Army STARRS PPDS Time 2 (T2) 2 Months Post Deployment

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SECTION A: ARMY CAREER INTENTIONS

A0.	First, when did you return from your most recent deployment in Afghanistan?
	MONTH / DAY / YEAR (2012, 2013)
	PROGRAMMER: USE DROPDOWNS FOR MONTH, DAY, YEAR; LIMITING YEAR TO 2012 AND 2013
A0.1.	What is your primary component? O Regular Army O Army Reserve O Army National Guard
СКРТ.	A1.
	 IF A0.1="Regular Army," GO TO A1. ALL OTHERS GO TO NEXT SECTION.
A1.	Please tell us about your Army career.
	When does your current Army obligation end?
	O In the next 3 months
	4 – 6 months from now
	7 – 12 months from now More than 12 months from now
	O More than 12 months from now
A1.1.	Which of the following statements do you think best describes the situation of your Army career after your current obligation?
	The Army will definitely give you the option to stay in the Army until retirement (or maybe even after retirement).
	The Army will probably give you the option to stay in the Army until retirement. The Army will definitely give you the option to stay in the Army beyond your current obligation, but not
	The Army will probably give you the option to stay in the Army beyond your current obligation, but not
	necessarily until retirement. The Army might or might not retain you beyond your current obligation.
	The Army will probably not retain you after your current obligation.
	The Army will definitely not retain you after your current obligation.
A1.2.	If you had your choice (that is, if the Army gave you the option to stay), which of the following statements best describes your career intentions for staying in the Regular Army? (Do not count a transition to the Army Reserve or Army National Guard as staying in the Regular Army.)
	O You would definitely stay in the Regular Army until retirement (or maybe even after retirement).
	You would probably stay in the Regular Army until retirement.
	You would definitely stay in the Regular Army beyond your current obligation, but not necessarily until retirement.
	You would probably stay in the Regular Army beyond your current obligation, but not necessarily until retirement.
	You might or might not stay in the Regular Army beyond your current obligation.
	You would probably leave the Regular Army after your current obligation.
	You would definitely leave the Regular Army after your current obligation. You would definitely leave the Regular Army even before your current obligation if it did not harm your
	record or reduce your benefits.

CKPT.A2.

- 1. IF A1=LESS THAN "MORE THAN 12 MONTHS FROM NOW" AND (A1.1 = ANY OF THE LAST 3 CATEGORIES OR A1.2 = ANY OF THE LAST 4 CATEGORIES), GO TO A2.
- 2. ALL OTHERS GO TO NEXT SECTION.

A2. Think about the possibility of transferring the skills you learned in the Army to the civilian world once you leave the Army. How much would you say your Army experiences have helped you in each of the following ways?

	Extremely	A lot	Some	A little	Not at all
 Taught you skills that could help you get a good civilian job 	0	0	0	0	0
b. Made you better able to handle stresses that you may face in the future	0	0	0	0	0
c. Taught you how to work together with other people	0	0	0	0	0
d. Gave you self-confidence	0	0	0	0	0
e. Helped you grow and mature as a person	0	0	0	0	0

A3. How much planning have you done in each of the following areas to prepare for the possibility of going back to civilian life?

	Haven't given it much thought	Started to think about it, no firm plan yet	Been working on it, but no firm plan yet	You have a firm plan
a. Plans for where to live	0	0	0	0
b. Plans for a job	0	0	0	0
c. Plans for going to school	0	0	0	0
d. Plans for health care	0	0	0	0

A4.	Have vou	participated in	the ACAP	(military	transition	assistance)	program?

0	Yes			
\bigcirc	No	\longrightarrow	GOT	O A4.2

A4.1. How helpful has ACAP been to you?

0	Very helpful
0	Somewhat helpful
0	Not very helpful
\bigcirc	Not at all helpful

A4.	If the ACAP program was expanded following activities if they were offer					each of the
		Definitely would participate	Probably would participate	Maybe would participate	Probably would not participate	Definitely would not participate
a.	A one-time one-hour job search seminar	0	0	0	0	0
b.	A 10-week two-hour/week certificate program that gave you job skills training	0	0	0	0	0
c.	A four-hour seminar that helped you fill out forms to apply for VA health benefits	0	0	0	0	0
d.	A two-hour seminar on financial planning	0	0	0	0	0
e.	A 5-week two-hour/week seminar on how to manage your household finances	0	0	0	0	0
f.	A one-time two-hour seminar on dealing with the stresses of leaving the Army	0	0	0	0	0
A5.	Where will you (IF A3a DOES NOT E you leave the Army?	QUAL "YOL	J HAVE A FI	RM PLAN"	: probably)	live after
	Your hometownSomeplace elseNot sure					
A6.	Who will you (IF A3a DOES NOT EQUafter you leave the Army? (Mark all t		IAVE A FIR	M PLAN": p	robably) li	ve with
	 Alone Your husband/wife/partner Your kids Friends/roommates Your parents Your in-laws Some other family members 					
A7.	How important (IF A3a DOES NOT E of the following will be / IF A3a EQI following) in your decision about wi	JALS "YOU	HAVE A FII	RM PLAN":	were each	
		Most important	Very important	Somewhat important	Not very important	Not at all important
a.	Close to family/friends	0	0	0	0	0
b.	Location of a job	0	0	0	0	0
c.	Location of a school	0	0	0	0	0

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0

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0

d. Good labor market

Nice place to live

g. Close to a VA hospital

e. Good weather

f.

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A8.	Do you already have a job lined up that w	ill be waiting	g for you onc	e you leave	the Army?
	Yes, a definite job				
	○ Yes, but the offer is not yet firm○ No → GO TO A11				
ΛQ	1. Which of the following statements best de	ecribes that	ioh?		
AU.	_		_	CO TO 40 3	
	It is in an occupation that is appropriate for you		•		
	It is in an occupation <u>slightly</u> below your skills a				
	O It is in an occupation <u>quite a bit</u> below your skill	ls and abilities	→ GO TO	O A8.3	
A8.	How important were each of the following job?	j considerati	ons in your d	lecision to t	ake this
		Very important	Somewhat important	Not very important	Not at all important
a.	It offers you opportunities for on-the-job training	0	0	0	0
b.	It's a good entry position in a company or industry where you can advance	0	0	0	0
c.	It's in an area of the country where you want to locate	0	0	0	0
d.	It will help pay the bills while you're going to school	0	0	0	0
GO.	TO A9				
GO					
	TO A9				
	TO A9				
A8.	3. How important were each of the following	g considerati	ons in your d	lecision to t	ake this
A8.			ons in your o		ake this
	3. How important were each of the following job?	g consideration Very important	-	lecision to to Not very important	
	3. How important were each of the following	Very	Somewhat	Not very	Not at all
a.	3. How important were each of the following job? You don't have the certifications needed to be hired	Very important	Somewhat important	Not very important	Not at all important
a. b.	3. How important were each of the following job?You don't have the certifications needed to be hired to do things you're able to do	Very important	Somewhat important	Not very important	Not at all important
a. b. c.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy	Very important	Somewhat important	Not very important	Not at all important
a. b. c. d.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry	Very important	Somewhat important	Not very important	Not at all important
a. b. c. d.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to	Very important O O O	Somewhat important O O O	Not very important O O O O	Not at all important
a.b.c.d.e.f.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a	Very important O O O O O	Somewhat important O O O O	Not very important O O O O	Not at all important O O O O O
a. b. c. d. f.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O
a. b. c. d. f.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job It will help pay the bills while you're going to school You're going to take the job only if nothing better comes up	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O
a.b.c.d.e.f.g.h.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job It will help pay the bills while you're going to school You're going to take the job only if nothing better comes up	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O
a.b.c.d.e.f.g.h.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job It will help pay the bills while you're going to school You're going to take the job only if nothing better comes up How would you rate the salary and benefit	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O
a.b.c.d.e.f.g.h.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job It will help pay the bills while you're going to school You're going to take the job only if nothing better comes up How would you rate the salary and benefit	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O
a.b.c.d.e.f.g.h.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job It will help pay the bills while you're going to school You're going to take the job only if nothing better comes up How would you rate the salary and benefit Excellent Very good	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O
a.b.c.d.e.f.g.h.	3. How important were each of the following job? You don't have the certifications needed to be hired to do things you're able to do It's the best job you could get in the bad economy It offers you opportunities for on-the-job training It's a good entry position in a company or industry where you can advance It's in an area of the country where you want to locate It will help pay the bills while you're looking for a better job It will help pay the bills while you're going to school You're going to take the job only if nothing better comes up How would you rate the salary and benefit Excellent Very good Good	Very important O O O O O O O O O O O O O O O O O O	Somewhat important O O O O O O O O O O O O O O O O O O	Not very important O O O O O O O O O O O O O O O O O O	Not at all important O O O O O O O O O O O O O O O O O O

A8.

A10.	Is this job in the same occupation or using the same skills as you do in the Army?
	○ Same occupation
	O Not the same occupation, but using many of the same skills
	O Not the same occupation, but using some of the same skills
	O Not using the same skills as in the Army
ALL G	60 TO A14
A11.	Do you think you will you try to get a job when you leave the Army? Or will you go to school? Or retire?
	O You will try to get a job
	O You will go to school, but probably will also get a job to help pay the bills while in school
	You will go to school and probably will not have a job while in school → GO TO A14
	○ You will retire ────────────────────────────────────
A11.1	. How hard do you think it will be to get a good job after you leave the Army?
	O Very difficult
	○ Somewhat difficult
	O Not very difficult
	O Not at all difficult
A12.	Which of the following kinds of jobs do you think you're most likely to get?
	A job in an occupation that is appropriate for your skills and abilities
	A job in an occupation slightly below your skills and abilities
	A job in an occupation <u>quite a bit</u> below your skills and abilities
A13.	How good do you think your salary and benefits will be on that job?
	○ Excellent
	O Very good
	○ Good
	O Not very good
	O Bad
A14.	What other types of financial resources will you have to live on when you leave the Army? (Mark all that apply.)
	O Your own savings
	Financial support from your spouse/partner
	O Financial support from your parents, in-laws, or other family members
	O Army retirement benefits
	GI Bill benefits while you're going to school
	O Any other scholarship while you're going to school
	O Unemployment benefits

A15.	What kind or kinds of health care coverage will you probably have when you leave the Army? (Mark all that apply.)
	○ TRICARE
	○ VA benefits
	 Insurance through your new employer Insurance through your spouse's employer Insurance or other coverage through your school Insurance through a parent's insurance Other insurance that you pay for yourself Medicaid None
СКРТ	.A16. 1. IF A11= "YOU WILL GO TO SCHOOL, BUT PROBABLY WILL GET A JOB TO HELP PAY THE BILLS WHILE IN SCHOOL" OR "YOU WILL GO TO SCHOOL AND PROBABLY WILL NOT HAVE A JOB WHILE IN SCHOOL," GO TO A17. 2. ALL OTHERS GO TO A16.
A16.	Do you have plans to go back to school or get any additional training after you leave the Army?
	○ Yes, definite plans
	○ Thinking about it, but not sure yet ○ No ———————————————————————————————————
A17.	(IF A11 = "YOU WILL GO TO SCHOOL" OR A16 = "YES, DEFINITE PLANS": Will you use any military benefits to help pay for your schooling after you leave the Army? / IF A16 = "THINKING ABOUT IT, BUT NOT SURE YET": Will you use any military benefits to help pay for additional schooling if you decide to go back to school after leaving the Army?)
	○ Yes
	○ No
A18.	What type of additional schooling (IF A11 = "YOU WILL GO TO SCHOOL" OR A16 = "YES, DEFINITE PLANS": are you going to get? / IF A16 = "THINKING ABOUT IT, BUT NOT SURE YET": would you get if you decided to go back to school?) (Mark all that apply.)
	○ Technical school
	O Licensure for an occupation (e.g., paramedic, electrician)
	O Two-year community college degree
	College bachelor's degreeAdvanced college degree (e.g., MA, MSW, MBA, PhD)
A19.	During your time in the Army have you gotten any certifications or educational degrees that will improve your career prospects after you leave the Army?
	○ Yes○ No
A20.	Are you working on any certifications or educational degrees right now to prepare for a career after you leave the Army?
	○ Yes ○ No

CKPT.A21.

- 1. IF A19 = "YES" OR A20 = "YES," GO TO A21.
- 2. ALL OTHERS GO NEXT SECTION.
- A21. What kinds of certificates or degrees (IF A19 = "YES" AND A20 DOES NOT EQUAL "YES": did you get? / IF A19 = "YES" AND A20 = "YES": did you get or are you working on? / IF A19 DOES NOT EQUAL "YES" AND A20 = "YES": are you working on?) (Mark all that apply.)

0	Technical school
\circ	Licensure for an occupation (e.g., paramedic, electrician)
\circ	Two-year community college degree
\circ	College bachelor's degree
\circ	Advanced college degree (e.g., MA, MSW, MBA, PhD)

SECTION B: HEALTH PROBLEMS DURING YOUR RECENT DEPLOYMENT

Many questions in the rest of the survey will ask about the time during your most recent deployment in Afghanistan. When we ask about the time during your most recent deployment, we will say: "during your recent deployment."

Other questions will ask about the time since you returned from your most recent deployment until today. In those cases, we will say: "since you returned from your recent deployment," or "since you returned."

B1. The next questions are about sleep during your recent deployment.

_	<u>ing your recent deployment</u> , about how many hours of sleep did you get in a typica nour period?
0	Less than 3 hours
0	3 hours

O 4 hours
O 5 hours

O 6 hours

O 7 hours

O 8 or more hours

B2. How often did you have each of the following sleep problems during your recent deployment?

	deployments	Every or nearly	3-4 nights	1-2 nights	Less than one night	
		every night	a week	a week	a week	Never
a.	Taking more than 30 minutes to fall asleep at night	0	0	0	0	0
b.	Waking up three or more times during a single night (Either with or without provocation, like an explosion)	0	0	0	0	0
c.	Waking up at night and taking more than 30 minutes to get back to sleep	0	0	0	0	0
d.	Waking up more than 30 minutes too early in the morning	0	0	0	0	0
e.	Feeling tired or unrested in the morning, even after a full night's sleep	0	0	0	0	0

CKPT.B3.

- 1. IF 1 OR MORE IN B2a-e SERIES = AT LEAST "3-4 NIGHTS A WEEK," GO TO B3.
- 2. ALL OTHERS GO TO NEXT SECTION.

B3. How much did your sleep problems interfere with your daytime functioning in each of the following ways during your recent deployment?

	Extremely	A lot	Some	A little	Not at all
a. Daytime fatigue, sleepiness, or low motivation	0	0	0	0	0
b. Headaches, upset stomach, diarrhea, or constipation	0	0	0	0	0
c. Moodiness (irritability, nerves, worry, or depression)	0	0	0	0	0
d. Reduced performance at work or school	0	0	0	0	0
e. Accident-proneness	0	0	0	0	0

SECTION C: HEALTH PROBLEMS IN THE PAST 30 DAYS

C1.1. The next questions are about health problems you might have had in the past 30 days.

How often in the past 30 days did you have each of the following problems?

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. Balance problems	0	0	0	0	0
b. Ringing in the ears	0	0	0	0	0
c. Changes in your sense of taste or smell	0	0	0	0	0
d. Sensitivity to noise	0	0	0	0	0
e. Sensitivity to light	0	0	0	0	0

C1.2. How often in the past 30 days did you have each of the following problems?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Memory problems	0	0	0	0	0
b.	Irritability	0	0	0	0	0
C.	Difficulty concentrating or your mind going blank	0	0	0	0	0
d.	Sleep problems (getting to sleep, staying asleep, waking too early, sleeping too much)	0	0	0	0	0

C1.3. How often in the past 30 days did you have each of the following health problems?

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
 a. Pain in your back, neck, arms, legs, or joint (knees, hips, etc.) 	cs O	0	0	0	0
b. Headaches	0	0	0	0	0
c. Muscle tension	0	0	0	0	0
d. Dizziness	0	0	0	0	0
e. Fainting spells	0	0	0	0	0

C1.4. How often in the past 30 days did you have each of the following health problems?

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. Feeling tired out or low in energy	0	0	0	0	0
b. Being easily fatigued	0	0	0	0	0
c. Talking or moving more slowly than usual	0	0	0	0	0
d. Feeling restless, tense, wound up, or on edge	0	0	0	0	0
e. Poor appetite or overeating	0	0	0	0	0

[Programmer: C1.1-C1.4 should be on 4 separate screens]

C2.	Using a 0-to-10 scale where 0 means "no interference" and 10 means "very severe
	interference," how much did problems with your physical health, mental health, alcohol use, or drug use interfere with each of the following areas of your life during the past 30
	days?

					Mild		r	Moderat	e		Severe		
		No interference	e					__			__		Very severe interference
			0	1	2	3	4	5	6	7	8	9	10
a.	Your home management (e.g., cleaning, shopping, cooking))	0	0	0	0	0	0	0	0	0	0
b.	The quality of your work on du	ty ()	0	0	0	0	0	0	0	0	0	0
c.	Your social life)	0	0	0	0	0	0	0	0	0	0
d.	Your close personal relationship	os ()	0	0	0	0	0	0	0	0	0	0

C3. How often in the past 30 days did you have each of the following sleep problems?

	Every night	5-6 nights a week	3-4 nights a week	1-2 nights a week	Never
a. Problems getting to sleep that lasted at least 30 minutes	Ō	0	0	0	0
b. Problems staying asleep	0	0	0	0	0
c. Waking at least 30 minutes before you wanted in the morning	0	0	0	0	0
d. Feeling tired even after a full night in bed	0	0	0	0	0

CKPT.C4.

- 1. IF 1 OR MORE ITEMS FROM C3a-d = AT LEAST "3-4 NIGHTS A WEEK," GO TO C4.
- 2. ALL OTHERS GO TO C6.

C4. During the past 30 days, how much did sleep problems interfere with your daytime functioning in each of the following ways?

	Extremely	A lot	Some	A little	Not at all
a. Daytime fatigue, sleepiness, or low motivation	0	0	0	0	0
b. Headaches, upset stomach, diarrhea, or constipation	0	0	0	0	0
c. Moodiness (irritability, nerves, worry, or depression)	0	0	0	0	0
d. Reduced performance at work or school	0	0	0	0	0
e. Accident-proneness	0	0	0	0	0

C5.	During the past 30 days, about how many hours did you typically spend in bed the night
	before a duty day (including time spent watching TV, reading, talking to your partner,
	trying to sleep, and sleeping)?

0	Less than 3 hours
0	3 hours
0	4 hours
0	5 hours
0	6 hours
0	7 hours
\bigcirc	8 or more hours

C6.	Using a s	cale f	rom 0	-to-10	where (0 means	s "no	pain" and	10 mea	dy in the parns "pain as left the past 3	oad as could
	No pain 0	1	2	3	4	5	6	7	8		lld be
	0	0	0	0	0	0	0	0	0	0 0	
CKF	PT.C7. 1. IF C6 2. ALL O				0 ТО С7	' .					
C7.	How ofte days?	n did	you h	ave ead	ch of the				-	ences in the	
						All or all the		Most of the time	Some of the time		None of the time
a.	Pain interfere	d with	your ab	ility to w	ork	0		0	0	0	0
b.	Pain interfere social activities		your re	creationa	ıl or	0		0	0	0	0
b.	You kept thinl pain to end	king ho	w badly	you wa	nted the	0		0	0	0	0
c.	The pain was couldn't go or		ere that	you felt	like you	0		0	0	0	0
d.	You thought to never going to		was te	errible an	d was	0		0	0	0	0
C8.	About ho [Programi screen as	mer: M	1ake C	8 a grid					ve versio	on of it can fit	on the same
	ess than e month	1	2 ○	3))	4 O	5	6	7-9 ○	10-11	12 or more months
C8 (screen								so have the R' n of the quest	
C9.	 It comes and goes It is almost always there and varies quite a bit in severity It is almost always there and varies somewhat in severity It is almost always there and does not vary much in severity 										
CIU	O It has good It have g	gotten o gotten o nge gotten o	quite a a little t a little v	bit bette better, bu	r over tin ut not mu er time, t	ne ich out not m		= :			

	No pain										Pain as ba	
	0	1	2	3	4	5	6	7	8	9	10	Je
	0	0	0	0	0	0	0	0	0	0	0	
C12	days?	n did	you ta	ke eac	h of the	follow	ing subst	ances f	or you	ur pain	in the <u>past</u>	<u>30</u>
				,			Every or nearly every day	3-4 days wee	а	1-2 days a week	Less than one day a week	Didn't use
	Over-the-cour	nter me	edication	ıs (e.g.,	aspirin, N	4otrin)	0	0		0	0	0
b. c.	Alcohol Prescription se	adativo	s (o.a	Ativan \	Valium C	Coconal	0			0	0	0
	Quaalude)						0	0		0	0	0
d.	Prescription pa codeine, fenta		evers (e	.g., Oxy	Contin, V	icodin,	0	0		0	0	0
	Antidepressan		*				0	0		0	0	0
f.	Prescription sl Lunesta, Sona	•	edicatior	ıs (e.g.,	Ambien,		0	0		0	0	0
C1 4	Any other injury that occurred while you were on duty Any other injury that occurred while you were not on duty Any other injury that occurred while you were not on duty A chronic health problem not caused by an injury (e.g., arthritis) An acute health problem not caused by an injury (e.g., an abscessed tooth) C14. Since you returned from your recent deployment, did you have a head, neck, or blast injury that Yes No											
a.	knocked you o	ut for l	less thai	n 30 min	utes?					0		
b.	knocked you o	out for 3	30 minu	tes or m	ore?					0		
c.	didn't knock y	ou out,	but cau	ised you	to be da	zed or "s	see stars"?			0		
d.	perforated you	ır eardı	rum?							0		
e.	caused a lapse	e in me	mory la	sting les	s than 30) minutes	s?			0		
f.	caused a lapse	e in me	mory la:	sting 30	minutes	or more	?			0	C)

C11. Using a scale from 0-to-10 where 0 means "no pain" and 10 means "pain as bad as could be," how severe do you expect your pain to be <u>on average</u> five years from now?

SECTION E: TOBACCO, ALCOHOL, AND DRUGS

Note: No Item E1 in this survey

E2. The next questions are about your use of tobacco, alcohol, and drugs.

How often in the past 30 days did you smoke, drink, or use...

		Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
a.	cigarettes, cigars, pipes, snuff, or smokeless tobacco?	0	0	0	0	0
b.	Spice (e.g., K2, plant food, fake weed)?	0	0	0	0	0
C.	one or more drinks of alcohol (e.g., beer, wine, wine cooler, shot of liquor, mixed drink)?	0	0	0	0	0
d.	5 or more drinks of alcohol on the same day?	0	0	0	0	0
e.	marijuana or hashish?	0	0	0	0	0
f.	any other kind of illegal drug (e.g., cocaine, ecstasy, speed, LSD, poppers)?	0	0	0	0	0
g.	prescription stimulants (e.g., Adderall, amphetamines, diet pills) either without a doctor's prescription or more than prescribed or to get high, buzzed, or numbed out?	0	0	0	0	0
h.	prescription tranquilizers or muscle relaxers (e.g., Ativan, Valium) or sedatives (e.g., Ambien, Quaalude) either without a doctor's prescription or more than prescribed or to get high, buzzed, or numbed out?	0	0	0	0	0
i.	prescription pain relievers (e.g., codeine, OxyContin) either without a doctor's prescription or more than prescribed or to get high, buzzed, or numbed out?	0	0	0	0	Ο

E3. How often in the past 30 days did you use...

	Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
 a. an energy drink (e.g., Red Bull, Rockstar, Five Hour Energy, Monster)? 	0	0	0	0	0
 any other caffeinated drink like coffee, tea, Coke, or some other soda? 	0	0	0	0	0
c. caffeinated gum?	0	0	0	0	0
d. a caffeine pill or energy pill like NoDoz, Energize, or Zoom?	0	0	0	0	0

CKPT.E4.

- 1. IF 3 OR MORE FROM (E2a, E2c, E2d, E3a, E3b, E3c, OR E3d) = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E4.
- 2. If 1-2 FROM (E2a, E2c, E2d, E3a, E3b, E3c, OR E3d) = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO CKPT.E5.1.
- 3. ALL OTHERS GO TO CKPT.E6.

E4.	On the days you used them in the past 30 days, how many of the following substances
	did you smoke, drink, or use per day? (If you didn't use a substance in the past 30 days, mark
	"Didn't use.")

	Didn't use	1-2	3-5	6-10	11-20	21-30	31 or more
a. Cigarettes, cigars, pipes, dips, or chews	0	0	0	0	0	0	0
b. Energy drinks	0	0	0	0	0	0	0
c. Other caffeinated beverages	0	0	0	0	0	0	0
d. Caffeinated gum	0	0	0	0	0	0	0
e. Energy pills	0	0	0	0	0	0	0
f. Alcoholic drinks	0	0	0	0	0	0	0

GO TO CKPT.E6

CKPT.E5.1.

- 1. IF E2a = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E5.1.
- 2. ALL OTHERS GO TO CKPT.E5.2.

E5.1.	On the days you used tobacco products in the past 30 days, about how many cigarettes,
	cigars, pipes, dips or chews did you usually have?

_	, - , ,	•	
0	1-2		
\circ	3-5		
\circ	6-10		
\circ	11-20		
\circ	21-30		
\bigcirc	31 or ı	no	re

CKPT.E5.2.

- 1. IF E3a = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E5.2.
- 2. ALL OTHERS GO TO CKPT.E5.3.

E5.2. On the days you drank energy drinks in the past 30 days, about how many energy drinks did you usually have?

0	1-2
0	3-5
0	6-10
0	11-20
0	21-30
0	31 or more

CKPT.E5.3.

- 1. IF E3b = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E5.3.
- 2. ALL OTHERS GO TO CKPT.E5.4.

	On the days you drank caffeinated drinks like coffee, tea, Coke, or some other soda in ast 30 days, about how many caffeinated drinks did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 21-30
	O 31 or more
СКРТ.	F5 4
	1. IF E3c = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E5.4. 2. ALL OTHERS GO TO CKPT.E5.5.
E5.4.	On the days you used caffeinated gum in the past 30 days, about how many pieces did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 21-30
	O 31 or more
СКРТ.	
	 IF E3d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E5.5. ALL OTHERS GO TO CKPT.E5.6.
E5.5.	On the days you used energy pills in the past 30 days, about how many energy pills did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 21-30
	O 31 or more
СКРТ.	E5.6.
	 IF E2c OR E2d = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E5.6. ALL OTHERS GO TO CKPT.E6.
E5.6.	On the days you drank alcohol in the past 30 days, about how many alcoholic drinks did you usually have?
	O 1-2
	O 3-5
	O 6-10
	O 11-20
	O 21-30
	O 31 or more
	<u> </u>

CKPT.E6.

- 1. IF 1 OR MORE ITEMS IN E2b-i SERIES = AT LEAST "LESS THAN ONE DAY A WEEK," GO TO E6.
- 2. ALL OTHERS GO TO NEXT SECTION.
- E6. How often during the past 30 days did you have any of the following problems because of your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug) use?

	Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
a. How often did your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug)] use interfere with your responsibilities on duty or at home?	0	0	0	0	0
b. How often did your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug)] use cause arguments or other serious problems with your family, friends, neighbors, or members of your unit?	0	0	0	0	0
c. How often were you under the influence of [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drugs/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drugs)] in situations where you could get hurt, like when driving or using a weapon?	0	0	0	0	0
d. How often was your use of [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drugs/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drugs)] out of control?	0	0	0	0	0
e. How often were you arrested or stopped by the police because of (E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never)): drunk driving or drunken behavior? / (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): driving under the influence of alcohol or drugs or because of your behavior while you were drunk or high?/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): driving under the influence of drugs or because of your behavior while you were high?	0	0	0	0	0

E7.	How often during the past 30 days did you have any of the following problems because
	of your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c
	or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c
	AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug) use?

[Programmer: Please format table to match the other grids.]

		Every or nearly every day	3-4 days a week	1-2 days a week	Less than one day a week	Never
a.	How often did the thought of not being able [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): to drink/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): to drink or use drugs/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): to use drugs) make you anxious or worried?	0	0	0	0	0
b.	How often did you worry about your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug)] use?	0	0	0	0	0
C.	How often did you feel the need to cut down or stop your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug)] use?	0	0	0	0	0
d.	How often did you feel annoyed by people complaining about your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug)] use?	0	0	0	0	0
e.	How often did you feel guilty about your [(E2c or E2d= ever) AND (E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2b, E2e, E2f, E2g, E2h and/or E2i = ever): alcohol or drug/ (E2c AND E2d = never) AND (E2b, E2e, E2f, E2g, E2h, and/or E2i = ever): drug)] use?	0	0	0	0	0
f.	[Programmer: IF E2c or E2d = ever, ask E7f] How often did you ever drink an eye-opener in the morning to relieve shakes?	0	0	0	0	0
EO	During the past 20 days have difficult did		NOT to	co [/E2	E2d	~\ A NID

E8. During the past 30 days, how difficult did you find it NOT to use [(E2c or E2d= ever)	AND
(E2b, E2e, E2f, E2g, E2h AND E2i = never): alcohol/ (E2c or E2d = ever) AND (E2l	o, E2e,
E2f, E2g, E2h and/or E2i = ever): alcohol or drugs/ (E2c AND E2d = never) AND (E2b,
E2e, E2f, E2g, E2h, and/or E2i = ever): drugs)] in situations when you couldn't us	se?

\circ	Extremely
0	Very
0	Somewhat
0	A little
0	Not at all

SECTION G: DEPRESSION

G1. The next questions are about feelings of depression or low mood.

How often in the past 30 days did you...

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. feel sad or depressed?	0	0	0	0	0
b. feel discouraged about how things were going in your life?	0	0	0	0	0
c. take little or no interest or pleasure in things?	0	0	0	0	0
d. feel down on yourself, no good, or worthless?	0	0	0	0	0

CKPT.G1.1.

- 1. IF 1 OR MORE IN THE G1a-d SERIES = AT LEAST "SOME OF THE TIME," GO TO G1.1.
- 2. ALL OTHERS GO TO G2.

G1.1. How often in the past 30 days did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	feel hopeless?	0	0	0	0	0
	have trouble concentrating or making day- to-day decisions?	0	0	0	0	0
c.	think a lot about death, either your own, someone else's, or death in general?	0	0	0	0	0
d.	experience serious psychological distress because of your depression or low mood?	0	0	0	0	0
e.	How often in the past 30 days did depression or low mood interfere with your work or personal life?	0	0	0	0	0

G2. Think of the one month <u>during your recent deployment</u> when you had the largest number of problems with depression and low mood. How often during that month did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. f	eel sad or depressed?	0	0	0	0	0
	eel discouraged about how things were going in your life?	0	0	0	0	0
	ake little or no interest or pleasure in chings?	0	0	0	0	0
	eel down on yourself, no good, or worthless?	0	0	0	0	0

CKPT.G2.1.

- 1. IF 1 OR MORE IN THE G2a-d SERIES = AT LEAST "SOME OF THE TIME," GO TO G2.1.
- 2. ALL OTHERS GO TO H1 (HIGH MOOD).

G2.1. During that same month, how often did you...

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. feel hopeless?	0	0	0	0	0
b. have trouble concentrating or making day- to-day decisions?	0	0	0	0	0
c. think a lot about death, either your own, someone else's, or death in general?	0	0	0	0	0
d. experience serious psychological distress because of your depression or low mood?	0	0	0	0	0
e. How often during that month did depression or low mood interfere with your work or personal life?	0	0	Ο	0	0

CKPT.G3.

- 1. IF 2 OR MORE IN THE G2a-d SERIES OR THE G2.1a-e SERIES = AT LEAST "SOME OF THE TIME," GO TO G3.
- 2. ALL OTHERS GO TO H1 (HIGH MOOD).

G3.	About how many months during your recent deployment did you have problems with
	depression or low mood?

0	1 month
0	2
0	3
0	4
0	5
0	6
0	7
0	8
0	9 or more months

SECTION H: HIGH MOOD

- H1. The next question is about whether <u>during your recent deployment or since you returned</u> you had an episode lasting several days or longer when your mood was much higher than usual and you were much more excitable or hyper than usual.

 Please carefully read the following description of these episodes:
 - I. These episodes usually go on for between several days and several weeks. During these episodes, people feel one or more of the following experiences:
 - Much more excited, hyper, or full of energy than usual
 - Much more talkative, open, and outgoing than usual
 - Much more irritable, grumpy, or quick-tempered than usual
 - II. During these episodes, people often have one or more of the following experiences:
 - Racing thoughts
 - Trouble sitting still
 - Trouble concentrating
 - III. People sometimes do things that are unusual for them during these episodes, such as one or more of the following:
 - Driving too fast
 - Spending too much money on things they don't need
 - Getting into relationships they would not usually get into
 - Doing other things they would normally be too embarrassed to do.

CHOOSE "NEXT" AFTER YOU HAVE READ THE ABOVE DESCRIPTION CAREFULLY

(Computer script: Press the "ENTER" key to move to the "NEXT" button after you have read the above description carefully.)

H2. CHECKPOINT (TIMING OF SCREEN FOR H1)

R CLICKED THE SKIP AT THE BOTTOM OF THE PREVIOUS SCREEN
LESS THAN 5 SECONDS AFTER THE SCREEN FIRST APPEARED -----> GO TO H3
ALL OTHERS -----> GO TO H4

H3. You jumped over that description very quickly. It's important that you read the description carefully.

SHOW THE SAME DESCRIPTION AS ON THE PREVIOUS SCREEN

CHOOSE "NEXT" AFTER YOU HAVE READ THE ABOVE DESCRIPTION CAREFULLY

- H4. With this definition in mind, did you ever have an episode of this sort at any time either during your recent deployment or since you returned? (Do not count episodes caused by drinking or using drugs.)
 - O Yes
 - O No ---- > GO TO J1 (ANXIETY)

H5.	About how many e	episodes of this so	rt that lasted	several days o	r longer did y	ou have
-----	------------------	---------------------	----------------	----------------	----------------	---------

	0	1	2	3	4	5	6-10	11 or more
a. during your recent deployment?	0	0	0	0	0	0	0	0
b. since you returned from your recent deployment?	0	0	0	0	0	0	0	0

SECTION J: ANXIETY

J1. The next questions are about feelings of anxiety or worry.

How often in the past 30 days did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. f	feel anxious or nervous?	0	0	0	0	0
b. v	worry about a number of different things?	0	0	0	0	0
	feel more anxious or worried than other people in your same situation?	0	0	0	0	0
	worry about things that most other people wouldn't worry about?	0	0	0	0	0
	have trouble controlling your worry or anxiety?	0	0	0	0	0

CKPT.J2.

- 1. IF (J1a OR J1b = AT LEAST "SOME OF THE TIME") AND (J1c OR J1d = AT LEAST "SOME OF THE TIME"), GO TO J2.
- 2. ALL OTHERS GO TO J3.

J2. How often in the past 30 days_did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	have trouble relaxing?	0	0	0	0	0
b.	feel restless, fidgety, keyed up, or on edge?	0	0	0	0	0
c.	have muscle aches or tension caused by anxiety or worry?	0	0	0	0	0
d.	experience serious psychological distress because of your anxiety or worry?	0	0	0	0	0
e.	How often in the past 30 days did anxiety or worry interfere with your work or personal life?	0	0	0	0	0

J3. Think of the one month <u>during your recent deployment</u> when you had the largest number of problems with anxiety or worry. How often during that month did you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	feel anxious or nervous?	0	0	0	0	0
b.	worry about a number of different things?	0	0	0	0	0
c.	feel more anxious or worried than other people in your same situation?	0	0	0	0	0
d.	worry about things that most other people wouldn't worry about?	0	0	0	0	0
e.	have trouble controlling your worry or anxiety?	0	0	0	0	0

CKPT.J4.

- 1. IF (J3a OR J3b = AT LEAST "SOME OF THE TIME") AND (J3c OR J3d = AT LEAST "SOME OF THE TIME"), GO TO J4.
- 2. ALL OTHERS GO TO K1 (IRRITABILITY AND ANGER).

J4.	During t	hat same	month, how	often	did you.	
-----	----------	----------	------------	-------	----------	--

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	have trouble relaxing?	0	0	0	0	0
b.	feel restless, fidgety, keyed up, or on edge?	0	0	0	0	0
c.	have muscle aches or tension caused by anxiety or worry?	0	0	0	0	0
d.	feel easily fatigued?	0	0	0	0	0
e.	feel irritable?	0	0	0	0	0
f.	have sleep problems (getting to sleep, staying asleep, waking too early, sleeping too much)?	0	0	0	0	0
g.	have difficulty concentrating or your mind going blank?	0	0	0	0	0
h.	experience serious psychological distress because of your anxiety or worry?	0	0	0	0	0
i.	How often during that month did anxiety or worry interfere with your work or personal life?	0	0	0	0	0

J5.	About how many months during your recent deployment did you have problems with
	anxiety or worry?

0	1 month	
0	2	
0	3	
0	4	
0	5	
0	6	
0	7	
0	8	
\sim	_	

SECTION K: IRRITABILITY AND ANGER

K1. The next questions are about feelings of irritability and anger.

How often in the past 30 days did you...

	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. feel irritated, annoyed, or grouchy?	0	0	0	0	0
b. feel so angry that you think you might explode?	0	0	0	0	0
c. feel a lot more angry than most people would be in the same situation?	0	0	0	0	0
d. feel that your anger is out of control?	0	0	0	0	0
e. How often do the feelings in this list interfere with your work or personal life?	. 0	0	0	0	0

K2. How often in the past 30 days did you do each of the following things?

	Very often	Often	Sometimes	Rarely	Never
a. Yell, insult, swear, or threaten someone	0	0	0	0	0
b. Have a heated argument with someone	0	0	0	0	0
c. Get into a loud argument in public	0	0	0	0	0
 d. Have a physical confrontation during an argument 	0	0	0	0	0

К3.	About how many months during your recent deployment did you have feelings of
	irritability or anger or engage in any of the behaviors just asked about at least some of
	the time?

0	0 months
0	1
0	2
0	3
0	4
0	5
0	6
0	7
0	8
0	9 or more months

SECTION L: SUDDEN ATTACKS OF FEAR AND ANGER

L1. The next questions are about attacks of fear and anger.									
	About how many attacks of panic or anxiety or strong fear that came on very suddenly and made you feel very frightened or uneasy did you have								
		None	1-2	3-5	6-10	11-20	21-50	51-100	101 or more
a.	during your recent deployment?	0	0	0	0	0	0	0	0
b.	since you returned from your recent deployment?	0	0	0	0	0	0	0	0
L2.	About how many attacks of heamade you feel very frightened					t came	on very	/ sudde:	nly and
		None	1-2	3-5	6-10	11-20	21-50	51-100	101 or more
a.	during your recent deployment?	0	0	0	0	0	0	0	0
b.	since you returned from your recent deployment?	0	0	0	0	0	0	0	0
L3.	About how many attacks of angeither hit, kicked, or tried to hi			when	all of a	sudden	you lo	st contr	ol and
		None	1-2	3-5	6-10	11-20	21-50	51-100	101 or more
a.	during your recent deployment?	0	0	0	0	0	0	0	0
b.	since you returned from your recent deployment?	0	0	0	0	0	0	0	0
L4.	About how many attacks of angeither broke or smashed somet someone	-					-		ol and
		None	1-2	3-5	6-10	11-20	21-50	51-100	101 or more
a.	during your recent deployment?	0	0	0	0	0	0	0	0

SECTI	\sim					
		N :		4 /\	$\boldsymbol{\nu}$	v

	01011								
N1.	The next questions are about thoughts of hurting yourself <u>during your recent</u> <u>deployment.</u>								
	How often during your recent deployment did you have each of the following experiences?								
	·	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time			
a.	Thoughts of killing yourself	0	0	0	0	0			
b.	Wishing you were dead or would go to sleep and never wake up	0	0	0	0	0			
CKE	PT.N2.								
	1. IF N1a OR N1b = AT LEAST "A I 2. ALL OTHERS GO TO N8.	LITTLE OF THE	TIME," GC	TO N2.					
N2.	Think of the one week during your AT LEAST "A LITTLE OF THE TIME": be dead). How many days during t	: about killing	yourself,	/ ALL OTHE	RS: about	wanting to			
	 1 day 2 3 4 5 6 7 days 								
N3.	How long during that worst week of last on the (IF N2 = 1: day/ ALL O				R THAN 1:	usually)			
	 Just a few seconds or minutes 								
	O Less than 1 hour								
	① 1-4 hours								
	○ 5-8 hours								
	O 9 or more hours								
N4.	During that worst week, how easy out of your mind when you wanted	-	u to contr	ol those th	oughts or p	oush them			
	○ Easy								
	A little difficult								
	 Somewhat difficult 								
	O Very difficult								
	Impossible; unable to control the thou	ights							
N5.	Was there ever a time during your (IF N1a = AT LEAST "A LITTLE OF TOTHERS: on your wish that you we	ΓΗΕ ΤΙΜΕ <i>"</i> : ο							
	○ Yes								
	O No								
	<u> </u>								

CKPT.	.N6.
	1. IF N5 = YES, GO TO N6. 2. ALL OTHERS GO TO N7.
N6.	Did you think about how you might kill yourself (e.g., taking pills, shooting yourself) or work out a plan of how to kill yourself during your recent deployment?
	O Yes
	○ No
N7.	People who think (IF N1a = AT LEAST "A LITTLE OF THE TIME": about killing themselves/ALL OTHERS: about wanting to be dead) sometimes do dangerous things as a way to tempt fate (e.g., take a lot of drugs, drive too fast, volunteer for dangerous missions, or act recklessly). How often did you do dangerous things related to wishing you were dead during your recent deployment?
	O Very often
	Often
	○ Sometimes○ Rarely
	O Never
N8.	How often during your recent deployment did you do something to hurt yourself on purpose, but without wanting to die (e.g., cutting yourself, hitting yourself, or burning yourself)?
	O Very often
	○ Often
	○ Sometimes
	○ Rarely○ Never
N9.	Did you make a suicide attempt (i.e., purposefully hurt yourself with at least some intention to die) at any time during your recent deployment?
	○ Yes○ No
СКРТ	
	1. IF N9 = YES, GO TO N10. 2. ALL OTHERS GO TO CKPT.N15.1.
N10.	How many different suicide attempts did you make during your recent deployment?
	DROPDOWN MENU: 1 attempt – 20 or more attempts
N11.	How long had the deployment been going on when you made the (IF N10 IS GREATER THAN 1: <u>first</u>) attempt?

DROPDOWN MENU: Less than one month, 1 month, 2 months,... - 9 or more months

N12.	When did this (IF N10 IS GREATER THAN 1: first) attempt occur in relation to your midtour R&R?
	You made the attempt some time before your mid-tour R&R.You made the attempt during your mid-tour R&R.You made the attempt at some time after having your mid-tour R&R.
N13.	Which method did you use (IF N10 IS GREATER THAN 1: in this first attempt)? (If you used multiple methods, mark all that apply.)
	Overdose of medications Overdose of illegal drugs Poisoning with a household substance or gas Hanging Suffocation (e.g., plastic bag over head) Drowning Cutting or stabbing Gunshot Jumping from a high place Motor vehicle crash Any other method
N14.	Had you been drinking or using drugs at the time you made this attempt?
	○ Yes○ No
N15.	What were the most serious injuries you received from this attempt?
	 No injury Very minor injury (e.g., surface scratches, mild nausea) Minor injury (e.g., sprain, first degree burns, flesh wound) Moderate injury not requiring overnight hospitalization (e.g., broken bones, second degree burns, stitches, bullet lodged in arm or leg)
	Moderate injury requiring overnight hospitalization (e.g., major fracture, third degree burns, coma, bullet lodged in abdomen or chest, minor surgery) Severe injuries requiring treatment in an intensive care unit to save life (e.g., major fracture of skull or
21/2-	spine, severe burns, coma requiring respirator, bullet in head, major surgery)
CKPI	.N15.1. 1. IF N5 = YES OR N9 = YES GO TO N15.1. 2. ALL OTHERS GO TO N17.
N15.1	l. Did you tell someone you were thinking of making a suicide attempt during your recent deployment?
	○ Yes○ No ———— GO TO N17
N16.	How many people did you tell you were going to make an attempt?
	DROPDOWN MENU: 1, 2,"20 or more"

N17.	The next questions are about though	ghts of hurti	ng yoursel	f during the	e <u>past 30 d</u>	ays.
	How often during the past 30 days	did you have	e each of t	he followin	g experien	ces?
		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a. Th	oughts of killing yourself	0	0	0	0	0
	ishing you were dead or would go to sleep nd never wake up	0	0	0	0	0
	N18. IF N17a or N17b = AT LEAST "A LITTLE ALL OTHERS GO TO N24.	E OF THE TIME	E", GO TO N	I18.		
N18.	Think of the one week during the p LEAST "A LITTLE OF THE TIME": ab be dead). How many days during the	out killing yo	ourself / A	LL OTHERS	: about wa	nting to
	 1 day 2 3 4 5 6 7 days 					
N19.	How long during that worst week last on the (IF N18 = 1: day/ ALL				TER THAN	1: usually)
N20.	During that worst week, how easy out of your mind when you wanted		u to contr	ol those the	oughts or p	ush them
	 Easy A little difficult Somewhat difficult Very difficult Impossible; unable to control the thou 	ights				
N21.	Was there a time during the past 3 AT LEAST "A LITTLE OF THE TIME": your wish that you were dead?)					
	○ Yes○ No					

CKPT.N22.

- 1.
- IF N21 = YES, GO TO N22. ALL OTHERS GO TO N23. 2.

N22.	Did you think about how you might kill yourself (e.g., taking pills, shooting yourself) or work out a plan of how to kill yourself in the past 30 days?
	○ Yes○ No
N23.	People who think (N17a = AT LEAST "A LITTLE OF THE TIME": about killing themselves/ALL OTHERS: about wanting to be dead) sometimes do dangerous things as a way to tempt fate (e.g., take a lot of drugs, drive too fast, volunteer for dangerous missions, or act recklessly). How often did you do dangerous things related to wishing you were dead during the past 30 days?
	O Very often
	○ Often
	○ Sometimes
	O Rarely
	○ Never
N24.	How often during the past 30 days did you do something to hurt yourself on purpose, bu without wanting to die (e.g., cutting yourself, hitting yourself, or burning yourself)?
	O Very often
	○ Often
	○ Sometimes
	O Rarely
	○ Never
N25.	The next questions ask about the time $\underline{\text{since you returned from your recent deployment}}$ (not just the last 30 days).
	Did you make a suicide attempt (i.e., purposefully hurt yourself with at least some intention to die) at any time since you returned from your recent deployment?
	○ Yes
	○ No
CVDT	.N25.1.
	IF N25 = YES GO TO N25.1.
2.	ALL OTHERS GO TO CKPT.N30.
N25.1	L. How many different suicide attempts did you make since you returned from your recent deployment
	DROPDOWN MENU: 1 attempt – 20 or more attempts
	How soon after you returned from your recent deployment did you make the (IF N25.1 EATER THAN 1: first) attempt?
	 1 week or less after you returned 2 weeks after you returned 3 weeks after you returned 4 weeks after you returned 5-6 weeks after you returned 7-8 weeks after you returned

 \bigcirc 9 or more weeks after you returned

N27.	you returned)? (If you used multiple methods, mark all that apply.)
	Overdose of medications Overdose of illegal drugs Poisoning with a household substance or gas Hanging Suffocation (e.g., plastic bag over head) Drowning Cutting or stabbing Gunshot Jumping from a high place Motor vehicle crash Any other method
N28.	Had you been drinking or using drugs at the time you made this attempt?
	○ Yes○ No
N29.	What were the most serious injuries you received from this attempt?
	No injuryVery minor injury (e.g., surface scratches, mild nausea)Minor injury (e.g., sprain, first degree burns, flesh wound)
	Moderate injury not requiring overnight hospitalization (e.g., broken bones, second degree burns, stitches, bullet lodged in arm or leg)
	O Moderate injury requiring overnight hospitalization (e.g., major fracture, third degree burns, coma, bullet lodged in abdomen or chest, minor surgery)
	Severe injuries requiring treatment in an intensive care unit to save life (e.g., major fracture of skull or spine, severe burns, coma requiring respirator, bullet in head, major surgery)
	.N30 IF N21 = YES OR N25 = YES GO TO N30. ALL OTHERS GO TO NEXT SECTION.
N30.	Did you tell someone you were thinking of making a suicide attempt since you returned from your recent deployment?
	○ Yes○ No
N31.	How many people did you tell you were going to make an attempt? DROPDOWN MENU: 1, 2, "20 or more"

SECTION P: STRESSFUL EXPERIENCES

P1. The next questions are about highly stressful experiences that might have happened to you.

How many times did you have each of the following experiences <u>during your recent</u> <u>deployment?</u>

	Never	1 time	2-4 times	5-9 times	10+ times
 You went on combat patrols or had other dangerous duty (e.g., route clearance, clearing buildings, disarming civilians, working in areas that had IEDs) 	0	0	0	0	0
 b. You fired rounds at the enemy or took enemy fire (either direct or indirect fire) 	0	0	0	0	0
c. You were wounded	0	0	0	0	0
d. Someone in your unit died	0	0	0	0	0
e. Someone else close to you (a friend, relative, mentor) died, either at home or while deployed in Afghanistan	0	0	0	0	0
 f. You were exposed to the sights, sounds, or smells of severely wounded or dying people 	0	0	0	0	0
g. You had any other highly stressful experience	0	0	0	0	0

P1.2. Which of the following highly stressful experiences happened to you <u>since you returned</u> <u>from your recent deployment?</u>

		Yes	No
a.	Serious physical assault (e.g., mugging)	0	0
b.	Sexual assault or rape	0	0
c.	Life-threatening illness or injury	0	0
d.	An accident (e.g., car accident) where you could have died	0	0
e.	Any other experience that put you at risk of death or serious injury	0	0
f.	Death of someone close to you (a unit member, friend, relative, mentor)	0	0
g.	Serious physical or sexual assault of someone close to you	0	0
h.	Someone close to you had any other experience that put them at risk of death or serious injury	0	0
i.	You witnessed someone being seriously injured or killed	0	0
j.	You discovered or handled a dead body	0	0
k.	You were bullied or hazed by one or more members of your unit	0	0
I.	You had any other highly stressful experience	0	0

P2. Highly stressful experiences can cause a number of reactions. How much were you bothered by any of these reactions in the past 30 days because of any highly stressful experience that ever happened to you?

In the past 30 days, how much were you bothered by ...

		Extremely	Quite a bit	Moderately	A little bit	Not at all
	disturbing memories, thoughts, of a stressful experience	0	0	0	0	0
b. Repeated, experience	disturbing dreams of a stressful	0	0	0	0	0
	cting or feeling as if a stressful were happening again (as if eliving it)	0	0	0	0	0
d. Things goir strange or	ng on around you seemed very unreal					
	y upset when something you of a stressful experience	0	0	0	0	0
trouble bre	actions (like heart pounding, athing, sweating) when reminded you of a stressful	0	0	0	0	0
g. Trouble fal	ling or staying asleep	0	0	0	0	0
h. Feeling irri aggressive	table or angry or acting ly	0	0	0	0	0
i. Taking too caused you	many risks or doing things that ı harm	0	0	0	0	0
j. Difficulty o	oncentrating	0	0	0	0	0
k. Being "sup	er alert" or watchful or on guard	0	0	0	0	0
I. Feeling jun	npy or easily startled	0	0	0	0	0
because of	e with the quality of your life disturbing memories or bout a stressful experience	0	0	0	0	0
	ychological distress because of ns in this list	0	0	0	0	0
o. Interference life becaus	te with your work or personal e of the reactions in this list	0	0	0	0	0

P3. Here's another list of reactions to highly stressful experiences. How much were you bothered by each of these reactions in the past 30 days because of any highly stressful experience that ever happened to you?

In the past 30 days how much were you bothered by ...

	Oute A little Net							
		Extremely	Quite a bit	Moderately	A little bit	Not at all		
a.	Avoiding thinking about or talking about a stressful experience or avoiding having feelings related to it	0	0	0	0	0		
b.	Avoiding activities or situations because they reminded you of a stressful experience	0	0	0	0	0		
c.	Trouble remembering important parts of a stressful experience	0	0	0	0	0		
d.	Having strong negative beliefs about yourself, other people, or the world (for example, having thoughts such as: I am bad, no one can be trusted, the world is completely dangerous)	0	0	0	0	0		
e.	Blaming yourself or someone else strongly for a stressful experience or what happened after it	0	0	0	0	0		
f.	Having strong negative feelings such as fear, horror, anger, guilt, or shame	0	0	0	0	0		
g.	Loss of interest in activities that you used to enjoy	0	0	0	0	0		
h.	Feeling distant or cut off from other people	0	0	0	0	0		
i.	Feeling emotionally numb	0	0	0	0	0		
j.	Having trouble experiencing positive feelings (for example, being unable to have loving feelings for those close to you)	0	0	0	0	0		
k.	Feeling as if your future somehow will be cut short	0	0	0	0	0		
I.	Feeling as if you were outside your body, watching yourself as if you were another person	0	0	0	0	0		
m.	Feeling as if your body was strange or unreal	0	0	0	0	0		
n.	Serious psychological distress because of the reactions in this list	0	0	0	0	0		
0.	Interference with your work or personal life because of the reactions in this list	0	0	0	0	0		

P3.1. Think of the one month <u>during your recent deployment</u> when you had the largest number of reactions to any highly stressful experience that ever happened to you. During that month, how much were you bothered by...

	Extremely	Quite a bit	Moderately	A little bit	Not at all
 Repeated, disturbing memories, thoughts, or images of a stressful experience 	0	0	0	0	0
 Physical reactions (like heart pounding, trouble breathing, sweating) when something reminded you of a stressful experience 	0	0	0	0	0
 Avoiding thinking about or talking about a stressful experience or avoiding having feelings about it 	0	0	0	0	0
 Avoiding activities or situations because they reminded you of a stressful experience 	0	0	0	0	0
e. Difficulty concentrating	0	0	0	0	0
f. Feeling jumpy or easily startled	0	0	0	0	0
g. Interference with the quality of your life because of disturbing memories or thoughts about a stressful experience	0	0	0	0	0
 Serious psychological distress because of the reactions in this list 	0	0	0	0	0
 Interference with your work or personal life because of the reactions in this list 	0	0	0	0	0

CKPT.P3.2.

- 1. IF 2 OR MORE IN P3.1a-i SERIES = AT LEAST "MODERATELY," GO TO P3.2.
- 2. ALL OTHERS GO TO P4.

P3.2.	About how many	months during y	our recen	it deploymen	t did you	ı have ı	problems	like
	these because of	your reactions t	o a highly	stressful exp	perience'	?		

0	1 month
0	2
0	3
\circ	4
0	5
0	6
0	7
0	8
0	9 or more months

P4. Did you have any of the following experiences either <u>during your recent deployment or since you returned?</u>

		During your recent deployment?		Since return	•
		Yes	No	Yes	No
a.	Separation or divorce from your spouse/partner				
b.	Spouse or partner cheated on you	0	0	0	0
c.	Serious betrayal by someone else close to you	0	\circ	0	\circ
d.	Serious ongoing arguments or break-up with some other close friend or family member	0	0	0	0
e.	Serious arguments or fights with someone in your unit	0	0	0	0
f.	You were involved in a motor vehicle accident while you were driving (regardless of who was responsible)	0	0	0	0
g.	You caused an accident where someone else was hurt or property was damaged	0	0	0	0
h.	You had trouble with the police (civilian or military)	0	0	0	0
i.	You spent time in jail, stockade, correctional custody, or brig	0	0	0	0
j.	Any other serious legal problem	0	0	0	0
k.	Any other very stressful event	0	0	0	0

P5. How much stress did you have in the <u>past 30 days</u> in each of the following areas of your life?

		Very severe	Severe	Moderate	Mild	None
a.	Your financial situation	0	0	0	0	0
b.	Your career	0	0	0	0	0
c.	Your health	0	0	0	0	0
d.	Your love life	0	0	0	0	0
e.	Your relationship with your family	0	0	0	0	0
f.	The health of your loved ones	0	\circ	0	\circ	0
g.	Other problems experienced by your loved ones	0	0	0	0	0
h.	Being bullied (ongoing comments or behavior) or hazed by members of your unit	0	0	0	0	0
i.	Other problems getting along with members of your unit	0	0	0	0	0
j.	Your life overall	0	0	0	0	0

SECTION PP: BEREAVEMENT

CKPT.PP1.

- 1. IF P1d (DEATH OF SOMEONE IN UNIT DURING DEPLOYMENT) = 1 GO TO PP1
- 2. IF P1d (DEATH OF SOMEONE IN UNIT DURING DEPLOYMENT) = 2 OR MORE GO TO PP2
- 3. IF P1e = 1 AND P1.2f = NO (DEATH OF EXACTLY 1 PERSON, AND THIS PERSON WAS NOT A UNIT MEMBER) GO TO PP3
- 4. IF P1e = 2 OR MORE (DEATH OF AT LEAST 2 NON-UNIT MEMBERS) GO TO PP4
- 5. P1.2F = YES (DEATH OF AT LEAST 1 PERSON SINCE RETURN) GO TO PP4
- 6. ALL OTHERS (NO DEATHS) GO TO NEXT SECTION

PP1. Earlier in the survey, you mentioned that someone in your unit died <u>during your recent</u> <u>deployment</u>. When did that person die?

MONTH / YEAR

PROGRAMMER: USE DROPDOWNS FOR MONTH AND YEAR

PP1.1. What was the cause of death?

\sim			
()	Λn	accidan	t
	\neg	acciden	ι

- O An illness (e.g., pneumonia, heart attack)
- Suicide
- O Homicide
- O Combat death

CKPT.PP2

- 1. P1e = 1 AND P1.2f = NO GO TO PP3
- 2. P1e = 1 OR MORE GO TO PP4
- 3. P1.2f = YES GO TO PP4
- 4. AO GO TO PP8 (EXACTLY 1 UNIT MEMBER DIED DURING DEPLOYMENT, NO OTHER DEATHS)

PP2. Earlier in the survey, you mentioned that (IF P1D EQ 2-4 TIMES: between 2-4/ IF P1D EQ 5-9 TIMES: between 5-9/ IF P1D EQ 10+ TIMES: 10 or more) members of your unit died during your recent deployment. When did the first of these people die?

MONTH / YEAR

PROGRAMMER: USE DROPDOWNS FOR MONTH AND YEAR

PP2.1. How many of those members of your unit died due to each of the following causes?

Number of deaths due to each cause

- a. An acccident
- b. An illness (e.g., pneumonia, heart attack)
- c. Suicide
- d. Homicide
- e. Combat death

PROGRAMMER: DROPDOWNS FOR EACH RESPONSE A-E STARTING AT 0 AND ENDING AT THE MAXIMUM NUMBER IN THE RESPONSE ENDORSED IN P1D: 4, 9, OR 10+

E.G.: (0, 1, 2, 3, 4) / (0, 1, 2, 3, 4, 5, 6, 7, 8, 9) / (0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10+)

CKPT.PP3.

- 1. P1e = 1 AND P1.2f = NO GO TO PP3
- 2. P1e = 1 OR MORE GO TO PP4
- 3. P1.2f = YES GO TO PP4
- 4. AO GO TO PP8 (MORE THAN 1 UNIT MEMBER DIED DURING DEPLOYMENT, NO OTHER DEATHS)
- PP3. You (IF P1d = 1 OR MORE: also) mentioned that someone (IF P1d = 1 OR MORE: else) close to you died during your recent deployment. Who died?
 - Spouse
 - O Parent
 - Child
 - Other relative/in-law
 - O Non-relative, non unit member

GO TO CKPT.PP5.

PP4. [IF P1d = 1 OR MORE: You also mentioned that (IF P1e = 2 OR MORE AND P1.2f = NO: someone else close to you died during your recent deployment/ (IF P1e = NEVER AND P1.2f = YES: someone else close to you died since you returned from your recent deployment/(IF P1e = 1 OR MORE AND P1.2f = YES: other people close to you died both during your recent deployment and since you returned). Who died? (Mark all that apply.)]/

[IF P1d = NEVER: You mentioned that (IF P1e = 2 OR MORE AND P1.2f = NO: someone close to you died during your recent deployment/ (IF P1e = NEVER AND P1.2f = YES: someone close to you died since you returned from your recent deployment/(IF P1e = 1 OR MORE AND P1.2f = YES: people close to you died both during your recent deployment and since you returned). Who died? (Mark all that apply.)]

Number of people who died

- a. Spouse (If so, enter "1")
- b. Parent
- c. Child
- d. Other relative/in-law
- e. Non-relative, non unit member
- f. Unit member

PROGRAMMER: EACH RESPONSE PP4 A-F AS FOLLOWS:

 IF P1E = 2 OR MORE AND P1.2F = NO: DROPDOWNS FROM 0 TO THE MAXIMUM NUMBER IN THE RESPONSE ENDORSED IN P1E: 4, 9, OR 10+

E.G.: 0, 1, 2, 3, 4 / 0, 1, 2, 3, 4, 5, 6, 7, 8, 9 / 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10+

2. ALL OTHERS: DROPDOWNS END AT 10+; 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10+

CKPT.PP5.

- 1. SEE PP3 OR PP4: R'S SPOUSE DIED GO TO PP5
- 2. R ANSWERED PP3 OR THE TOTAL NUMBER OF PEOPLE WHO DIED IN PP4 = 1 GO TO PP6.2
- 3. ALL OTHERS GO TO PP7

PP5.	when did your spouse die?
	MONTH / YEAR
	PROGRAMMER: USE DROPDOWNS FOR MONTH AND YEAR
PP5.1	How did your spouse die?
	○ An accident
	An illness that came on suddenly (e.g., pneumonia, heart attack)
	A chronic illness (e.g., cancer, emphysema)
	O Suicide
	O Homicide
	O Combat death
СКРТ.	
	NO ONE ELSE DIED OTHER THAN THE SPOUSE GO TO PP8 EXACTLY ONE OTHER PERSON DIED IN ADDITION TO THE SPOUSE GO TO PP6
	ALL OTHERS GO TO PP7
PP6. ((SEE PP4: IF SPOUSE DIED: In addition to your spouse, you experienced the death of (SEE
	PP4 AND MAKE APPROPRIATE FILL: your parent/your child/ your relative or in-law/ a non-relative that was close to you/ a member of your unit. When did this person die?)/AO: When did (SEE PP4 AND MAKE APPROPRIATE FILL: your parent/your child/ your relative or in-law/ the non-relative who was close to you / the member of your unit
	who died since you returned from your recent deployment) die?
	MONTH / YEAR
	PROGRAMMER: USE DROPDOWNS FOR MONTH AND YEAR
PP6.1	How did (SEE PP4 AND MAKE APPROPRIATE FILL: your parent/your child/ your relative or in-law/ the non-relative that was close to you/ the member of your unit who died since you returned) die?
	O An accident
	O An illness that came on suddenly (e.g., pneumonia, heart attack)
	A chronic illness (e.g., cancer, emphysema)
	O Suicide
	O Homicide
	Combat death
GO TO	PP8
PP6.2	. When did (SEE PP3 OR PP4 AND MAKE APPROPRIATE FILL: your parent/your child/your relative or in-law/the non-relative who was close to you/the member of your unit who died since you returned) die?
	MONTH / YEAR
	PROGRAMMER: USE DROPDOWNS FOR MONTH AND YEAR

PP6		How did (SEE PP3 OR PP4 AND MAKE APPROPRIATE FILL: your parent/your child/ your relative or in-law/ the non-relative that was close to you/ the member of your unit who died since you returned) die?
		O An accident
		An illness that came on suddenly (e.g., pneumonia, heart attack)
		○ A chronic illness (e.g., cancer, emphysema)
		○ Suicide
		O Homicide
		Combat death
GO	то	PP8
PP7		[SEE PP4: IF SPOUSE DIED: In addition to your spouse, you had (NUMBER FROM PP4 NOT COUNTING SPOUSE/ten or more) other (IF NUMBER FROM PP4 NOT COUNTING SPOUSE = 1: person/ IF NUMBER FROM PP4 NOT COUNTING SPOUSE = 2 OR MORE: people) die. When did (IF NUMBER FROM PP4 NOT COUNTING SPOUSE = 1: this person/ IF NUMBER FROM PP4 NOT COUNTING SPOUSE = 2 OR MORE: the first of these people) die?]/ AO: When did the first of these (NUMBER FROM PP4) people die?
		MONTH / YEAR
		PROGRAMMER: USE DROPDOWNS FOR MONTH AND YEAR
PP7		How many of those (NUMBER FROM PP4 NOT COUNTING SPOUSE/ten or more) deaths were due to each of the following causes?
		Number of deaths due to each cause
a.	An	accident
b.	An	illness that came on suddenly (e.g., pneumonia, heart

- b. An illness that came on suddenly (e.g., pneumonia, heart attack)
- c. A chronic illness (e.g., cancer, emphysema)
- d. Suicide
- e. Homicide
- f. Combat death

PROGRAMMER: DROPDOWNS FOR EACH RESPONSE A-F TO RANGE FROM 0 - (NUMBER OF PEOPLE FROM PP4 MINUS SPOUSE, IF ENDORSED)

PP8. Death of someone close often causes reactions of the following sorts. How often did you have each of these reactions in the <u>past 30 days?</u>

	<u></u>	6 or more days a week	4-5 days a week	2-3 days a week	Once a week or less	Never
a.	for [EXACTLY ONE DEATH (PP1 OR PP3 WAS ANSWERED, OR PP4 AND NO UNIT MEMBER DIED), FILL IN TYPE: (your deceased unit member/your spouse/your decreased parent/your deceased child/your deceased relative/the deceased)/IF EXACTLY TWO PEOPLE DIED: either of the people who died/AO: any of the people who died]?	0	0	0	O	0
b.	How often did you have strong feelings of emotional pain or sadness about (EXACTLY ONE DEATH: the death / EXACTLY TWO PEOPLE DIED: either of the deaths/AO: any of the deaths)]?	0	0	0	Ο	0
c.	How often (EXACTLY ONE DEATH: was the deceased / AO: was one of the deceased) so much on your mind that you couldn't think of anything else?	0	0	0	0	0
d.	How often were the circumstances of the (EXACTLY ONE DEATH: death / EXACTLY TWO PEOPLE DIED: either death/AO: any of the deaths) so much on your mind that you couldn't think of anything else?	0	0	Ο	0	0
e.	How often did you have trouble accepting that (EXACTLY ONE DEATH: / the death is real or feel disbelief that the death really happened./ AO: the deaths are real or feel disbelief that the deaths really happened)?	0	0	0	0	0
f.	How often did you feel emotionally numb, stunned or shocked over the (EXACTLY ONE DEATH: death / AO: deaths)?	0	0	0	0	0
g.	How often was it difficult to have positive thoughts of the happy times you shared because thinking about the (EXACTLY ONE DEATH: death / AO: deaths) was so painful?	0	0	0	0	0
h.	How often did you feel bitter or angry about (EXACTLY ONE DEATH: the death / EXACTLY TWO PEOPLE DIED: either of the deaths/AO: any of the deaths)?	0	0	0	0	0
i.	How often did you blame yourself for (EXACTLY ONE DEATH: the death / EXACTLY TWO PEOPLE DIED: either of the deaths/AO: any of the deaths) or feel guilty about moving on with your life?	0	0	0	0	0
j.	How often did you go out of your way to avoid places or people that would remind you of the deceased?	0	0	0	0	0

PP8.1. Here's another list of reactions to the death of someone close. How often did you have each of these reactions in the <u>past 30 days?</u>

		6 or more days a week	4-5 days a week	2-3 days a week	Once a week or less	Never
a.	How often did you feel like you would like to die in order to be reunited with [EXACTLY ONE DEATH (PP1 OR PP3 WAS ANSWERED, OR PP4 AND NO UNIT MEMBER DIED), FILL IN TYPE: (your deceased unit member/your spouse/your decreased parent/your deceased child/your deceased relative/the deceased)/IF EXACTLY TWO PEOPLE DIED: either of the people who died/AO: any of the people who died]?	0	0	0	0	0
b.	How often did you find it a lot harder than before the (EXACTLY ONE DEATH: death / AO: deaths) to trust people?	0	0	0	0	0
C.	How often did you feel more emotionally distant or detached from other people than before the (EXACTLY ONE DEATH: death / AO: deaths)?	0	0	0	0	0
d.	How often did you feel that your life is meaningless or empty without the deceased?	0	0	0	0	0
e.	How often did you feel like you couldn't go on and have a normal life without the deceased?	0	0	0	0	0
f.	How often did you feel as if part of you died with the decreased?	0	0	0	0	0
g.	How often did you find it more difficult since the (EXACTLY ONE DEATH: death / AO: deaths) to think or plan for the future?	0	0	0	0	0
h.	How often were you more reluctant since the (EXACTLY ONE DEATH: death / AO: deaths) to pursue interests that used to interest you (e.g., friendships, activities)?	0	0	0	0	0
i.	How often were your reactions to the (EXACTLY ONE DEATH: death / AO: deaths) a lot stronger than those of other people who experienced the same kinds of loss?	0	0	0	0	0
j.	How often did you have serious psychological distress because of these reactions?	0	0	0	0	0
k.	How often did these reactions interfere with your work or personal life?	0	0	0	0	0

CKPT.PP9.

- 1. R HAS AT LEAST 4-5 DAYS A WEEK (AT LEAST 1 OF PP8a-d) AND [AT LEAST 3 OF (PP8e-j OR PP8.1a-h)] GO TO PP9
- 2. ALL OTHERS GO TO NEXT SECTION

PP9. You reported quite a few reactions to the death of someone close. How long have these reactions been going on?

NUMBER OF MONTHS	
PROGRAMMER: DROPDOWN of 1,2,3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13+ months	

SECTION Q: TREATMENT

Q1. The next questions are about treatment or counseling you might have received.

Did you at any time either <u>during your recent deployment or since you returned</u> recieve medication or psychological counseling from any of the following providers for problems with stress, emotions, behavior, family problems, alcohol or drugs?

DEFINITION: A "mental health professional" includes a psychiatrist, psychologist, drug or alcohol counselor, mental health counselor or social worker, and marriage and family counselor. These professionals can be seen in one-on-one sessions, group sessions, or telephone sessions.

DEFINITION: A "self-help or support group" is a group for people with emotional, family, or substance problems that is run by the people themselves without a mental health professional running the group.

		During your recent deployment?		Since returr	,
		Yes	No	Yes	No
a.	A mental health professional at a military facility or at a civilian facility to which you were referred by the military health system (See the definition of "mental health professional" above.)	0	0	0	0
b.	A general medical doctor, nurse, or physician's assistant at a military facility or at a civilian facility to which you were referred by the military health system	0	0	0	0
c.	The medic in your unit	0	0	0	0
d.	A mental health professional at a Veterans Administration facility or office	0	0	0	0
e.	A general medical doctor, nurse, or physician's assistant at a Veterans Administration facility or office	0	0	0	0
f.	A mental health professional at a civilian facility or office, outside any care you received from the military health system (e.g., care you paid for out of pocket or via civilian health insurance)	0	0	0	0
g.	A general medical doctor, nurse, or physician's assistant at a civilian facility or office, outside any care you received from the military health system (e.g., care you paid for out of pocket or via civilian health insurance)	0	0	0	0
h.	A military chaplain	0	0	0	0
i.	A self-help or support group at a military facility or otherwise associated with the military (See the definition of "self-help or support group" above.)	0	0	0	0
j.	A civilian minister, priest, rabbi or other spiritual advisor	0	0	0	0
k.	A civilian self-help or support group	0	0	0	0

CKPT.Q2.

- 1. IF ONE OR MORE IN THE Q1a-k SERIES = "YES" DURING RECENT DEPLOYMENT, GO TO Q2.
- 2. IF ONE OR MORE IN THE Q1a-k SERIES = "YES" SINCE RETURN, GO TO Q3.
- 3. ALL OTHERS GO TO Q7.

Q2.	have alco	ng your recent deployment, about how many visits or treatment sessions for problems with stress, emotions, behavior, family problems, or problem hol or drugs? (If you saw more than one treatment provider, count all visits to a pined in answering.) 1 session 2 3	ems wi	ith
	0	4		
	Ö	5		
	Ö	6		
	0	7		
	0	8		
	0	9		
	0	10		
	0	11		
	O	12 or more sessions		
Q2.1.		ch of the following kinds of treatment did you receive during your recent oyment?		
	0	Medication		
	0	Counseling		
	0	Both medication and counseling		
Q2.2.	Who	knew you were in treatment?		
			Yes	No
		nore of your unit leaders	0	0
		nore other Soldiers in your unit	0	0
		y (i.e., through payment records or medical records)	0	0
d. Or	e or r	nore members of your family	0	0
	ĬF O	NE OR MORE IN THE Q1a-k SERIES = "YES" SINCE RETURN, GO TO Q3. OTHERS GO TO Q6.		

Q3.	<u>Since you returned from your recent deployment</u> , about how many visits or to sessions did you have for problems with stress, emotions, behavior, family problems with alcohol or drugs? (If you saw more than one treatment provider, or to all of them combined in answering.)	roblem	s, or
	 1 session 2 3 4 5 6 7 		
	 ○ 8 ○ 9 ○ 10 ○ 11 ○ 12 or more sessions 		
Q3. :	 Which of the following kinds of treatment did you receive since you returned recent deployment? Medication Counseling Both medication and counseling 	from y	our
Q4. Q5.	Are you still in treatment for these problems with any treatment provider? O stop all treatment? O Still in treatment O Stopped treatment Who (IF Q4 = "STILL IN TREATMENT": knows you are/IF Q4= "STOPPED TRI knew you were) in treatment since you returned from your recent deployment.	EATMEI	
		Yes	No
	One or more of your unit leaders	0	0
	One or more other Soldiers in your unit	0	0
	The Army (i.e., through payment records or medical records) One or more members of your family	0	0
СКР	T.Q6. 1. IF Q4 = "STOPPED TREATMENT," GO TO Q6. 2. ALL OTHERS GO TO NEXT SECTION.	-	-

Q6.	How important was each	of the following reasons	for you stopping treatment?
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	Very important	Somewhat important	Not very important	Not at all important
 You didn't need help anymore or the problem got better. 	0	0	0	0
b. The treatment did not work.	0	0	0	0
c. You wanted to handle the problem on your own.	0	0	0	0
d. You talked to friends or relatives instead.	0	0	0	0
e. You had problems with time, transportation, or scheduling.	0	0	0	0
f. Treatment cost too much money.	0	0	0	0
g. You were embarrassed.	0	0	0	0
h. You worried it might harm your career, your unit leadership might treat you differently, or you would be seen as weak.	0	0	0	0
i. Some other reason	0	0	0	0

CKPT.Q7.

- 1. IF ONE OR MORE IN THE Q1a-k SERIES = "YES" DURING RECENT DEPLOYMENT AND NONE IN THE Q1a-k SERIES = "YES" SINCE RETURN FROM DEPLOYMENT GO TO Q7
- 2. ALL OTHERS GO TO NEXT SECTION.
- Q7. (IF IN TREATMENT DURING RECENT DEPLOYMENT: Has there ever been a time since you returned from your recent deployment/ALL OTHERS: Was there ever a time either during your recent deployment or since you returned) when you thought you might need to see a professional or go to a self-help group because of problems with your emotions, nerves, mental health, behavior, or substance use?

O Yes	
O No	→ GO TO NEXT SECTION

Q8.	(IF IN TREATMENT DURING RECENT DEPLOYMENT: How important has each of the
	following reasons been for you not getting back into counseling or treatment or joining a
	self-help or support group?/ ALL OTHERS: How important was each of the following
	reasons for you not getting counseling or treatment or joining a self-help or support
	group?)

		Very important	Somewhat important	Not very important	Not at all important
a.	The problem was not serious or got better.	0	0	0	0
b.	You talked to friends or relatives instead.	0	0	0	0
c.	You did not think treatment would help.	0	0	0	0
d.	You wanted to handle the problem on your own.	0	0	0	0
e.	You wanted to get treatment that the Army would not know about, but you could not find or afford a civilian treatment provider.	0	0	0	0
f.	You had problems with time, transportation, or scheduling.	0	0	0	0
g.	Treatment cost too much money.	0	0	0	0
h.	You were unsure where to go or who to see.	0	0	0	0
i.	You could not get an appointment.	0	0	0	0
j.	You were embarrassed.	0	0	0	0
k.	You worried it might harm your career, your unit leadership might treat you differently, or you would be seen as weak.	0	0	0	0
I.	Your leaders discouraged you from getting treatment.	0	0	0	0
m.	Some other reason	0	0	0	0

Q9.	(IF IN TREATMENT DURING DEPLOYMENT: Would you be more likely to get treatment if
-	you could get it at low cost or for free without the Army knowing about it? / ALL
	OTHERS: Would you have been more likely to get treatment if you could have gotten it
	at low cost or for free without the Army knowing about it?)

0	Yes
0	No

SECTION S: UNIT EXPERIENCES

S1.	The next questions are about y	your unit and conin	a with stress
эт.	The next questions are about v	your unit and copin	g with stress.

How often does each of the following things happen in your unit?

	Very often	Often	Sometimes	Rarely	Never
 Leaders embarrass Soldiers in front of other Soldiers 	0	0	0	0	0
b. Leaders show favoritism to certain members of the unit	0	0	0	0	0
 Leaders exhibit clear thinking and reasonable action under stress 	0	0	0	0	0
d. Leaders show concern about the safety of Soldiers	0	0	0	0	0

[PROGRAMMER: Please correct shading and formatting in S1 and S2 grids. First row should be shaded and following rows should alternate shading.]

S2. How much do you feel you are discriminated against on your job because of...

a. your physical appearance?	A lot	Some	A little	Not at all
b. jealousy?	0	0	0	0
c. your lifestyle (e.g., religion, beliefs, assumed sexuality)?	0	0	0	0
d. something else (e.g., your age, gender, race/ethnicity)?	0	0	0	0

							_
53	$H \cap W$	would	VOII	rate	VOIII	moral	67

0	Very high
0	High

O Medium

O Very low

S4. The stresses associated with deployment have different effects on different people. Some people become <u>better</u> able to cope with future stresses because of their deployment experiences. Other people become <u>worse</u> able to cope with future stresses. Are you now <u>better</u> able to cope with stress or <u>worse</u> able than you were before your most recent deployment?

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	$\overline{}$	100	DCLLC	

Somewhat better

A little better

O No difference

O A little worse

O Somewhat worse

O A lot worse

SECTION T: OWNERSHIP OF WEAPONS

	The next questions are about your ownership of weapons.
	How many guns have you bought since you returned from your recent deployment?
	O guns
	\bigcirc 1
	O 2
	O 3
	O 4-5
	O 6-10
	O 11 or more guns
T2.	How many guns in working condition do you have in your home (house, apartment, barracks), including handguns, rifles, and shotguns?
	O guns
	O 1
	O 2
	O 3
	O 4-5
	O 6-10
	O 11 or more guns
Т3.	Not counting times you are on duty, how often do you carry a gun with you (or in your vehicle) when you're out in your neighborhood (e.g., going for a walk or to the grocery store)?
	All or almost all the time
	Most of the time
	Some of the time
	A little of the time
	O None of the time
T4.	Not counting times you are on duty, how often do you carry some other weapon such as a knife, club, or mace with you (or in your vehicle) when you're out in your neighborhood (e.g., going for a walk or to the grocery store)?
	neighborhood (e.g., going for a wark of to the grocery store):
	All or almost all the time
	All or almost all the time
	All or almost all the timeMost of the time

SECTION U: SOCIAL NETWORKS

U1.	The next questions are about your personal relationships.
	What is your marital status?
	○ Married
	Never married GO TO U4
	O Divorced → GO TO U3
	○ Separated → GO TO U3
	○ Widowed GO TO U3
U2.	How long have you been married?
	O-6 months
	7-12 months
	O 13-24 months
	O 2-3 years
	O 4-5 years
	O 6-10 years
	O 11 or more years
GO T	O U8
U3.	How long (IF U1 = "DIVORCED": have you been divorced/IF U1 = "SEPARATED": have
	you been separated/IF U1 = "WIDOWED": ago did your spouse die)?
	O-6 months
	7-12 months
	O 13-24 months
	O 2-3 years
	O 4-5 years
	O 6-10 years
	O 11 or more years
U4.	Are you currently living with someone in a marriage-like relationship?
	O Yes
	O No → GO TO U6
U5.	Are you engaged to be married?
	O Yes
	O No
GO T	O U7
U6.	Which of the following best describes your current dating situation?
	O Engaged to be married
	Steadily dating one person, but not engaged
	O Dating one or more people, but not in one steady relationship GO TO U12
	O Not currently dating GO TO U12

U7.	How long have you been in a steady relationship with this person?
	O -6 months
	O 7-12 months
	O 13-24 months
	O 2-3 years
	O 4-5 years
	○ 6-10 years
	O 11 or more years
U8.	How often do you discuss or have you considered (If U1 = "MARRIED": divorce or separation/ ALL OTHERS: separation or terminating your relationship)?
	○ All the time
	Most of the time
	More often than not
	Occasionally
	O Rarely
	O Never
U9.	In general, how often do you think that things between you and your partner are going well?
	All the time
	Most of the time
	More often than not
	Occasionally
	O Rarely
	O Never
U10.	How often do you confide in your partner?
	All the time
	O Most of the time
	More often than not
	Occasionally
	Rarely
	O Never
U11.	Which of these responses best describes how happy you are, all things considered, in your relationship? The average response "happy" is the score of most couples.
	O Perfect
	O Extremely happy
	O Very happy
	О Нарру
	O A little unhappy
	O Fairly unhappy
	O Extremely unhappy

U12. H	ow many peo	ole do	you have in '	your p	personal l	life of th	e following	g sorts?
--------	-------------	--------	---------------	--------	------------	------------	-------------	----------

		None	1	2	3	4	5	6-10	11-20	21-30	31 or more
a.	People you do things with, like watch TV together, go out for a drink or movie together, or play cards	0	0	0	0	0	0	0	0	0	0
b.	People who you feel really close to	0	0	0	0	0	0	0	0	0	0
c.	People who really care for you and would be there if you needed them	0	0	0	0	0	0	0	0	0	0
d.	Family or friends who need you and rely on you for help when they need it	0	0	0	0	0	0	0	0	0	0

CKPT.U13.

- 1. IF (U1 = "MARRIED" OR U4 = "YES"), (U5 = "YES"), OR (U6 = "ENGAGED TO BE MARRIED" OR "STEADILY DATING"), GO TO U13.
- 2. ALL OTHERS GO TO U14.

U13. If you had a serious problem with personal relationships or emotions, how likely would you be to talk to or seek help from each of the following people?

		Definitely would	Probably would	Not sure	Probably would <u>not</u>	Definitely would <u>not</u>
a.	(U1 = "MARRIED" OR U4 = "YES": Your spouse or partner/ U5 = "YES" OR U6 = "ENGAGED TO BE MARRIED": Your fiancé/U6 = "STEADILY DATING": The person you are dating	0	0	0	0	0
b.	Your parents or other family members (If you have no living family, leave the responses blank.)	0	0	0	0	0
c.	Any of your friends	0	0	0	0	0
d.	A chaplain or religious counselor	0	0	0	0	0
e.	A mental health counselor	0	0	0	0	0

GO TO U15

U14. If you had a serious problem with personal relationships or emotions, how likely would you be to talk to or seek help from each of the following people?

	Definitely would	Probably would	Not sure	Probably would <u>not</u>	Definitely would <u>not</u>
a. Your parents or other family members (If you have no living family, leave the responses blank.)	0	0	0	0	0
b. Any of your friends	0	0	0	0	0
c. A chaplain or religious counselor	0	0	0	0	0
d. A mental health counselor	0	0	0	0	0

U15. The last questions are about how you see yourself. How well does each of the following statements describe you?

	Exactly like me	A lot like me	Somewhat like me	A little like me	Not at all like me
a. I worry about what other people will think of me even when I know it doesn't make a difference.	0	0	0	0	0
 I am frequently afraid of other people noticing my shortcomings. 	0	0	0	0	0
c. I am afraid that others will not approve of me.	0	0	0	0	0
d. I am afraid that people will find fault with me.	0	0	0	0	0
e. When I am talking to someone, I worry about what they may be thinking about me.	0	0	0	0	0
 I am usually worried about what kind of impression I make. 	0	0	0	0	0
g. Sometimes I think I am too concerned with what other people think of me.	0	0	0	0	0
h. I often worry that I will say or do the wrong things.	0	0	0	0	0
i. I have difficulty making eye contact with others.	0	0	0	0	0
 j. I find it difficult mixing comfortably with the people I work with. 	0	0	0	0	0
k. I tense up if I meet an acquaintance on the street.	0	0	0	0	0
I. I feel tense if I am alone with just one person.	0	0	0	0	0
m. I have difficulty talking with other people.	0	0	0	0	0
 I find it difficult to disagree with another's point of view. 	0	0	0	0	0