	10-12 months
0	10-12 months

E10. How often in the <u>past 30 days</u> did you have any of the following problems because of your use of [(E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drugs)?

	Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
a. How often did the thought of not being able [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): to drink/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): to drink or use drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): to use drugs) make you anxious or worried?	0	0	0	0	Ο
b. How often did you worry about your [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drug)] use?	0	0	0	0	Ο
c. How often did you feel the need to cut down or stop your [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drug)] use?	0	0	0	0	0
d. How often did you feel annoyed by people complaining about your [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drug)] use?	0	0	0	0	0
e. How often did you feel guilty about your [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h or E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, or E1i = ever): drug)] use?	0	0	0	0	0
f. [Programmer: IF E1c or E1d = ever, ask E10f] How often did you ever drink an eye-opener in the morning to relieve shakes?	0	0	0	0	0

E10.1	How	difficult did you find it NOT to use [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h
	AND	E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h and/or E1i =
): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, and/or E1i er): drugs)] in situations when you couldn't use in the past 30 days?
		er). drugs); in situations when you couldn't use in the <u>past so days</u> :
	0	Extremely

0	Extremely
0	Very
0	Somewhat
0	A little

O Not at all

CKPT.E11.

- 1. IF (1 OR MORE IN THE E10a-f SERIES = AT LEAST "LESS THAN ONE DAY A WEEK") OR (E10.1 = AT LEAST "A LITTLE"), GO TO INTRO.E11.
- ALL OTHERS GO TO QUESTION F1 (ATTENTION AND CONCENTRATION).

INTRO.E11. You reported that ...

- (IF E10a = AT LEAST "LESS THAN ONE DAY A WEEK": the thought of not being able [(E1c OR E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): to drink/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): to drink or use drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): to use drugs) made you anxious or worried)
- (IF E10b = AT LEAST "LESS THAN ONE DAY A WEEK": you worried about your [(E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use)
- (IF E10c = AT LEAST "LESS THAN ONE DAY A WEEK": you felt the need to cut down or stop your [(E1c OR E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use)
- (IF E10d = AT LEAST "LESS THAN ONE DAY A WEEK": you felt annoyed by people complaining about your [(E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use)
- (If E10e = AT LEAST "LESS THAN ONE DAY A WEEK": you felt guilty about your [(E1c OR E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use)
- (If E10e = AT LEAST "LESS THAN ONE DAY A WEEK": you drank an eye-opener in the morning to relieve shakes)
- (If E10.1 = AT LEAST "A LITTLE": you found it difficult NOT to use [(E1c or E1d= ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c or E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drugs/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drugs)] in situations when you couldn't use)
 [Programmer: Show INTRO.E11 bullets on the same screen as E11 and E12.]
- E11. About how old were you the very first time you had (IF R ENDORSED EXACTLY 1 IN TOTAL FROM E10 AND E10.1: this problem/IF R ENDORSED EXACTLY 2 IN TOTAL FROM E10 AND E10.1: either of these problems/ALL OTHERS: any of these problems)? because of your [(E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h AND E1i = never): alcohol/ (E1c OR E1d = ever) AND (E1b, E1e, E1f, E1g, E1h OR E1i = ever): alcohol or drug/ (E1c AND E1d = never) AND (E1b, E1e, E1f, E1g, E1h, OR E1i = ever): drug)] use? (Your best estimate is fine if you cannot remember your exact age.)

E12.	About how many months out of 12 in the past year did you have (IF R ENDORSED
	EXACTLY 1 IN TOTAL FROM E10 AND E10.1: this problem/IF R ENDORSED EXACTLY 2 IN
	TOTAL FROM E10 AND E10.1: either of these problems/ALL OTHERS: any of these problems)?

0	1 month
0	2
0	3
0	4
0	5
0	6
0	7
0	8-9
0	10-12 months

SECTION F: ATTENTION AND CONCENTRATION

F1. The next questions are about problems with attention or concentration.

How often did you have each of the following problems in the past 6 months?

		Very often	Often	Sometimes	Rarely	Never
а.	Problems keeping your attention when you were doing boring or repetitive work	0	0	0	0	0
b.	Making careless mistakes when you had to work on a boring or difficult project	0	0	0	0	0
c.	Avoiding or delaying getting started when you had a task that required a lot of thought	0	0	0	0	0
d.	Problems remembering appointments or obligations	0	0	0	0	0
e.	Problems getting things in order when you had to do a task that required organization	0	0	0	0	0
f.	Problems completing tasks satisfactorily in the allotted time	0	0	0	0	0
g.	Problems prioritizing work when you were in a situation where setting priorities was needed	0	0	0	0	0
h.	Problems wrapping up the final details of a project once the challenging parts were done	0	0	0	0	0
i.	Feeling overly active and compelled to do things, like you were driven by a motor	0	0	0	0	0
j.	Fidgeting or squirming with your hands or feet when you had to sit down for a long time	0	0	0	0	0
k.	Trouble stopping yourself from overdoing things (e.g., drinking too much, spending more time than you should playing cards)	0	0	0	0	0
Ι.	Driving faster than other people or driving unsafely	0	0	0	0	0

CKPT.F2.

- 1. IF 3 OR MORE IN THE F1a-I SERIES = AT LEAST "SOMETIMES," GO TO INTRO.F2.
- 2. ALL OTHERS GO TO G1 (DEPRESSION).

INTRO.F2. You reported that you...

- (IF F1a = AT LEAST "SOMETIMES": had problems keeping your attention when you were doing boring or repetitive work)
- (IF F1b = AT LEAST "SOMETIMES": made careless mistakes when you had to work on a boring or difficult project)
- (IF F1c = AT LEAST "SOMETIMES": avoided or delayed getting started when you had a task that required a lot of thought)
- (IF F1d = AT LEAST "SOMETIMES": had problems remembering appointments or obligations)
- (IF F1e = AT LEAST "SOMETIMES": had problems getting things in order when you had to do a task that required organization)
- (IF F1f = AT LEAST "SOMETIMES": had problems completing tasks satisfactorily in the allotted time)
- (IF F1g = AT LEAST "SOMETIMES": had problems prioritizing work when you were in a situation where setting priorities was needed)
- (IF F1h = AT LEAST "SOMETIMES": had problems wrapping up the final details of a project once the challenging parts were done)
- (IF F1i = AT LEAST "SOMETIMES": felt overly active and compelled to do things, like you were driven by a motor)
- (IF F1j = AT LEAST "SOMETIMES": fidgeted or squirmed with your hands or feet when you had to sit down for a long time)
- [IF F1k = AT LEAST "SOMETIMES": had trouble stopping yourself from overdoing things (e.g., drinking too much, spending more time than you should playing cards)]
- (IF F1I = AT LEAST "SOMETIMES": drove faster than other people or drove unsafely)

F2.	How often in the past 6 months did problems with attention or concentration interfere
	with your work or personal life?

	•
0	All or almost all the time
0	Most of the time
0	Some of the time
0	A little of the time
\circ	None of the time

F3. About how old were you the very first time you had problems with attention or concentration? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 5, 5-6, 7-10, 11-15, 16-17, 18, 19, 20... to current age provided in A1

[Programmer: Show Intro.F2, F2, and F3 on the same screen]

SECTION G: DEPRESSION

G1. The next questions are about feelings of depression or low mood.

How often in the past 30 days did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	feel sad or depressed?	0	0	0	0	0
b.	feel discouraged about how things were going in your life?	0	0	0	0	0
c.	take little or no interest or pleasure in things?	0	0	0	0	0
d.	feel down on yourself, no good, or worthless?	0	0	0	0	0

CKPT.G1.1.

- 1. IF ANY IN THE G1a-d SERIES = AT LEAST "SOME OF THE TIME," GO TO G1.1.
- 2. ALL OTHERS GO TO H1 (HIGH MOOD).

G1.1 How often in the past 30 days did you...

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. feel hopeless?	0	0	0	0	0
b. have trouble concentrating or making da to-day decisions?	у- О	0	0	0	0
c. think a lot about death, either your own, someone else's, or death in general?	0	0	0	0	0
 d. experience serious psychological distress because of your depression or low mood 		0	0	0	0
e. How often in the past 30 days did depres or low mood interfere with your work or personal life?	ssion	0	0	0	0

CKPT.G2.

- 1. IF AT LEAST TWO IN ANY OF THE G1a-d SERIES AND G1.1a-e SERIES = AT LEAST "SOME OF THE TIME," GO TO INTRO.G2.
- 2. ALL OTHERS GO TO H1 (HIGH MOOD).

INTRO.G2. You reported that you...

- (IF G1a = AT LEAST "SOME OF THE TIME": felt sad or depressed)
- (IF G1b = AT LEAST "SOME OF THE TIME": felt discouraged about how things were going in your life)
- (IF G1c = AT LEAST "SOME OF THE TIME": took little or no interest or pleasure in things)
- (IF G1d = AT LEAST "SOME OF THE TIME": felt down on yourself, no good, or worthless)
- (IF G1.1a = AT LEAST "SOME OF THE TIME": felt hopeless)
- (IF G1.1b = AT LEAST "SOME OF THE TIME": had trouble concentrating or making day-to-day decisions)
- (IF G1.1c = AT LEAST "SOME OF THE TIME": thought a lot about death, either your own, someone else's, or death in general)
- (IF G1.1d = AT LEAST "SOME OF THE TIME": experienced serious psychological distress because of problems with depression or low mood)
- (IF G1.1e = AT LEAST "SOME OF THE TIME": had problems with depression or low mood that interfered with your work or personal life)
- G2. About how old were you the very first time you had problems with depression or low mood at least some of the time? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

G3.	About how many months out of 12 in the past year did you have problems with
	depression or low mood?

\circ	1 month
0	2
0	3
0	4
0	5
0	6
0	7
0	8-9
\bigcirc	10-12 months

[Programmer: Show Intro.G2, G2, and G3 on the same screen]

SECTION H: HIGH MOOD

- H1. The next question is about whether you ever in your life had an episode lasting several days or longer when your mood was much higher than usual and you were much more excitable or hyper than usual. Please carefully read the following description of these episodes:
 - I. These episodes usually go on for between several days and several weeks. During these episodes, people feel one or more of the following experiences:
 - Much more excited, hyper, or full of energy than usual
 - Much more talkative, open, and outgoing than usual
 - Much more irritable, grumpy, or quick-tempered than usual
 - II. During these episodes, people often have one or more of the following experiences:
 - Racing thoughts
 - Trouble sitting still
 - Trouble concentrating
 - III. People sometimes do things that are unusual for them during these episodes, such as one or more of the following:
 - Driving too fast
 - Spending too much money on things they don't need
 - · Getting into relationships they would not usually get into
 - Doing other things they would normally be too embarrassed to do.

CLICK NEXT AFTER YOU HAVE READ THE ABOVE DESCRIPTION CAREFULLY

H2. CHECKPOINT (TIMING OF SCREEN FOR H1)

R CLICKED THE SKIP AT THE BOTTOM OF THE PREVIOUS SCREEN
LESS THAN 5 SECONDS AFTER THE SCREEN FIRST APPEARED -----> GO TO H3
ALL OTHERS -----> GO TO H4

H3. You jumped over that description very quickly. It's important that you read the description carefully.

SHOW THE SAME DESCRIPTION AS ON THE PREVIOUS SCREEN

CLICK HERE AFTER YOU HAVE READ THE ABOVE DESCRIPTION CAREFULLY

H4. With this definition in mind, did you <u>ever in your life</u> have an episode of this sort? (Do not count episodes caused by drinking or using drugs.)

\circ	Yes		
0	No > G	O TO J1	(ANXIETY)

H5. Think of a typical intense episode of this sort. How often during that episode did you have each of the following experiences?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Your mood was much higher, happier, or more optimistic than usual.	0	0	0	0	0
b.	You were much more irritable than usual.	0	0	0	0	0
c.	You were so hyper or wound up that you felt out of control.	0	0	0	0	0
d.	Your thoughts raced through your mind so fast you could hardly keep track of them.	0	0	0	0	0
e.	You were so restless or fidgety that you couldn't stay still.	0	0	0	0	0
f.	You slept much less than usual and still did not get tired or sleepy.	0	0	0	0	0
g.	You talked so much that other people couldn't get their say.	0	0	0	0	0
h.	You were extremely self-confident or optimistic or you believed you could do things you really couldn't do.	0	0	0	0	0
i.	You made bad decisions that could have caused problems for you.	0	0	0	0	0
j.	How often during that episode did the problems in this list interfere with your work or personal life?	0	0	0	0	0

CKPT.H6.

- 1. IF 3 OR MORE IN THE H5a-j SERIES = AT LEAST "SOME OF THE TIME," GO TO INTRO.H6.
- 2. All OTHERS GO TO J1 (ANXIETY).

INTRO.H6 You reported that during a typical intense episode of this sort...

- (IF H5a = AT LEAST "SOME OF THE TIME": your mood was much higher, happier, or more optimistic than usual)
- (IF H5b = AT LEAST "SOME OF THE TIME": you were much more irritable than usual)
- (IF H5c = AT LEAST "SOME OF THE TIME": you were so hyper or wound up that you felt out of control)
- (IF H5d = AT LEAST "SOME OF THE TIME": your thoughts raced through your mind so fast you could hardly keep track of them)
- (IF H5e = AT LEAST "SOME OF THE TIME": you were so restless or fidgety that you couldn't stay still)
- (IF H5f = AT LEAST "SOME OF THE TIME": you slept much less than usual and still did not get tired or sleepy)
- (IF H5g = AT LEAST "SOME OF THE TIME": you talked so much that other people couldn't get their say)
- (IF H5h = AT LEAST "SOME OF THE TIME": you were extremely self-confident or optimistic or you believed you could do things you really couldn't do)
- (IF H5i = AT LEAST "SOME OF THE TIME": you made bad decisions that could have caused problems for you)
- (IF H5j = AT LEAST "SOME OF THE TIME": these problems interfered with your work or personal life)

	lasted several days or longer? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
H7.	About how many times in your life did you have an episode of this sort that lasted several days or longer? (Do not count episodes caused by drinking or using drugs.)
	O 1-2 times
	O 3-5
	O 6-10
	○ 11-20○ 21 or more times
[Progi	rammer: Show Intro.H6, H6, H7 on the same screen]
Н8.	How long was the longest episode you ever had?
	O 3 days or less
	O 4-6 days
	O 1-2 weeks
	3-4 weeksMore than 4 weeks
	O Flore than 4 weeks
Н9.	Were you ever hospitalized for one of these episodes?
ну.	Were you ever hospitalized for one of these episodes? (Yes
н9.	
ну.	○ Yes
	○ Yes ○ No
	 ○ Yes ○ No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2 ○ 3
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2 ○ 3 ○ 4
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2 ○ 3
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2 ○ 3 ○ 4 ○ 5
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6
	 Yes No [Programmer: Show Intro.H6, H8 and H9 on the same screen] About how many months out of 12 in the past year did you have an episode of this sort that lasted several days or longer? ○ 0 months ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7

SECTION J: ANXIETY

J1. The next questions are about feelings of anxiety or worry.

How often in the past 30 days did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	feel anxious or nervous?	0	0	0	0	0
b.	worry about a number of different things?	0	0	0	0	0
c.	feel more anxious or worried than other people in your same situation?	0	0	0	0	0
d.	worry about things that most other people wouldn't worry about?	0	0	0	0	0
e.	have trouble controlling your worry or anxiety?	0	0	0	0	0

CKPT.J1.1.

- 1. IF (J1a OR J1b = AT LEAST "SOME OF THE TIME") AND (J1c OR J1d = AT LEAST "SOME OF THE TIME"), GO TO J1.1.
 2. ALL OTHERS GO TO K1 (IRRITABILITY AND ANGER).

J1.1 How often in the past 30 days did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	have trouble relaxing?	0	0	0	0	0
b.	feel restless, fidgety, keyed up, or on edge?	0	0	0	0	0
c.	have muscle aches or tension caused by anxiety or worry?	0	0	0	0	0
d.	experience serious psychological distress because of your anxiety or worry?	0	0	0	0	0
e.	How often in the past 30 days did anxiety or worry interfere with your work or personal life?	0	0	0	0	0

INTRO.J3. You reported that you...

- (IF J1a = AT LEAST "SOME OF THE TIME": felt anxious or nervous)
- (IF J1b = AT LEAST "SOME OF THE TIME": worried about a number of different things)
- (IF J1c = AT LEAST "SOME OF THE TIME": felt more anxious or worried than other people in your same situation)
- (IF J1d = AT LEAST "SOME OF THE TIME": worried about things that most other people wouldn't worry about)
- (IF J1e = AT LEAST "SOME OF THE TIME": had trouble controlling your anxiety or worry)
- (IF J1.1a = AT LEAST "SOME OF THE TIME": had trouble relaxing)
- (IF J1.1b = AT LEAST "SOME OF THE TIME": felt restless, fidgety, keyed up, or on edge)
- (IF J1.1c = AT LEAST "SOME OF THE TIME": had muscle aches or tension caused by anxiety or worry)
- (IF J1.1d = AT LEAST "SOME OF THE TIME": experienced serious psychological distress because of feelings of anxiety or worry)
- (IF J1.1e = AT LEAST "SOME OF THE TIME": had problems with anxiety or worry that interfered with your work or personal life)
- J3. About how old were you the very first time you had problems with anxiety or worry at least some of the time for one month or longer? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

J4. About how long in months was the longest episode of anxiety or worry you ever had in your life?

\cup	Less than 1 month
\circ	1-2
0	3-4
0	5-6
0	7-8
0	9-10
0	11-12
0	13-24
0	25 or more months

[Programmer: Show Intro.J3, J3, and J4 on the same screen]

J5. About how many months out of 12 in the past year did you have problems with anxiety or worry?

\circ	1 month
\circ	2
\circ	3
\circ	4
0	5
0	6
0	7
0	8-9
\bigcirc	10-12 months

[Programmer: Show Intro.J3 and J5 on the same screen]

SECTION K: IRRITABILITY AND ANGER

K1. The next questions are about feelings of irritability and anger.

How often in the past 30 days did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	feel irritated, annoyed, or grouchy?	0	0	0	0	0
b.	feel so angry that you thought you might explode?	0	0	0	0	0
c.	feel a lot more angry than most people would be in the same situation?	0	0	0	0	0
d.	feel that your anger was out of control?	0	0	0	0	0
e.	How often in the past 30 days did the feelings in this list interfere with your work or personal life?	0	0	0	0	0

K2. How often did you do each of the following things in the past 30 days?

	Very often	Often	Sometimes	Rarely	Never
a. Yell, insult, swear, or threaten someone	0	0	0	0	0
b. Have a heated argument with someone	0	0	0	0	0
c. Get into a loud argument in public	0	0	0	0	0
 d. Have a physical confrontation during an argument 	0	0	0	0	0

CKPT.K3.

- 1. IF (1 OR MORE IN THE K1a-e SERIES = AT LEAST "SOME OF THE TIME") OR (1 OR MORE IN THE K2a-d SERIES = AT LEAST "SOMETIMES"), GO TO INTRO.K3.
- 2. ALL OTHERS GO TO L1 (PANIC ATTACKS).

INTRO.K3. You reported that you...

- (IF K1a = AT LEAST "SOME OF THE TIME": felt irritated, annoyed, or grouchy)
- (IF K1b = AT LEAST "SOME OF THE TIME": felt so angry that you thought you might explode)
- (IF K1c = AT LEAST "SOME OF THE TIME": felt a lot more angry than most people would be in the same situation)
- (IF K1d = AT LEAST "SOME OF THE TIME": felt that your anger was out of control)
- (IF K2a = AT LEAST "SOMETIMES": yelled, insulted, swore, or threatened someone)
- (IF K2b = AT LEAST "SOMETIMES": had a heated argument with someone)
- (IF K2c = AT LEAST "SOMETIMES": got into a loud argument in public)
- (IF K2d = AT LEAST "SOMETIMES": had a physical confrontation during an argument)
- (IF K1e = AT LEAST "SOME OF THE TIME": had feelings of irritability and anger that interfered with your work or personal life)
- K3. About how old were you the very first time you had any of these feelings of irritability or anger or engaged in any of these behaviors at least some of the time? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

K4. About how many months out of 12 in the past year did you have feelings of irritability or anger or engage in any of these behaviors at least some of the time?

\circ	1 month
0	2
0	3
0	4
0	5
0	6
0	7
0	8-9
0	10-12 months

[Programmer: Show INTRO.K3, K3, AND K4 on the same screen]

SECTION L: PANIC ATTACKS

L1. The next questions are about attacks of fear.

	Did you <u>ever in your life</u> have either of the following kinds of attacks?		
		Yes	No
a.	An attack of panic or anxiety or strong fear that came on very suddenly and made you feel very frightened or uneasy	0	0
b.	An attack of heart pounding or chest pain that came on very suddenly and made you feel very frightened or uneasy	0	0
СК	PT.L2. 1. IF 1 OR MORE IN L1a-b SERIES = "YES," GO TO L2. 2. ALL OTHERS GO TO M1 (ANGER ATTACKS).		
L2	Attacks like these sometimes happen without provocation "out of the blue" a times they occur in situations where a person has a strong fear (e.g., a fear of heights) or is in real danger (e.g., in a car accident). When did your attack	of snak	es or
	O All of your attacks occurred "out of the blue"		
	O Some of your attacks occurred "out of the blue" and others in situations where you had a strong fear or were in real danger		
	 All of your attacks occurred in situations where you had a strong fear or were in real danger 		
L3	About how many "out of the blue" attacks did you ever have in your entire life estimate is fine if you cannot remember the exact number.)	fe? (You	ur besi
	O 1-2 attacks		
	O 3-5		
	O 6-10		
	O 11-15		
	O 16-20		
	O 21-30		
	O 31-50		
	○ 51-75 ○ 76-100		
	○ 76-100 ○ 101 or more attacks		
	O 101 of filore dicacks		

CKPT.L4.

- 1. IF L2 = "SOME OF YOUR ATTACKS OCCURRED 'OUT OF THE BLUE' AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER," GO TO
- 2. IF (L2 = "ALL OF YOUR ATTACKS OCCURRED WITHOUT PROVOCATION 'OUT OF THE BLUE') AND (L3 =1-2), GO TO M1 (ANGER ATTACKS).
- 3. ALL OTHERS GO TO L5.

(e.g., fear of snakes or of heights) or were in real danger? (Your best		
I		
O 101 or more attacks		
DT 15		
FEAR OR WERE IN REAL DANGER") AND (L4 = 1-2), GO TO M1 (ANGER A 2. IF (L2 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANG AND (L4 = 1-2), GO TO M1 (ANGER ATTACKS). 3. ALL OTHERS GO TO L5.	TTACKS). OTHERS IN	
when you had these attacks, did you usually have reactions like		
manus din en au un aine a ha auto		No O
		-
		0
feeling dizzy or faint?		0
feeling like you might throw up?		0
trembling or shaking?	0	0
fear that you might lose control or go crazy?	0	0
fear that you might suddenly die?	0	0
 IF 1 OR MORE IN L5 = "YES," GO TO L6. ALL OTHERS GO TO QUESTION M1 (ANGER ATTACKS). 	sity after	
	(e.g., fear of snakes or of heights) or were in real danger? (Your best ocannot remember the exact number.) 1-2 attacks 3-5 6-10 11-15 16-20 21-30 31-50 51-75 76-100 101 or more attacks PT.LS. 1. IF (L2 = "ALL OF YOUR ATTACKS OCCURRED IN SITUATIONS WHERE YOU FEAR OR WERE IN REAL DANGER") AND (L4 = 1-2), GO TO M1 (ANGER A 2. IF (L2 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANG AND (L4 = 1-2), GO TO M1 (ANGER ATTACKS). 3. ALL OTHERS GO TO L5. When you had these attacks, did you usually have reactions like pounding or racing heart? shortness of breath? feeling like you might throw up? trembling or shaking? fear that you might lose control or go crazy? fear that you might suddenly die? PT.L6. 1. IF 1 OR MORE IN L5 = "YES," GO TO L6. 2. ALL OTHERS GO TO QUESTION M1 (ANGER ATTACKS). How long did it usually take these reactions to reach their peak intenthe attack started? 1-5 minutes 6-10 minutes 11-20 minutes	(e.g., fear of snakes or of heights) or were in real danger? (Your best estimate is fin cannot remember the exact number.) 1 -2 attacks 3 -5 6 -10 11-15 16-20 21-30 31-50 51-75 76-100 101 or more attacks PT.LS. 1. If (L2 = "ALL OF YOUR ATTACKS OCCURRED IN SITUATIONS WHERE YOU HAD A STRCK FEAR OR WERE IN REAL DANGER") AND (L4 = 1-2), GO TO M1 (ANGER ATTACKS). 2. If (L2 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRCK FEAR OR WERE IN REAL DANGER") AND (L3 AND (L4 = 1-2), GO TO M1 (ANGER ATTACKS). 3. ALL OTHERS GO TO L5. When you had these attacks, did you usually have reactions like Yes pounding or racing heart? Oshortness of breath? Geeling dizzy or faint? Geeling dizzy or faint? Geeling like you might throw up? Trembling or shaking? Gear that you might lose control or go crazy? Gear that you might suddenly die? OPT.L6. 1. If 1 OR MORE IN L5 = "YES," GO TO L6. 2. ALL OTHERS GO TO QUESTION M1 (ANGER ATTACKS). How long did it usually take these reactions to reach their peak intensity after the attack started? Less than 1 minute 1-5 minutes 6-10 minutes 11-20 minutes

L/.	After naving one of these attacks, did you ever have any of the following expe	erience	es:
		Yes	No
a.	A month or more when you often worried that you might have another attack	0	0
b.	A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack, or losing control	0	0
c.	A month or more when you changed your everyday activities because of the attacks	0	0
d.	A month or more when you avoided certain situations because of fear about having another attack	0	0
L8.	About how old were you the very first time you had one of these attacks? (You best estimate is fine if you cannot remember your exact age.)	ır	
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in	1 A1	
L9.	About how many days in the past 30 did you have one of these attacks?		
	 ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6-10 ○ 11-20 ○ 21-30 days 		
L10	About how many months out of 12 in the past year did you have at least one of these attacks? O months 1 2 3 4 5 6 7 8-9 10-12 months		

SECTION M: ANGER ATTACKS

М1.	The next questions are about attacks of anger.		
	Did you <u>ever in your life</u> have attacks of anger when all of a sudden you lost con either broke or smashed something worth more than a few dollars, hit or tried to someone, or threatened someone?		
	O Yes O No GO TO N1 (SELF-HARM)		
M2.	, , , , , , , , , , , , , , , , , , , ,	s? Yes	No
a.	Did your anger attacks ever occur without a good reason or in situations where most people would not get angry?	0	0
	Did you ever have times just before an attack when you felt such a strong impulse to let loose or blow up that you couldn't resist it no matter how hard you tried?	0	0
c.	Some people only have anger attacks when they drink alcohol or use drugs. Did your anger attacks only occur when you had been drinking or using drugs?	0	0
CKF	PT.M2d. 1. IF M2c = "YES," GO TO M2d. 2. ALL OTHERS GO TO M3.		
M2(d. Did you ever have an anger attack when you were NOT drinking or using drugs?YesNo		
МЗ	. About how many anger attacks did you ever have in your life? (Your best estimate you cannot remember the exact number.)	is fine	e if
	 ○ 1-2 attacks ○ 3-5 ○ 6-10 ○ 11-15 ○ 16-20 ○ 21-30 ○ 31-50 ○ 51-75 ○ 76-100 ○ 101 or more attacks 		
М4.	How often when you had them did your anger attacks interfere with your work personal life?	or	
	 All or almost all the time Most of the time Some of the time A little of the time None of the time 		

М5.	estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
М6.	About how many days in the past 30 did you have an anger attack?
	 ○ 0 days ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6-10 ○ 11-20
M7.	O 21-30 days About how many months out of 12 in the past year did you have at least one
	anger attack? ○ 0 months ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8-9 ○ 10-12 months

SECTION N: Self-Harm

N1.	The next questions are about thoughts of hurting yourself.
	Did you ever in your life have thoughts of killing yourself?
	O Yes O No ── GO TO N2
N1a.	About how old were you the very first time you had thoughts of killing yourself? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
N1b.	About how many years in your life did you have thoughts of killing yourself? (Your best estimate is fine if you cannot remember the exact number.)
	If current age in A1 is \geq 20, DROP DOWN MENU: 1-20 or more If current age in A1 is $<$ 20, DROP DOWN MENU: 1 – current age
N1c.	How old were you the most recent time? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
СКРТ	.N1d. 1. IF A1 OR (A1-1) = N1c AGE OR AGE RANGE, OR IF A1 OR N1c IS MISSING, GO TO N1d. 2. ALL OTHERS GO TO N3.
N1d.	Did you have these thoughts at any time in the past 30 days?
	O Yes O No
GO TO	D N3
N2.	Did you ever wish you were dead or would go to sleep and never wake up?
	O Yes O No ── GO TO N9
N2a.	About how old were you the very first time you had that wish? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
N2b.	About how many years in your life did you have that wish? (Your best estimate is fine if you cannot remember the exact number.)
	If current age in A1 is \geq 20, DROP DOWN MENU: 1-20 or more If current age in A1 is $<$ 20, DROP DOWN MENU: 1 – current age
N2c.	About how old were you the most recent time? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1

СКРТ.	N2d. 1. IF A1 OR (A1-1) = N2c AGE OR AGE RANGE, OR IF A1 OR N2c IS MISSING, GO TO N2d. 2. ALL OTHERS GO TO N3.
N2d.	Did you have that wish at any time in the past 30 days?
	○ Yes ○ No
N3.	Did you ever have any intention to act (IF $N1 = YES$: on these thoughts?/IF $N2 = YES$: on that wish?)
	○ Yes
	○ No ——— GO TO N5
N4.	Did you ever think about how you might kill yourself (e.g., taking pills, shooting yourself) or work out a plan of how to kill yourself?
	○ Yes
	○ No — GO TO N5
N4a.	About how old were you the very first time you thought about how you would kill yourself? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
N4b.	How old were you the most recent time? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
СКРТ.	N4c. 1. IF A1 OR (A1 - 1) = N4b AGE OR AGE RANGE, OR IF A1 OR N4b IS MISSING, GO TO N4c. 2. ALL OTHERS GO TO N5.
N4c.	Did you think about how you might kill yourself at any time in the past 30 days?
	O Yes
	O No

Think of the one week in your life when you thought most (IF N1 = YES: about

killing yourself; IF N2 = YES: about wanting to be dead). How many days

during that worst week did you have those thoughts?

N5.

1 day234567 days

N6.	How long during that worst week did those thoughts (IF N5 >1: usually) last on the [IF N5=1: day, ALL OTHERS = days] you had them?
	○ Just a few seconds or minutes○ Less than 1 hour
	O 1-4 hours
	5-8 hours9 or more hours
	O 9 of more mours
N7.	During that worst week, how easy was it for you to control those thoughts or push them out of your mind when you wanted to?
	O Easy
	A little difficult
	Somewhat difficultVery difficult
	Impossible; unable to control the thoughts
N8.	People who think (IF N1 = YES: about killing themselves; IF N2 = YES: about wanting to be dead) sometimes do dangerous things as a way to tempt fate (e.g., take a lot of drugs, drive too fast, volunteer for dangerous missions, or act recklessly). How often in your life did you ever do dangerous things related to wishing you were dead?
	O Very often
	O Often
	O Sometimes
	○ Rarely ○ Never
	O Nevel
N9.	Did you ever make a suicide attempt (i.e., purposefully hurt yourself with at least some intention to die)?
	○ Yes — → GO TO N9a
	○ No
СКРТ	.N9.
	1. IF N3 OR N4 = "YES," GO TO N11.
	2. ALL OTHERS GO TO N12.
N9a.	How many different suicide attempts did you ever make?
	DROPDOWN MENU: 1-20 or more attempts
СКРТ	.N9b.
	1. IF N9a = 1, GO TO N9b. 2. ALL OTHERS GO TO N9c.
N9b.	About how old were you when you made that suicide attempt? (Your best estimate is fine it you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1

1. IF A1 OR (A1 - 1) = N9b AGE OR AGE RANGE, OR IF A1 OR N9b IS MISSING, GO TO N9e. 2. ALL OTHERS GO TO N9f.

CKPT.N9c.

N9c.	About how old were you the very first time you made a suicide attempt? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
N9d.	How old were you the most recent time? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
СКРТ.	N9e. 1. IF A1 OR (A1 - 1) = N9d AGE OR AGE RANGE, OR IF A1 OR N9d IS MISSING, GO TO N9e. 2. ALL OTHERS GO TO N9h.
N9e.	Did you make a suicide attempt at any time in the past 30 days?
	○ Yes○ No
СКРТ.	N9f. 1. IF N9a = 1, GO TO N9f. 2. ALL OTHERS GO TO N9h.
N9f. V	Vhich method did you use? (If you used multiple methods, mark all that apply.)
	Overdose of medications Overdose of illegal drugs Poisoning with a household substance or gas Hanging Suffocation (e.g., plastic bag over head) Drowning Cutting or stabbing Gunshot Jumping from a high place Motor vehicle crash Any other method
N9g.	Had you been drinking or using drugs at the time you made the attempt?
	○ Yes○ No

GO TO N10

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N9h	. Did you ever use any of the following methods in your suicide atter	mnts?	
14311	. Did you ever use any or the following methods in your suicide atter	Yes	No
a.	Overdose of medications	0	0
b.	Overdose of illegal drugs	0	0
c.	Poisoning with a household substance or gas	0	0
d.	Hanging	0	0
e.	Suffocation (e.g., plastic bag over head)	0	0
f.	Drowning	0	0
g.	Cutting or stabbing	0	0
h.	Gunshot	0	0
i.	Jumping from a high place	0	0
j.	Motor vehicle crash	0	0
k.	Any other method	0	0
N9i.	How many times had you been drinking or using drugs at the time γ attempts?	ou made o	one of
	DROPDOWN MENU: (0 - TERMINATE AT NUMBER ENDORSED IN N9a)		
N10	. What were the most serious injuries you (IF N9a=1: received/ALL oreceived) from your suicide (IF N9a=1: attempt/ALL OTHERS: atter		ver

received) from your suicide (IF N9a=1: attempt/ALL OTHERS: attempts)?

No injury
Very minor injury (e.g., surface scratches, mild nausea)
Minor injury (e.g., sprain, first degree burns, flesh wound)
Moderate injury not requiring overnight hospitalization (e.g., broken bones, second degree burns, stitches, bullet lodged in arm or leg)
Moderate injury requiring overnight hospitalization (e.g., major fracture, third degree burns, coma, bullet lodged in abdomen or chest, minor surgery)
Severe injuries requiring treatment in an intensive care unit to save life (e.g., major fracture of skull or spine, severe burns, coma requiring respirator, bullet in head, major surgery)

N11. Did you ever tell someone that you were thinking of making a suicide attempt?

○ Yes○ No — GO TO N12

N11a. About how old were you the very first time you told someone you were thinking of making a suicide attempt? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

N11b. How old were you the most recent time? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

N11c. About how many people did you ever tell?

DROPDOWN MENU: 1-20 or more

N12.	Did you ever do something to hurt yourself on purpose, but <u>without</u> wanting to die (e.g., cutting yourself, hitting yourself, or burning yourself)?
	○ Yes○ No ———— GO TO O1 (Deployment Experiences)
N12a.	About how old were you the very first time you did something to hurt yourself on purpose, but without wanting to die? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
N12b.	How old were you the most recent time? (Your best estimate is fine if you cannot remember your exact age.)
	DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20 to current age provided in A1
СКРТ.	N12c. 1. IF A1 OR (A1 - 1) = N12b AGE OR AGE RANGE, OR IF A1 OR N12b IS MISSING, GO TO N12c. 2. ALL OTHERS GO TO N12d.
N12c.	Did you do something like that any time in the past 30 days?
	○ Yes○ No
N12d.	About how many times in your life did you do something like that?
	 ○ 1-2 times ○ 3-5 ○ 6-10 ○ 11-20 ○ 21-30 ○ 31-50 ○ 51-100 ○ 101 or more times

SECTION O: DEPLOYMENT EXPERIENCES

01.	The next questions are about your deployment experiences. How many times over yountered army career have you	ur
		5

		0	1	2	3	4	5 or more
a.	deployed to a humanitarian mission (e.g., Hurricane Andrew, Hurricane Katrina, Haiti 2010)?	0	0	0	0	0	0
b.	deployed to a peacekeeping mission (e.g., Balkans, Bosnia) or to a combat theatre (e.g., OIF, OND, OEF, Somalia, The Persian Gulf, Vietnam, or any others)?	0	0	0	0	0	0
c.	received combat zone tax exclusion?	0	0	0	0	0	0

CKPT.O2.

- 1. IF O1a, O1b, OR O1c = "1" OR MORE, GO TO O2.
- 2. ALL OTHERS GO TO O6.

O2. How many total months over your entire Army career have you...

		0	1-3	4-6	7-12	13-18	19-24	25-36	37-48	49-60	61 or more
a.	deployed to a humanitarian mission (e.g., Hurricane Andrew, Hurricane Katrina, Haiti 2010)?	0	0	0	0	0	0	0	0	0	0
b.	deployed to a peacekeeping mission (e.g., Balkans, Bosnia) or to a combat theatre (e.g., OIF, OND, OEF, Somalia, The Persian Gulf, Vietnam, or any others)?	0	0	0	0	0	0	0	0	0	0
c.	received combat zone tax exclusion?	0	0	0	0	0	0	0	0	0	0

O3. \	When did	you return from v	your most recent	deployment?
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\bigcirc 0-3	months	ago
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- O 4-6 months ago
- 7-12 months ago
- 1-2 years ago
- O 3-4 years ago
- ∫ 5 or more years ago

O4. How long was your most recent deployment?

- O-3 months
- 4-6 months
- 7-12 months
- O 13 or more months

O5.	The stresses associated with deployment have different effects on different people. Some people become <u>better</u> able to cope with future stresses because of their deployment experiences. Other people become <u>worse</u> able to cope with future stresses. Are you now <u>better</u> able to cope with stress or <u>worse</u> able than before you first deployed?
	O A lot better
	O Somewhat better
	O A little better
	O No difference
	O A little worse
	O Somewhat worse
	O A lot worse
06.	How likely do you think it is that you will deploy in the next 6 months?
	O Definitely
	O Probably
	○ 50-50 chance
	O Probably not
	O Definitely not

SECTION P: STRESSFUL EXPERIENCES

CKPT.P1.

- 1. IF SUM OF (O1a AND O1b AND O1c) = 0 (NEVER DEPLOYED), GO TO P2.
- 2. IF SUM OF (O1a AND O1b AND O1c) = 1 (DEPLOYED ONLY ONCE) AND O3 = 0-12 MONTHS AGO, GO TO P1.
- 3. IF SUM OF (O1a, O1b AND O1c) = 2 OR MORE (DEPLOYED MORE THAN ONCE) AND O3 = 0-12 MONTHS AGO, GO TO P1.1.
- 4. ALL OTHERS GO TO P1.
- P1. The next questions are about events that might have happened to you during deployment. (IF SUM OF O1a-c IS GREATER THAN 1: Think of all your deployments in answering the questions.) How many times did you ever have each of these experiences during deployment?

		0	1	2-4	5-9	10 or more
a.	Go on combat patrols or have other dangerous duty (e.g., clearing buildings, disarming civilians, working in areas that had IEDs)	0	0	0	0	0
b.	Fire rounds at the enemy or take enemy fire (either direct or indirect fire)	0	0	0	0	0
c.	Get wounded by the enemy	0	0	0	0	0
d.	Have a close call (that is, equipment shot off body, IED exploded near you)	0	0	0	0	0
e.	Have member(s) of your unit who were seriously wounded or killed	0	0	0	0	0
f.	Have direct responsibility for the death of an enemy combatant	0	0	0	0	0
g.	Have direct responsibility for the death of a non-combatant	0	0	0	0	0
h.	Have direct responsibility for the death of U.S. or ally personnel	0	0	0	0	0
i.	Save the life of a Soldier or civilian	0	0	0	0	0
j.	See homes or villages that had been destroyed or people begging for food	0	0	0	0	0
k.	Get exposed to the sights, sounds, or smells of severely wounded or dying people or see dead bodies	0	0	0	0	0
l.	Witness violence within the local population or mistreatment toward non-combatants	0	0	0	0	0
m.	You were seriously physically assaulted (e.g., mugged)	0	0	0	0	0
n.	You were sexually assaulted or raped	0	0	0	0	0
0.	You were hazed or bullied by one or more members of your unit	0	0	0	0	0

GO TO P2

P1.1. The next questions are about events that might have happened to you during your <u>most recent deployment</u>. How many times did you ever have each of these experiences during that deployment?

deployment:	0	1	2-4	5-9	10 or more
 a. Go on combat patrols or have other dangerous duty (e.g., clearing buildings, disarming civilians, working in areas that had IEDs) 	0	0	0	0	0
 Fire rounds at the enemy or take enemy fire (either direct or indirect fire) 	0	0	0	0	0
c. Get wounded by the enemy	0	0	0	0	0
 d. Have a close call (that is, equipment shot off body, IED exploded near you) 	0	0	0	0	0
e. Have member(s) of your unit who were seriously wounded or killed	0	0	0	0	0
 f. Have direct responsibility for the death of an enemy combatant 	0	0	0	0	0
g. Have direct responsibility for the death of a non-combatant	0	0	0	0	0
h. Have direct responsibility for the death of U.S. or ally personnel	0	0	0	0	0
i. Save the life of a Soldier or civilian	0	0	0	0	0
 j. See homes or villages that had been destroyed or people begging for food 	0	0	0	0	0
 K. Get exposed to the sights, sounds, or smells of severely wounded or dying people or see dead bodies 	0	0	0	0	0
I. Witness violence within the local population or mistreatment toward non-combatants		0	0	0	0
m.You were seriously physically assaulted (e.g., mugged)	0	0	0	0	0
n. You were sexually assaulted or raped	0	0	0	0	0
You were hazed or bullied by one or more members of your unit	0	0	0	0	0

P1.2. How many times did you ever have each of these experiences during <u>any previous deployment</u> (that is, before your most recent deployment)?

	0	1	2-4	5-9	10 or more
 a. Go on combat patrols or have other dangerous duty (e.g., clearing buildings, disarming civilians, working in areas that had IEDs) 	0	0	0	0	0
 Fire rounds at the enemy or take enemy fire (either direct or indirect fire) 	0	0	0	0	0
c. Get wounded by the enemy	0	0	0	0	0
 d. Have a close call (that is, equipment shot off body, IED exploded near you) 	0	0	0	0	0
e. Have member(s) of your unit who were seriously wounded or killed	0	0	0	0	0
 f. Have direct responsibility for the death of an enemy combatant 	0	0	0	0	0
g. Have direct responsibility for the death of a non-combatant	0	0	0	0	0
h. Have direct responsibility for the death of U.S. or ally personnel	0	0	0	0	0
i. Save the life of a Soldier or civilian	0	0	0	0	0
 j. See homes or villages that had been destroyed or people begging for food 	0	0	0	0	0
 K. Get exposed to the sights, sounds, or smells of severely wounded or dying people or see dead bodies 	0	0	0	0	0
Witness violence within the local population or mistreatment toward non-combatants	0	0	0	0	0
m. You were seriously physically assaulted (e.g., mugged)	0	0	0	0	0
n. You were sexually assaulted or raped	0	0	0	0	0
o. You were hazed or bullied by one or more members of your unit	0	0	0	0	0

P2.	The next questions are about (IF 1 OR MORE IN O2a-c SERIES = AT LEAST "1-3": other)
	highly stressful experiences that might have happened to you at any time in your life. (IF
	1 OR MORE IN O2a-c SERIES= AT LEAST "1-3": Do not count experiences that you
	already reported in the previous questions about deployment.) How many times did you
	experience each of the following?

		0	1	2-4	5-9	10 or more
a.	Serious physical assault (e.g., mugging)	0	0	0	0	0
b.	Sexual assault or rape	0	0	0	0	0
c.	Serious assault happened to a close friend or relative	0	0	0	0	0
d.	Murder of a close friend or relative	0	0	0	0	0
e.	Suicide of a close friend or relative	0	0	0	0	0
f.	Attempted suicide of a close friend or relative	0	0	0	0	0
g.	Combat death of a close friend or relative	0	0	0	0	0
h.	Accidental death of a close friend or relative	0	0	0	0	0
i.	You witnessed someone being seriously injured or killed	0	0	0	0	0
j.	You discovered or handled a dead body	0	0	0	0	0
k.	You had a life-threatening illness or injury	0	0	0	0	0
l.	You were in a disaster (e.g., hurricane, fire, flood, earthquake) where you could have died	0	0	0	0	0
	You had any other experience that put you at risk of death or serious injury	0	0	0	0	0
n.	You were bullied (ongoing comments or behaviors) during your childhood or adolescence	0	0	0	0	0
0.	You had a close friend or relative who had an experience that put them at risk of death or serious injury	0	0	0	0	0

CKPT.P2.1

- 1. IF P2a = 1-10 OR MORE GO TO P2.1
- 2. IF P2b = 1-10 OR MORE GO TO P2.2
- 3. IF P2c = 1-10 OR MORE GO TO P2.3
- 4. IF P2d = 1-10 OR MORE GO TO P2.4
- 5. IF P2e = 1-10 OR MORE GO TO P2.5
- 6. IF P2f = 1-10 OR MORE GO TO P2.6
- 7. IF P2g = 1-10 OR MORE GO TO P2.7
- 8. IF P2h = 1-10 OR MORE GO TO P2.8
- 9. IF P2i = 1-10 OR MORE GO TO P2.9
- 10. IF P2j = 1-10 OR MORE GO TO P2.10
- 11. IF P2k = 1-10 OR MORE GO TO P2.11
- 12. IF P2I = 1-10 OR MORE GO TO P2.12
- 13. IF P2m = 1-10 OR MORE GO TO P2.13
- 14. IF P2o = 1-10 OR MORE GO TO P2.14
- 15. IF ANY IN P1a-o, P1.1a-o, OR P1.2a-o SERIES = 1-10 OR MORE GO TO INTRO.P4
- 16. ALL OTHERS GO TO P6.1

P2.1.	You reported serious physical assault. Did this happen (IF P2a=2-10 OR MORE : most recently) in the past 12 months?
	○ Yes ○ No
СКРТ.	1. IF P2b = 1-10 OR MORE GO TO P2.2 2. IF P2c = 1-10 OR MORE GO TO P2.3 3. IF P2d = 1-10 OR MORE GO TO P2.4 4. IF P2e = 1-10 OR MORE GO TO P2.5 5. IF P2f = 1-10 OR MORE GO TO P2.6 6. IF P2g = 1-10 OR MORE GO TO P2.7 7. IF P2h = 1-10 OR MORE GO TO P2.8 8. IF P2i = 1-10 OR MORE GO TO P2.9 9. IF P2j = 1-10 OR MORE GO TO P2.10 10. IF P2k = 1-10 OR MORE GO TO P2.11 11. IF P2l = 1-10 OR MORE GO TO P2.12 12. IF P2m = 1-10 OR MORE GO TO P2.13 13. IF P2o = 1-10 OR MORE GO TO P2.14 14. ALL OTHERS GO TO INTRO.P4
P2.2	You reported sexual assault or rape. Did this happen (IF P2b=2-10 OR MORE : most recently) in the past 12 months? ○ Yes ○ No
СКРТ.	P2.3 1. IF P2c = 1-10 OR MORE GO TO P2.3 2. IF P2d = 1-10 OR MORE GO TO P2.4 3. IF P2e = 1-10 OR MORE GO TO P2.5 4. IF P2f = 1-10 OR MORE GO TO P2.6 5. IF P2g = 1-10 OR MORE GO TO P2.7 6. IF P2h = 1-10 OR MORE GO TO P2.8 7. IF P2i = 1-10 OR MORE GO TO P2.9 8. IF P2j = 1-10 OR MORE GO TO P2.10 9. IF P2k = 1-10 OR MORE GO TO P2.11 10. IF P2l = 1-10 OR MORE GO TO P2.12 11. IF P2m = 1-10 OR MORE GO TO P2.13 12. IF P2o = 1-10 OR MORE GO TO P2.14 13. ALL OTHERS GO TO INTRO.P4
P2.3.	You reported serious assault of a close friend or relative. Did this happen (IF P2c=2-10 OR MORE: most recently) in the past 12 months? Ores No

	2. IF P2e = 1-10 OR MORE GO TO P2.5 3. IF P2f = 1-10 OR MORE GO TO P2.6 4. IF P2g = 1-10 OR MORE GO TO P2.7 5. IF P2h = 1-10 OR MORE GO TO P2.8 6. IF P2i = 1-10 OR MORE GO TO P2.9 7. IF P2j = 1-10 OR MORE GO TO P2.10 8. IF P2k = 1-10 OR MORE GO TO P2.11 9. IF P2l = 1-10 OR MORE GO TO P2.12 10. IF P2m = 1-10 OR MORE GO TO P2.13 11. IF P2o = 1-10 OR MORE GO TO P2.14 12. ALL OTHERS GO TO INTRO.P4
P2.4.	You reported murder of a close friend or relative. Did this happen (IF P2d=2-10 OR MORE: most recently) in the past 12 months?
	○ Yes ○ No
СКРТ.	1. IF P2e = 1-10 OR MORE GO TO P2.5 2. IF P2f = 1-10 OR MORE GO TO P2.6 3. IF P2g = 1-10 OR MORE GO TO P2.7 4. IF P2h = 1-10 OR MORE GO TO P2.8 5. IF P2i = 1-10 OR MORE GO TO P2.9 6. IF P2j = 1-10 OR MORE GO TO P2.10 7. IF P2k = 1-10 OR MORE GO TO P2.11 8. IF P2l = 1-10 OR MORE GO TO P2.12 9. IF P2m = 1-10 OR MORE GO TO P2.13 10. IF P2o = 1-10 OR MORE GO TO P2.14 11. ALL OTHERS GO TO INTRO.P4
P2.5.	You reported suicide of a close friend or relative. Did this happen (IF P2e=2-10 OR MORE: most recently) in the past 12 months?
	○ Yes ○ No
СКРТ.	1. IF P2f = 1-10 OR MORE GO TO P2.6 2. IF P2g = 1-10 OR MORE GO TO P2.7 3. IF P2h = 1-10 OR MORE GO TO P2.8 4. IF P2i = 1-10 OR MORE GO TO P2.9 5. IF P2j = 1-10 OR MORE GO TO P2.10 6. IF P2k = 1-10 OR MORE GO TO P2.11 7. IF P2l = 1-10 OR MORE GO TO P2.12 8. IF P2m = 1-10 OR MORE GO TO P2.13 9. IF P2o = 1-10 OR MORE GO TO P2.14 10. ALL OTHERS GO TO INTRO.P4
	You reported attempted suicide of a close friend or relative. Did this happen (IF P2f=2-MORE: most recently) in the past 12 months?
	○ Yes ○ No

CKPT.P2.4

1. IF P2d = 1-10 OR MORE GO TO P2.4

СКРТ.	
	1. IF P2g = 1-10 OR MORE GO TO P2.7 2. IF P2h = 1-10 OR MORE GO TO P2.8 3. IF P2i = 1-10 OR MORE GO TO P2.9 4. IF P2j = 1-10 OR MORE GO TO P2.10 5. IF P2k = 1-10 OR MORE GO TO P2.11 6. IF P2l = 1-10 OR MORE GO TO P2.12 7. IF P2m = 1-10 OR MORE GO TO P2.13 8. IF P2o = 1-10 OR MORE GO TO P2.14 9. ALL OTHERS GO TO INTRO.P4
P2.7.	You reported combat death of a close friend or relative. Did this happen (IF P2g=2-10 OR MORE : most recently) in the past 12 months? Ores
	O No
СКРТ.	1. IF P2h = 1-10 OR MORE GO TO P2.8 2. IF P2i = 1-10 OR MORE GO TO P2.9 3. IF P2j = 1-10 OR MORE GO TO P2.10 4. IF P2k = 1-10 OR MORE GO TO P2.11 5. IF P2l = 1-10 OR MORE GO TO P2.12 6. IF P2m = 1-10 OR MORE GO TO P2.13 7. IF P2o = 1-10 OR MORE GO TO P2.14 8. ALL OTHERS GO TO INTRO.P4
P2.8.	You reported accidental death of a close friend or relative. Did this happen (IF P2h=2-10 OR MORE : most recently) in the past 12 months?
	○ Yes ○ No
СКРТ.	1. IF P2i = 1-10 OR MORE GO TO P2.9 2. IF P2j = 1-10 OR MORE GO TO P2.10 3. IF P2k = 1-10 OR MORE GO TO P2.11 4. IF P2l = 1-10 OR MORE GO TO P2.12 5. IF P2m = 1-10 OR MORE GO TO P2.13 6. IF P2o = 1-10 OR MORE GO TO P2.14 7. ALL OTHERS GO TO INTRO.P4
P2.9.	You reported witnessing someone being seriously injured or killed. Did this happen (IF P2i=2-10 OR MORE : most recently) in the past 12 months? Ores No
СКРТ.	P2.10 1. IF P2j = 1-10 OR MORE GO TO P2.10 2. IF P2k = 1-10 OR MORE GO TO P2.11 3. IF P2l = 1-10 OR MORE GO TO P2.12 4. IF P2m = 1-10 OR MORE GO TO P2.13 5. IF P2o = 1-10 OR MORE GO TO P2.14 6. ALL OTHERS GO TO INTRO.P4
P2.10	. You reported discovering or handling a dead body. Did this happen (IF P2j=2-10 OR MORE : most recently) in the past 12 months? Ores No

1. IF P2k = 1-10 OR MORE GO TO P2.11 2. IF P2l = 1-10 OR MORE GO TO P2.12 3. IF P2m = 1-10 OR MORE GO TO P2.13 4. IF P2o = 1-10 OR MORE GO TO P2.14 5. ALL OTHERS GO TO INTRO.P4
P2.11. You reported a life-threatening illness or injury. Did this happen (IF P2k=2-10 OR MORE : most recently) in the past 12 months?
○ Yes○ No
CKPT.P2.12 1. IF P2I = 1-10 OR MORE GO TO P2.12 2. IF P2m = 1-10 OR MORE GO TO P2.13 3. IF P2o = 1-10 OR MORE GO TO P2.14 4. ALL OTHERS GO TO INTRO.P4
P2.12. You reported being in a disaster (e.g., hurricane, fire, flood, earthquake) where you could have died. Did this happen (IF P2I=2-10 OR MORE: most recently) in the past 12 months?
○ Yes○ No
CKPT.P2.13 1. IF P2m = 1-10 OR MORE GO TO P2.13 2. IF P2o = 1-10 OR MORE GO TO P2.14 3. ALL OTHERS GO TO INTRO.P4
P2.13. You reported having (IF AT LEAST ONE EVENT IS REPORTED IN THE P2a-k SERIES AT LEAST 1 TIME: having some other/ALL OTHERS: having an) experience that put you at risk of death or serious injury. Did this happen (IF P2m=2-10 OR MORE: most recently) in the past 12 months?
○ Yes○ No
CKPT.P2.14 1. IF P2o = 1-10 OR MORE GO TO P2.14 2. ALL OTHERS GO TO INTRO.P4
P2.14. You reported having a close friend or relative who had an experience that put them at risk of death or serious injury. Did this happen (IF P2o=2-10 OR MORE: most recently) in the past 12 months?

O Yes

- INTRO.P4. You reported the following highly stressful (ONLY ONE EVENT REPORTED IN P1, P1.1, P1.2 OR P2 AS HAPPENING ONLY ONE TIME: experience/ALL OTHERS: experiences):
 - (If P1a OR P1.1a OR P1.2a = AT LEAST `1': You went on combat patrols or had other dangerous duty (e.g., clearing buildings, disarming civilians, working in areas that had IEDs))
 - (If P1b OR P1.1b OR P1.2b = AT LEAST `1': You fired rounds at the enemy or took enemy fire (either direct or indirect fire))
 - (If P1c OR P1.1c OR P1.2c = AT LEAST `1': You were wounded by the enemy)
 - (If P1d OR P1.1d OR P1.2d = AT LEAST '1': You had a close call (that is, equipment shot off body, IED exploded near you))
 - (If P1e OR P1.1e OR P1.2e = AT LEAST '1': You had member(s) of your unit who were seriously wounded or killed)
 - (If P1f OR P1.1f OR P1.2f = AT LEAST '1': You had direct responsibility for the death of an enemy combatant)
 - (If P1g OR P1.1g OR P1.2g = AT LEAST '1': You had direct responsibility for the death of a non-combatant)
 - (If P1h OR P1.1h OR P1.2h = AT LEAST '1': You had direct responsibility for the death of U.S. or ally personnel)
 - (If P1i OR P1.1i OR P1.2i = AT LEAST `1': You saved the life of a Soldier or civilian)
 - (If (P1j OR P1.1j OR P1.2j = AT LEAST `1': You saw homes or villages that had been destroyed or people begging for food)
 - (If P1k OR P1.1k OR P1.2k = AT LEAST `1': You were exposed to the sights, sounds, or smells of severely wounded or dying people or saw dead bodies)
 - (If P1I OR P1.1I OR P1.2I = AT LEAST `1': You witnessed violence within the local population or mistreatment toward non-combatants)
 - (If P1m OR P1.1m OR P1.2m OR P2a = AT LEAST `1': You experienced a serious physical assault (e.g., mugging))
 - (If P1n OR P1.1n OR P1.2n OR P2b = AT LEAST `1': You were sexually assaulted or raped)
 - (If P1o OR P1.1o OR P1.2o = AT LEAST `1': You were hazed or bullied by one or more members of your unit)
 - (If P2c = AT LEAST `1': Serious assault happened to a close friend or relative)
 - (If P2d OR P2e OR P2f OR P2g OR P2h = AT LEAST `1': You experienced the murder, suicide, attempted suicide, combat death, or accidental death of a close friend or relative)
 - (If P2i = AT LEAST `1': You witnessed someone being seriously injured or killed)
 - (If P2j = AT LEAST `1': You discovered or handled a dead body)
 - (If P2k = AT LEAST '1': You had a life-threatening illness or injury)
 - (If P2I = AT LEAST `1': You were in a disaster (e.g., hurricane, fire, flood, earthquake) where you could have died)
 - (If P2m = AT LEAST '1': You had any other experience that put you at risk of death or serious injury)
 - (If P2n = AT LEAST `1': You were bullied (ongoing comments or behaviors) during your childhood or adolescence)
 - (If P2o = AT LEAST `1': You had a close friend or relative who had an experience that put them at risk of death or serious injury)

The next questions are about the highly stressful (ONLY ONE EVENT REPORTED IN P1, P1.1, P1.2 OR P2 AS HAPPENING ONLY ONE TIME: experience/ALL OTHERS: experiences) in this list.

[PROGRAMMER: SHOW BULLETED LIST ON SEPARATE PAGE FROM P4 QUESTION AND GRID]

Note: After deleting question P3, P4 remained named "P4" and was NOT renamed "P3" in order to retain the original numbering from Prod 3 AAS CAI.

P4. How <u>often</u> did you have each of the following reactions to (ONE EVENT REPORTED IN P1, P1.1, P1.2, OR P2 AS HAPPENING ONLY ONE TIME: your stressful experience /ALL OTHERS: your stressful experiences) in the <u>past 30 days</u>?

		6 or more times a week	4-5 times a week	2-3 times a week	Once a week or less	Never
a.	You had repeated, disturbing memories, thoughts, or images of a stressful experience.	0	0	0	0	0
b.	You had physical reactions (like heart pounding, trouble breathing, sweating) when something reminded you of a stressful experience.	0	0	0	0	0
C.	You avoided thinking about or talking about a stressful experience or avoided having feelings about it.	0	0	0	0	0
d.	You avoided activities or situations because they reminded you of a stressful experience.	0	0	0	0	0
e.	You had difficulty concentrating.	0	0	0	0	0
f.	You felt jumpy or were easily startled.	0	0	0	0	0
g.	Your disturbing memories or thoughts about a stressful experience interfered with the quality of your life.	0	0	0	0	0
h.	You experienced serious psychological distress because of the reactions in this list.	0	0	0	0	0
i.	The reactions in this list interfered with your work or personal life.	0	0	0	0	0

CKPT.P5.

- 1. If (2 OR MORE IN P4a-i SERIES = AT LEAST "2-3 TIMES A WEEK"), GO TO INTRO.P5.
- 2. ALL OTHERS GO TO P6.1.

INTRO.P5 You reported that you...

- [(IF P4a = "2-3 TIMES A WEEK"): had repeated, disturbing memories, thoughts, or images of a stressful experience]
- [(IF P4b = "2-3 TIMES A WEEK"): had physical reactions (e.g., heart pounding, trouble breathing, sweating) when something reminded you of a stressful experience]
- [(IF P4c = "2-3 TIMES A WEEK"): avoided thinking about or talking about a stressful experience or avoided having feelings related to it]
- [(IF P4d = "2-3 TIMES A WEEK"):avoided activities or situations because they reminded you of a stressful experience]
- [(IF P4e = "2-3 TIMES A WEEK"): had difficulty concentrating]
- [(IF P4f = "2-3 TIMES A WEEK"): felt jumpy or easily startled]
- [(IF P4g = "2-3 TIMES A WEEK"): had disturbing memories or thoughts about a stressful experience that interfered with the quality of your life]
- [(IF P4h = "2-3 TIMES A WEEK"): experienced serious psychological distress because of these reactions]
- [(IF P4i = "2-3 TIMES A WEEK"): had reactions to a highly stressful experience that interfered with your work or personal life]
- P5. About how old were you the very first time you had these kinds of reactions to a highly stressful experience for one month or longer? (Your best estimate is fine if you cannot remember your exact age.)

DROP DOWN MENU: Less than 13, 13-15, 16-17, 18, 19, 20... to current age provided in A1

P5.1. About how many months have these reactions to a highly stressful experience been going on?

DROP DOWN MENU: Less than 1 month, 1-3, 4-6, 7-12, 13-18, 19-24, 25-36, 37-48, 49 or more months

P6.	About how many months out of 12 in the past year did you have these kin to a highly stressful experience?	ds o	f reac	tions
[Pro	1 month 2 3 4 5 6 7 8-9 10-12 months Digrammer: If 1-3 bullets in INTRO.P5 are displayed, show INTRO.P5, P5, P5.1, and P6 the same screen. If 4-7 bullets in INTRO.P5 are displayed, show INTRO.P5, P5 and	1 P5.	1	
	on one screen and INTRO.P5 and P6 on a separate screen. Else show INTRO.P5 wield each of P5, P5.1 and P6 in separate screens.]	tn		
P6.	1 Did you have any of the following experiences in the <u>past 12 months</u> ?	Yes	No	
a.	A life-threatening illness or injury of a very close friend or close family member	0	0	
b.	Death of a very close friend or close family member	_	_	
c.	Separation or divorce from your spouse/partner	0	0	
d.	Spouse or partner cheated on you	0	0	
e.	Serious betrayal by someone else close to you	0	0	
f.	Serious ongoing arguments or break-up with some other close friend or family member	0	0	
g.	Serious arguments or fights with someone in your unit	0	0	
P7.	Did you have any of the following experiences in the past 12 months?		Ū	
			Yes	No
a.	You were involved in a motor vehicle accident while you were driving (regardless of who was responsible)		0	0
b.	You caused an accident where someone else was hurt or property was damaged		0	0
c.	You didn't get promoted when you thought you should have been		0	\circ
d.	You got a lower score than you expected on your efficiency report or performance rating			
e.	You received UCMJ punishment (e.g., Court Martial, Article 15, Captain's Mast, Office Hours, Letter of Reprimand, other)		0	0
f.	You had trouble with the police (civilian or military)		0	0
g.	You spent time in jail, stockade, correctional custody, or brig		0	0
h.	Any other serious legal problem		0	0
l.	Any other very stressful event		0	0_

P8.	How much stress did you have over the past 12 months in each of the following areas of
	your life?

		Very severe	Severe	Moderate	Mild	None
a.	Your financial situation	0	0	0	0	0
b.	Your career	0	0	0	0	0
c.	Your health	0	0	0	0	0
d.	Your love life	0	0	0	0	0
e.	Your relationship with your family	0	0	0	0	0
f.	The health of your loved ones	\circ	\circ	0	\cap	\bigcirc
g.	Other problems experienced by your loved ones	0	0	0	0	0
h.	Being hazed or bullied (ongoing comments or behavior) by members of	0	0	0	0	0
i.	Other problems getting along with members of your unit	0	0	0	0	0
j.	Your life overall	0	0	0	0	0

P9. People differ a lot in how well they handle stress. How would you rate your ability to handle stress in each of the following ways?

	Excellent	Very good	Good	Fair	Poor
a. Keep calm and think of the right thing to do in a crisis	C	O	O		0
b. Manage stress	0	0	0	0	0
c. Try new approaches if old ones don't work	0	0	0	0	0
d. Get along with people when you have to	0	0	0	0	0
e. Keep your sense of humor in tense situations	0	0	0	0	0

SECTION Q: TREATMENT

Q1. The next questions are about treatment or counseling you might have received.

Did you at any time in the <u>past 12 months</u> (including currently) receive medication or psychological counseling from any of the following providers for problems with stress, emotions, behavior, family problems, or problems with alcohol or drugs?

DEFINITION: A "mental health professional" includes a psychiatrist, psychologist, drug or alcohol counselor, mental health counselor or social worker, and marriage and family counselor. These professionals can be seen in one-on-one sessions, group sessions, or telephone sessions.

		Yes	No
a.	A mental health professional at a military facility or at a civilian facility to which you were referred by the military health system (See the definition of "mental health professional" above.)	0	0
b.	A general medical doctor, nurse, or physician's assistant at a military facility or at a civilian facility to which you were referred by the military health system	0	0
c.	The medic in your unit	0	0
d.	A mental health professional at a Veterans Administration facility or office	0	0
e.	A general medical doctor, nurse, or physician's assistant at a Veterans Administration facility or office	0	0
f.	A mental health professional at a civilian facility or office, outside any care you received from the military health system (e.g., care you paid for out of pocket or via civilian health insurance)	0	0
g.	A general medical doctor, nurse, or physician's assistant at a civilian facility or office, outside any care you received from the military health system (e.g., care you paid for out of pocket or via civilian health insurance)	0	0

Q1.1. Did you at any time in the <u>past 12 months</u> (including currently) receive psychological or spiritual counseling from any of the following providers for problems with stress, emotions, behavior, family problems, or problems with alcohol or drugs?

DEFINITION: A "self-help or support group" is a group for people with emotional, family, or substance problems that is run by the people themselves without a mental health professional running the group.

		Yes	No	
a.	A military chaplain			
b.	A self-help or support group at a military facility or otherwise associated with the military (See the definition of "self-help or support group" above.)	0	0	
c.	A civilian minister, priest, rabbi or other spiritual advisor	0	0	
d.	A civilian self-help or support group	0	0	

[Programmer: Please format Q1.1 grid with correct shading. First row should be shaded and following rows should alternate shading.]

CKPT.Q2.

- 1. IF ALL IN Q1a-q SERIES AND ALL IN Q1.1a-d SERIES = "NO," GO TO Q9.
- 2. IF Q1a, Q1d, OR Q1f = "YES," GO TO Q2.
- 3. ALL OTHERS GO TO CKPT.Q3.

Q2.	a cou	reported seeing a mental health professional (IF SUM OF Q1a, Q1d, AND Q1f = 2: in uple of different settings/IF SUM OF Q1a, Q1d, AND Q1f = 3: in several different ngs).
	Q1d, 1: th men	ne past 12 months, about how many visits or treatment sessions (IF SUM OF Q1a, AND Q1f = 2 OR MORE: in total) did you have with (IF SUM OF Q1a, Q1d, AND Q1f = is mental health professional/IF SUM OF Q1a, Q1d, AND Q1f = 2: either of these tal health professionals/IF SUM OF Q1a, Q1d, AND Q1f = 3: any of these mental th professionals)?
	0	1 visit
	0	2
	0	3
	0	
	0	
	0	
	0	7
	0	
	0	10
	0	11
	0	12 or more visits
	O	
Q2.1.	healt profe this healt	you still in treatment (IF SUM OF Q1a, Q1d, AND Q1f = 2: with either of these mental th professionals /IF SUM OF Q1a, Q1d, AND Q1f = 3: with any of these mental health essionals) or have you stopped treatment with (IF SUM OF Q1a, Q1d, AND Q1f = 1: mental health professional/IF SUM OF Q1a, Q1d, AND Q1f = 2: both of these mental th professionals/IF SUM OF Q1a, Q1d, AND Q1f = 3: all of these mental health essionals)?
	O St	till in treatment
	O St	copped treatment
СКРТ.	1. IF	F Q1b, Q1c, Q1e, OR Q1g = "YES," GO TO Q3. LL OTHERS GO TO CKPT.Q4.

Q3.	phys diffe	(IF Q1a, Q1d, OR Q1f = YES: also) reported seeing a general medical doctor, nurse, sician's assistant, or medic (IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 2: in a couple of erent settings/IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 3 OR MORE: in several different lngs) for psychological or substance problems.
	Q1c, AND prov	ne past 12 months, about how many visits or treatment sessions (IF SUM OF Q1b, Q1e, AND Q1g = 2 OR MORE: in total) did you have with (IF SUM OF Q1b, Q1c, Q1e, Q1g = 1: this provider/IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 2: either of these iders/IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 3 OR MORE: any of these providers) for e problems?
	0	1 visit
	0	
	0	
	0	
	_	5
	0	
	_	7
	0	8
	_	9
	_	10
	0	11
	0	12 or more visits
Q3.1.	prov prov this	you still in treatment (IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 2: with <u>either</u> of these riders/IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 3 OR MORE: with <u>any</u> of these riders) or have you stopped treatment with (IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 1: provider/IF SUM OF Q1b, Q1c, Q1e, AND Q1g = 2: <u>both</u> of these providers/IF SUM Q1b, Q1c, Q1e, AND Q1g = 3 OR MORE: <u>all</u> of these providers)?
	O St	till in treatment
	\circ _{St}	topped treatment

- CKPT.Q4.

 1. IF Q1.1a OR Q1.1c = "YES," GO TO Q4.
 2. ALL OTHERS GO TO CKPT.Q5.

Q4.	You (IF Q1a, Q1d, Q1f, Q1b, Q1c, Q1e, OR Q1g = "YES": also) reported seeing a chaplain or civilian spiritual advisor for psychological or substance problems.
	In the past 12 months, about how many counseling sessions did you have with (IF SUM OF Q1.1a AND Q1.1c = 1: this person/IF SUM OF Q1.1a AND Q1.1c= 2: a chaplain or spiritual advisor) for these problems?
	 1 session 2 3 4 5 6 7 8 9 10 11 12 or more sessions
Q4.1.	Are you still in counseling with either a chaplain or spiritual advisor or have you stopped your counseling sessions?
	Still in counselingStopped counseling
СКРТ.	Q5. 1. IF Q1.1b OR Q1.1d = "YES," GO TO Q5. 2. ALL OTHERS GO TO Q5.2.
Q5.	You (IF Q1a, Q1d, Q1f, Q1b, Q1c, Q1e, Q1g, Q1.1a, OR Q1.1c = "YES": also) reported going to (IF SUM OF Q1.1b AND Q1.1d = 1: a self-help or support group/IF SUM OF Q1.1b AND Q1.1d = 2: self-help or support groups).
	In the past 12 months, about how many self-help or support group meetings did you attend?
	 1 meeting 2 3 4 5 6 7 8 9 10 11 12 or more meetings
Q5.1.	Are you still attending these meetings or have you stopped? O Still attending O Stopped attending

	military treatment	_	_	_	_					
c.	Civilian treatment is more convenient than military treatment (e.g., in terms of location or times of appointments)	0	0	Ο	0					
CKI	 IF (Q2.1 OR Q3.1 = "STILL IN TREATMENT") OR (IF Q4.1 = "STILL IN COUNSELING") OR (IF Q5.1 = "STILL ATTENDING"), GO TO R1 (UNIT EXPERIENCES). ALL OTHERS GO TO Q8. 									
	3	Very important	Somewhat important	Not very important	Not at all important					
a.	You didn't need help anymore or the problem got better.	0	0	0	0					
b.	The treatment did not work.	0	\circ	0	0					
c.	You wanted to handle the problem on your own.	0	0	0	0					
d.	You talked to friends or relatives instead.	0	0	0	0					
e.	You had problems with time, transportation, or scheduling.	0	0	0	0					
f.	Treatment cost too much money.	0	0	0	0					
g.	You were embarrassed.	0	0	0	0					
h.	You worried it might harm your career, your unit leadership might treat you differently, or you would be seen as weak.	0	0	0	0					
i.	Some other reason	0	0	0	0					

Q5.2. Which did you receive from all of your providers for these problems in the past 12

Who (IF (Q2.1 OR Q3.1 = "STILL IN TREATMENT,") OR (IF Q4.1 = "STILL IN

COUNSELING") OR (IF Q5.1="STILL ATTENDING"): knows you are/IF (Q2.1 AND Q3.1 = "STOPPED TREATMENT) AND (Q4.1 = "STOPPED COUNSELING") AND (Q5.1 = "STOPPED

Some Soldiers prefer to get treatment for emotional or substance problems from civilian rather than military providers. In considering alternative sources of treatment, how

important

0

 \bigcirc

Somewhat

important

0

 \bigcirc

months?

 \circ

Q6.

Q7.

O Medication

Counseling

a. One or more of your unit leaders

b. One or more other Soldiers in your unit

One or more members of your family

a. Your unit leaders would be less likely to find out if

you got civilian treatment than military treatment
b. You think civilian treatment is of higher quality than

Both medication and counseling

ATTENDING"): knew you were) in treatment?

The Army (i.e., through payment records or medical records)

important would each of the following reasons be to you?

Yes

0

0

0

 \bigcirc

Not very

important

0

 \bigcirc

No

0

0

0

Not at all

important

0

 \bigcirc

	emotions, nerves, mental health, behavior, ○ Yes ○ No		ice use?		
Q1 :	 How important was each of the following r treatment or joining a self-help or support 				ing or
		Very important	Somewhat important	Not very important	Not at all important
a.	The problem was not serious or got better.	0	0	0	0
b.	You talked to friends or relatives instead.	0	0	0	0
c.	You did not think treatment would help.	0	0	0	0
d.	You wanted to handle the problem on your own.	0	0	0	0
e.	You wanted to get treatment that the Army would not know about, but you could not find or afford a civilian treatment provider.	0	0	0	0
f.	You had problems with time, transportation, or scheduling.	0	0	0	0
g.	Treatment cost too much money.	0	0	0	0
h.	You were unsure where to go or who to see.	\circ	0	0	0
i.	You could not get an appointment.	0	0	0	0
j.	You were embarrassed.	0	0	0	0
k.	You worried it might harm your career, your unit leadership might treat you differently, or you would be seen as weak.	0	0	0	0
I.	Your leaders discouraged you from getting treatment.	\circ	0	0	0
m.	Some other reason	0	0	0	0
Q1:	Would you have been more likely to get tree or for free without the Army knowing aboutYesNo		you could ha	ve gotten it	at low cost

Did you <u>ever in your life</u> receive medication, psychological counseling, or spiritual

Q10. Was there a time in the <u>past 12 months</u> when you thought you might need to see a professional or go to a self-help or support group because of problems with your

counseling for problems with stress, emotions, behavior, family problems, or problems

Q9.

with alcohol or drugs?

O Yes

SECTION R: UNIT EXPERIENCES AND COHESION

The next questions are about your unit.

O Less than 1 month

O 1

How many months have you been with your current unit?

R1.

R2.	 2 3 4-6 7-9 10-12 13 or more months Some members of your unit are not ablesick leave, on some other type of leave training, or are away for other reasons, would you have been unavailable to do joined the unit less than 3 months ago unavailable since you joined the unit. 0 days 1-2 	or TDY, ar About how this surve	e detailed w many d y for any	l or detache ays in the p of these re	ed, are aw past 3 mon asons? If y	ay for <u>ths</u> ou
R3.	 3-5 6-10 11-15 16-20 21-30 31 or more days 					
	○ Yes○ No					
R4.	How much do you agree or disagree wit	th each of	these sta	tements? Neither		
		Strongly agree	Agree	agree nor disagree	Disagree	Strongly disagree
a.	I can rely on other members of my unit for help if I need it.	0	0	0	0	0
b.	I can open up and talk to my first line leaders if I need help.	0	0	0	0	0
c.	I respect the Non-Commissioned Officers in my unit.	0	0	0	0	0
d.	I respect the Officers in my unit.	0	0	0	0	0
e.	My leaders take a personal interest in the well- being of all the Soldiers in my unit.	0	0	0	0	0

R5.	R5. How often does each of the following things happen in your unit?						
			Very often	Often	Sometimes	Rarely	Never
a.	Leaders Soldiers	s embarrass Soldiers in front of other s	0	0	0	0	0
b.	Leaders	s show favoritism to certain members unit	0	0	0	0	0
c.		s exhibit clear thinking and reasonable under stress	0	0	0	0	0
d.	Leaders Soldiers	s show concern about the safety of s	0	0	0	0	0
R6.	Hov	v successful do you feel at balan	icing your wor	k and you	r family life?		
	0	Very successful					
	0	Somewhat successful Somewhat unsuccessful Very unsuccessful					
R7.	Hov	v much do you feel you are discr	iminated agai	nst on you	r job because	e of	
			A lot	Som		. No	t at all
a.	your ph	ysical appearance?	0	0	0		0
b.	,	•	0	0	0		0
C.	sexualit		0	0	0		0
d.		ing else (e.g., your age, gender, hnicity)?	0	0	0		0
R8.	Hov	v much do you feel that others r	espect the wo	rk you do d	on your job?		
	0	A lot					
	0	Some					
	0	A little					
	0	Not at all					
R9.		v strongly do you agree or disag ards that I get from my job are				general,	the
	0	Strongly agree					
	0	Agree					
	0	Neither agree nor disagree					
	0	Disagree					
	O	Strongly disagree					
R10). Hov	wwould you rate your morale?					
	0	Very high					
	0	High					
	0	Medium					
	0	Low					
	O	Very low					

SECTION S: OWNERSHIP OF WEAPONS

S1.	The next questions are about your ownership of guns.
	How many guns in working condition do you have in your home (house, apartmen barracks), including handguns, rifles, and shotguns?
	O guns
	O 1
	O 2
	O 3
	O 4-5
	O 6-10
	O 11 or more guns
S2.	Not counting times you are on duty, how often do you carry a gun with you (or in your vehicle) when you're out in your neighborhood (e.g., going for a walk or to the grocery store)?
	O All or almost all the time
	O Most of the time
	O Some of the time
	O A little of the time
	O None of the time
S3.	Not counting times you are on duty, how often do you carry some other weapon such as a knife, club, or mace with you (or in your vehicle) when you're out in your neighborhood (e.g., going for a walk or to the grocery store)?
	O All or almost all the time
	O Most of the time
	O Some of the time
	O A little of the time
	O None of the time

SECTION T: SOCIAL NETWORKS

T1.	The next questions are about your personal relationships.
	What is your marital status?
	O Married
	O Never married ———— GO TO T4
	○ Divorced — → GO TO T3
	○ Separated → GO TO T3
	○ Widowed GO TO T3
T2.	How long have you been married?
	O 0-6 months
	O 7-12 months
	O 13-24 months
	O 2-3 years
	O 4-5 years
	O 6-10 years
	O 11 or more years
GO T	O T8a
тз.	How long (IF T1 = DIVORCED: have you been divorced/IF T1 = SEPARATED: have you
	been separated/IF T1 = WIDOWED: ago did your spouse die)?
	O 0-6 months
	O 7-12 months
	O 13-24 months
	O 2-3 years
	O 4-5 years
	O 6-10 years
	O 11 or more years
T4.	Are you currently living with someone in a marriage-like relationship?
	O Yes
	O No → GO TO T6
T5.	Are you engaged to be married?
	O Yes
	O No
GO T	О Т7
T6.	Which of the following best describes your current dating situation?
	O Engaged to be married
	Steadily dating one person, but not engaged
	O Dating one or more people, but not in one steady relationship GO TO T10
	O Not currently dating GO TO T10
	, •

T7.	How long have you been in a steady relationship with this person?
	 0-6 months 7-12 months 13-24 months 2-3 years 4-5 years 6-10 years
	O 11 or more years
T8a.	How often do you discuss or have you considered (IF T1 = MARRRIED: divorce or separation/ ALL OTHERS: separation or terminating your relationship)?
	 All the time Most of the time More often than not Occasionally Rarely Never
T8b.	In general, how often do you think that things between you and your partner are going well?
	 All the time Most of the time More often than not Occasionally Rarely Never
T8c.	How often do you confide in your partner?
	 All the time Most of the time More often than not Occasionally Rarely Never
Т9.	Which of these responses best describes how happy you are, all things considered, in your relationship? The average response "happy" is the score of most couples.
	 Perfect Extremely happy Very happy Happy A little unhappy Fairly unhappy Extremely unhappy

INTRO.T9.1.

Couples handle disagreements in many different ways.	Sometimes couples do the following
things during a disagreement:	

- Yell, insult, or swear
 Sulk or refuse to talk
 Say or do something to purposely make them angry or upset

• 1	Throw, smash, or kick something
	When you and your partner have a disagreement, how often do you do any of the things on this list to your partner?
○ R	Often Gometimes Rarely Never
T9.2. H	How often does your partner do any of the things on this list to you?
O R	Often Gometimes Rarely Never
[Progran	mmer: Show INTRO.T9.1, T9.1 and T9.2 on the same screen.]
	9.2. F T9.1 AND T9.2 = "NEVER," GO TO T10. ALL OTHERS GO TO T9.3.
	How many days out of the past 30 did either you or your partner do any of the things on this list to each other?
13611	3-5
[Progran	mmer: Show INTRO.T9.1, and T9.3 on the same screen.]

	have who are in each of the following age ranges?						
		0	1	2	3	4	5 or more
a. B	etween the ages of 0 and 5	Ö	Ö	Ó	Ö	Ō	
	etween the ages of 6 and 12	0	0	0	0	0	0
	3 or older	0	0	0	0	0	0
T11.	How many step-children or adopted children do you age ranges?	u have v	who are	e in ea	ch of tl	ne foll	owing
	age ranges:						5 or
		0	1	2	3	4	more
a. B	etween the ages of 0 and 5	0	0	0	0	0	0
	etween the ages of 6 and 12	0	0	0	0	0	0
c. 1	3 or older	0	0	0	0	0	0
T12.	The next questions are for research purposes only many people have you had sexual intercourse with estimate is fine if you cannot remember the exact number the	h in the					
		Jei.)					
	ENTER Number of Sexual Partners						
CKPT	. T13. . IF T12 IS GREATER THAN 1, GO TO T13.						
	. IF T12 IS GREATER THAN 1, GO TO T13. . IF T12 = 1, GO TO T14.						
	ALL OTHERS GO TO U1 (SPIRITUALITY).						
T13.	How many of these were women? (Your best estimate number.)	ate is find	e if you	cannot	remen	nber th	e exact
	ENTER Number of Female Sexual Partners						
T13.1	How many of these were men? (Your best estimate number.)	is fine if	you car	nnot rer	membe	r the e	xact
	ENTER Number of Male Sexual Partners						
[Progr	ammer: Show T13 and T13.1 on the same screen.]						
GO TO	OU1 (SPIRTUALITY)						
T14.	Was this a woman or a man?						
	○ Woman						
	○ Man						
GO TO	O U1 (SPIRTUALITY)						
,	· · · · · · · · · · · · · · · · · · ·						

T10. How many biological children (do not count step-children or adopted children) do you

SECTION U: SPIRITUALITY

U1.	The next questions are about religion.				
	What is your religious preference? (Mark a	ll that app	oly.)		
	O Baptist (American Baptist, Southern Baptist, oth	ner Baptist)			
	○ Catholic				
	○ Episcopal				
	O Lutheran (American, Wisconsin Evangelical, other	er Lutheran	1)		
	 Methodist (African Methodist, United Methodist, 	other Meth	odist)		
	Mormon				
	O Presbyterian (United Presbyterian, other Presby	terian)			
	Other Christian	•			
	O Buddhist				
	○ Hindu				
	○ Jewish				
	() Muslim				
	Other religion				
	No religious preference				
	Agnostic or Atheist				
	O Agriostic of Acress				
U2.	About how often do you usually attend re	ligious se	ervices when yo	ou can?	
	More than once a week				
	About once a week				
	2-3 times a month				
	Once a month				
	O Less than once a month				
	O Never				
U3.	How religious (your faith in a higher power	er or prac	tice of religiou	s beliefs) o	r spiritual
	(your value of the spiritual aspect of life)				•
		Very	Moderately	Slightly	Not at all
a.	How <u>religious</u> do you consider yourself to be?	0	0	0	0
b.	How spiritual do you consider yourself to be?	0	0	0	0
U4.	Do you see yourself as any of the followin	g?			
				Ye	es No
a.	Born-again				
b.	Filled with the Spirit) 0
c.	Fundamentalist				0
d.	Evangelical) 0
e.	Part of the Charismatic Movement				0

SECTION V: HOW YOU SEE YOURSELF

V1. The next questions are about how you see yourself.

How well does each of the following statements describe you?

	Exactly like me	A lot like me	Somewhat like me	A little like me	Not at all like me
a. I become very upset when I think someone I really care about is going to leave me.	0	0	0	0	0
 My relationships with people I really care about have lots of extreme ups and downs. 	0	0	0	0	0
 There have been lots of sudden changes in my goals career plans, religious beliefs, or other important aspects of my life. 	· 0	0	0	0	0
d. I often feel empty inside.	0	0	0	0	0
e. When I am under a lot of stress, I get suspicious of other people or feel really spaced out.	0	0	0	0	0
 I have done things that are against the law like stealing, using or selling drugs, or writing bad checks 	S. O	0	0	0	0
g. I often have to lie to get what I want.	0	0	0	0	0
h. I sometimes hit other people so hard that they get bruises or have to see a doctor.	0	0	0	0	0
 I sometimes do things that might indirectly harm other people, like driving when I am drunk/high or n using protection when having sex with someone I don't know well. 	ot	0	0	0	0
 I believe that I have been justified in doing some things other people might see as wrong. 	0	0	0	0	0

SECTION	w-	VOLIR	CHTL	DHOOD
SECITOIA	VV .	IOUN	CITE	שטטווט.

M/1	Tho	lact	auactions	250 2h	Sout W	مین ما	aildhaad
Wl.	ıne	ıast	auestions	are an	out v	our ci	niianooa.

		0	1	2	3	4	5	6 or more
a.	How many brothers and sisters did you have when you were growing up? (Include half- and step- siblings.)	0	0	0	0	0	0	0
b.	How many of your siblings were older than you?	0	0	0	0	0	0	0
c.	How many of your siblings were younger than you?	0	0	0	0	0	0	0

a.	were growing up? (Include half- and step- siblings.)	0	0	0	0	0	0	0
b.	How many of your siblings were older than you?	0	0	0	0	0	0	0
c.	How many of your siblings were younger than you?	0	0	0	0	0	0	0
W2	. Are you a twin, triplet, or quadruplet?							
	Yes, a twinYes, a tripletYes, a quadrupletNo							
wз	. What was the highest level of education of y	our pa	rents (or the	people	e who i	raised	you)?
	O No education							
	Some elementary school							
	O Graduated elementary school							
	O Some high school							
	Oraduated high school (or GED)							
	Some post high school education without a 4-year	college d	legree					
	4-year college graduate (BA, BS, or equivalent)							
	O Post-graduate education beyond a 4-year college of	degree						
W4	. Were you born in the US?							
	○ Yes — GO TO W6							
	O No							
W5	. How old were you when you first moved to	the US?	•					
	Less than 5 years5							

67 0 8 O 9-10 O 11-12

O 13-14

O 15-16

○ 17 years or older

W6.	How many of your parents were born in the US?
	○ Neither
	One
	O Both
[END	SURVEY – THANK PARTICIPANT FOR PARTICIPATION]